



**CMHA Boardworks 2.0 Core Module:
Leadership - Participatory Governance and
Ethical Implications**

**Take Your Seat at the CMH Board Member
Table**

Lois Shulman

Raul Gonzales

Introduction

Lois and Raul

Raul Gonzales is a Diplomate in Clinical Social Work (DCSW). He has a daughter and three grandchildren. He is a member of the Clinton, Eaton and Ingham Counties (CMHA) Board where he serves as Chair of the Program and Planning Committee, is the Board Liaison to the Consumer Advisory Council (CAC) and is a member of the Finance Committee. He is the Regional Representative on the Budget and Finance Committee of the Community Mental Health Association of Michigan (CMHAM). Raul grew up in Rio Grande Valley of Texas speaking Spanish and enjoys many hobbies.

Lois Shulman holds a JD degree from Cooley Law School and is a Registered Parliamentarian. She has four daughters and six grandchildren. She has served as Vice Chair of the Oakland Community Health Network (OCHN) Board and as Vice President of the CMHAM Board of Directors. Lois currently serves on OCHN's Recipient Rights Advisory Committee (RRAC), on the OCHN CAC as a member at large. She grew up in South Haven, Michigan and feels a deep connection to her small town roots and the close family relationships that shaped her choice to serve people.



It is difficult to look at the same information from different perspectives.

Agenda

Welcome to your Community Mental Health Board:
Leadership
Take Your Seat at the Table

Foundation Fundamentals

Leadership

Resource and Agency Understanding List

Michigan Law

Acronyms

Trainings

CMHA BoardWorks

Ethical Considerations

Our agenda recognizes the importance of acquiring the understanding as well

In President Kennedy's remarks to Congress in 1963,

he called upon Congress to join him in establishing
a public mental health system that insured
independence, inclusion and equality for our most
vulnerable citizens

With his remarks he gave a key to all of us.





- ❖ Being entrusted with the key President Kennedy, upon your appointment to serve on your Board, comes responsibility.

“We are what we repeatedly do. Excellence, then,
is not an act, but a habit”

–Aristotle–
Greek Philosopher

We are what we do every day.

FOUNDATION FUNDAMENTALS

**FOUNDATION FUNDAMENTAL
INCORPORATE YOUR AGENCY'S MISSION STATEMENT
IN ALL YOU DO**



“Inspire hope, empower people, and strengthen communities.”

Mission Statement

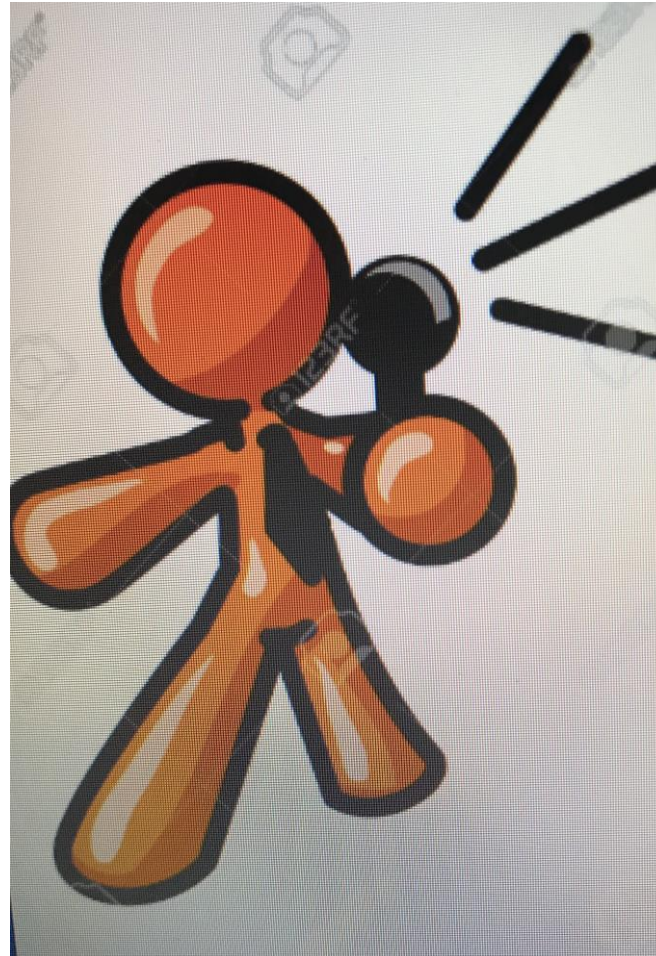
Oakland Community Health Network (OCHN)

