

# Certified Community Behavioral Health Clinics in Michigan

The future is now. The Governor and legislators have made financial investments that improve quality care. Let us continue the momentum. Any successful healthcare integration effort must first start with the person. Michigan's public mental health system is the leader in person-centered care, leading with Certified Community Behavioral Health Clinics (CCBHC).

CCBHC's dramatically increase access to mental health and substance use disorder treatment while expanding the state's capacity to address acute mental health crises. They also:

- **ADOPT** a standard model to improve the quality and availability of addiction and mental healthcare
- **PROVIDE** care to people regardless of insurance type, geography, or the ability to pay. Those typically include uninsured, underinsured, underserved, low income individuals on Medicaid, and active-duty military or veterans

CCBHC's are nonprofit organizations or units of a local government behavioral health authority. They must directly provide (or contract with partner organizations to provide) nine types of services, with an emphasis on the provision of 24-hour crisis care, evidence-based practices, care coordination with local primary care and hospital partners, and integration with physical health care.



## CCBHC's directly...



Increase access to telehealth and 24 hour mobile crisis services



Decrease serious psychological distress



Reduce suicide and overdoses by helping consumers feel healthier overall



Address access to addiction treatment and mental health services



Bring in more federal funding



Provide better services for veterans



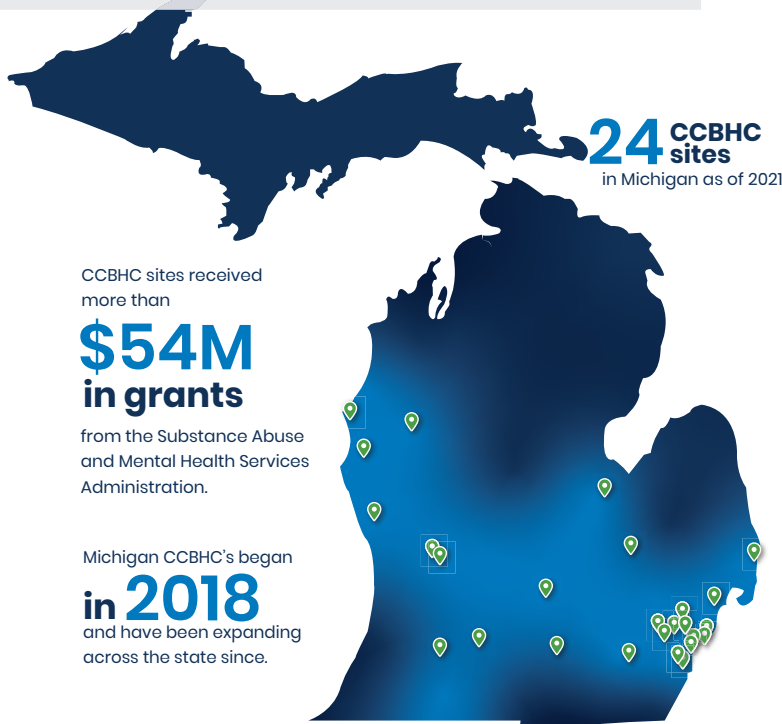
Increase the use of Medically Assisted Treatments



Reduce wait times for care

## The 24 CCBHC sites include:

- Calhoun County Mental Health
- CNS Healthcare
- Community Mental Health Authority of Clinton, Eaton, Ingham Counties
- Detroit Recovery Project
- Development Centers, Inc.
- Easterseals Michigan
- Faith Hope and Love Outreach Center
- Genesee Health System
- HealthWest
- Hegira Programs Inc Psychotherapy
- Integrated Services of Kalamazoo
- Judson Center
- LifeWays Community Mental Health
- Macomb County Community Mental Health - Administration
- Neighborhood Service Organization
- Network180 Mental Health
- Northeast Guidance Center
- Saginaw County Community Mental Health Authority
- Southwest Counseling Solutions, Inc.
- St. Clair County Community Mental Health
- Team Wellness Center
- The Guidance Center
- Washtenaw County Community Mental Health
- West Michigan Community Mental Health



# The Process

## Integration at the Person-Level

# 1

### Intake

CCBHC's work together with partners to develop an integrated person-centered plan to support whole person care. This includes but is not limited to developing and understanding each consumer's psychosocial, physical health, behavioral health, substance use, and social determinant strengths and needs.

# 3

### Full array of services

CCBHC consumers have access to a full array of evidence-based physical and behavioral health interventions that support health outcomes--from smoking cessation programs, to nutrition management, to weight loss and exercise planning, to whole health action management strategies.

# 5

### Producing real life outcomes

**Based on national data and Michigan-based metrics, consumers receive better quality of care including these essential services of CCBHC's.**



Crisis mental health services



Patient-centered treatment planning: Screening, assessment & diagnosis, including risk assessment



Outpatient mental health & substance use services



Primary care screening & monitoring of key health indicators/health risk



Intensive, community-based mental health care for members of the armed forces & veterans



Psychiatric rehabilitation services



Peer support & family supports



Targeted case management

# 2

### Prioritize health goals

Based upon prioritized needs and areas of risk, consumers enter services with prioritized goals including physical health screening, primary care coordination, and comprehensive supports coordination.

# 4

### Integration of physical & behavioral health needs

All behavioral interventions are tied to the physical health needs of the individual consumer. These efforts are also supported by peers fully trained to implement evidence-based practices and connect with consumers based on their own physical and behavioral health recovery.