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FOUNDATION FUNDAMENTAL CONFLICTS OF INTEREST

**Disclose any and all
conflicts of interest and
any potential conflicts
of interest**

FOUNDATION FUNDAMENTAL BE PREPARED TO SHOW UP AND SPEAK UP



N FUNDAMENTAL COMPLETE MEETING PR

READ AND REVIEW all materials

Vocalize on the way to a meeting

Test auditory system

Speak confidently

Pace the speed of your words

Look up to see the reactions you are receiving

**FOUNDATION FUNDAMENTAL
ASK QUESTIONS**

**You may provide clarification
for others through your
courage.**

FOUNDATION FUNDAMENTAL
LEARN WHAT ACRONYMS REPRESENT BY ASKING FOR
CLARIFICATION WHEN NEEDED

PIHP

CMHSP

MDHHS

HIPPA

CMHA

LEADERSHIP

Providing space for all to be heard, seen and valued.

Setting aside time for self care.

Practicing communication skills ...

LEADERSHIP

“A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others. He does not set out to be a leader, but becomes one by the quality of his actions and the integrity of his intent.”

-Douglas MacArthur-

LEADERSHIP

“Leadership is a decision to look after the person to your left and the person to your right”

Motivational Speaker, Simon Sinek

“Genius is 1% inspiration
and 99% perspiration”

-Thomas Edison-

RESOURCES AND AGENCY UNDERSTANDING LIST

Parliamentary Authority

Agency Bylaws and Policies

Mental Health Code Chapters 2 and 2A

Terms with which to become Familiar - Acronyms

PARLIAMENTARY AUTHORITY
LEARN HOW YOUR MEETING ARE RUN

Board Bylaws and Policies

Bylaws are the document containing the highest level of basic rules of your Board principally relating to the Board's governing of its members and the regulation of its affairs.

Policies are the overall high-level plan embracing the general goals and acceptable procedures of the Board.



MENTAL HEALTH CODE

Michigan ACT 258 OF 1974
CHAPTER 2-COMMUNITY
MENTAL HEALTH
PROGRAMS
CHAPTER 2A-SUBSTANCE
USE DISORDER

Mental Health Code

The Mental Health Code is maintained by the Legislative Services Bureau, which compiles and publishes state laws.

State laws are made by our elected officials serving in the state legislature, and signed into law by the Governor.

As Board members we are part of a government organization, we must uphold the laws as written in the Mental Health Code.

Mental Health Code

Act 258 of 1974

“An ACT to codify, revise, consolidate, and classify the laws relating to mental health; to prescribe the powers and duties of certain state and local agencies and officials and certain private agencies and individuals; to regulate certain agencies and facilities providing mental health or substance use disorder services; to provide for certain charges and fees; to establish civil admission procedures for individuals with mental illness, substance use disorder, or developmental disability; to establish guardianship procedures for individuals with developmental disability; to establish procedures regarding individuals with mental illness, substance use disorder, or developmental disability who are in the criminal justice system; to provide for penalties and remedies; and to repeal acts and parts of acts.”

Mental Health Code - Chapter 2

Sets out Michigan Department of Health and Human Services (MDHHS) relationship to the Community Mental Health (CMH) Network

Designates that County Commissioners appoint Board Members

Directs the makeup of Community Mental Health Service Program (CMHSP) Boards

Gives Board Members the directive to Appoint the Executive Director of the CMHSP

Sets out the duties of Board Members

Open Meetings Act

Act 267 of 1976

The Open Meetings Act is a Michigan law requiring meetings of public bodies, including our CMH Boards, be open to the public with notice of those meetings. Failure to comply with the Open Meetings Act may cause invalidation of Board decisions with penalties.

Acronyms to Know

MDHHS

PIHP

CMHSP

HIPPA

MDHHS

Michigan Department of Health and Human Services

The Michigan Department of Health and Human Services is a principal department of the State of Michigan, headquartered in Lansing, that provides public assistance, child and family welfare services, and oversees health policy and management. Responsibilities specified in the Mental Health Code and the Public Health Code are carried out by the Behavioral Health and Developmental Disabilities Administration located within MDHHS.

MDHHS holds contracts with the CMHSPs and the PIHPs

PIHP

Prepaid Inpatient Health Plan

A PIHP is an organization that manages the Medicaid mental health, developmental disabilities, and substance abuse services in their geographic area under contract with the State.

Since January 1, 2014, Michigan has ten (10) PIHPs responsible for managing the Medicaid resources for behavioral health and intellectual /developmental disabilities services for Medicaid and Healthy Michigan enrollees.

CMHSP

Community Mental Health Services Program

CMHSPs and the organizations with which they contract provide a comprehensive range of services and supports to children, adolescents and adults with mental illnesses, developmental disabilities and substance use disorders in all 83 Michigan counties.

The Mental Health Code states: CMHSPs are accountable to local citizens through the county Board of Commissioners which appoints the twelve (12) person CMH Board of Directors. Volunteer CMH board members establish the policy direction for the programs consistent with the state and federal law, standards and guidelines. The Board of Directors has one employee, the CEO of the CMHSP. One-third of the CMH board members statewide are required to be primary persons served and those caring for family members. CMHSPs are fully accountable governmental entities, thereby ensuring that persons served are protected, and that there is public participation in system decision-making and equitable access to services.

HIPPA

Health Insurance Portability and Accountability Act

HIPPA is a federal law designed to provide privacy standards to protect a patient's medical records and other health information provided to health plans, doctors, hospitals and other health care providers.

State of Michigan - Michigan Department Health and Human Services (MDHHS) is in charge of enforcing the HIPPA privacy rule.

TRAININGS

Mental Health First Aid Training

Mental Health First Aid was created in 2001 by a nurse specializing in health education and a mental health literary professor in Australia in collaboration with a non-profit health promotion charity focused on training and research in Australia.

The United States is just one of the many countries that have adopted the program from Australia. Mental Health First Aid is a national program to teach the skills to respond to the signs of mental illness and substance use.

Recipient Rights

In compliance with the Michigan Mental Health Code, the Recipients Rights State Office advocates for people who receive mental health services by offering recipient rights protection.

Recipient Rights Training will provide knowledge of the laws required to carry out the mandates of the Mental Health Code pertaining to Recipient Rights.

State of Michigan, Recipient Rights Training, is available through your agency.

CMHA BoardWorks



The Governance and Leadership Development Program developed by the Community Mental Health Association of Michigan (CMHA) assists Board members in fulfilling their obligation as CMH leaders, directors of policy, and advocates for those they serve.

Our presentation today is one of the Modules within this Program.

CHMA BOARDWORKS -The Governance and Leadership Development Program Modules

To assist you in being an exemplary board member

Visit CMHAM.org often and use
it as a resource



MENU



CONNECTIONS: FOR COMMUNITIES THAT CARE

We Share Stories to Connect. Get the current and past issues.

[MORE INFORMATION](#)



**OUR RESOURCES
AND AGENCY
UNDERSTANDING LIST
IS JUST THE BEGINNING
OF YOUR LEARNING.**

**SOON, YOU WILL BE
GROWING YOUR OWN
LIST.**

Ethical Considerations

Ethical consideration take us to the very heart of philosophy and ponders the question what is the right thing to do.

Ethical Challenges

Example #1

At a Board meeting, a newly appointed Board member, whose family member has been receiving services from your community mental health agency, makes it clear that it is the new Board member's priority to protect the rights and services of *their* individual family member.

Ethical Challenges

Example #2

One of your Board members has experience in public relations. She is coming into staff offices unannounced wanting to offer their thoughts and asking questions. Staff says they are focused on completing their projects according to their assignment guidelines, but do not want to offend the Board member.

Ethical Challenges

Example #3

The press contacts you as a member of the Board for comment on why you voted to eliminate some services. You decide to grant the interview because your family will get to see your picture in the paper and, you will finally get respect from your spouse.



AS YOU USE YOUR KEY TO OPEN THE DOOR AND
TAKE YOUR SEAT AT THE CMH BOARD TABLE AS A
LEADER, REMEMBER:

Yesterday **you imagined** being a Board
member;

Today **you became acquainted** with tools
to assist you in your growth as a Board
member; and

Tomorrow **you will share** your tools with
new and seasoned Board members.

“Choose a job you love, and you will never work a day in
your life”

-Mark Twain-

May the universal language of music remind you that every person brings their valuable, beautiful self to enhance your Board's service to your communities. Learn and grow with each other.

Take your Seat at the CMH Board Member Table

-To Serve-

Purpose and joy through your work awaits you.

Contact information

Questions, Comments and Suggestions are welcome

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