



# WEEKLY Update

April 2, 2021

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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# CMH Association and Member Activities

## **New! CCBHC work of Network 180 applauded by Senator Stabenow**

Below are excerpts from a recent press release from Senator Stabenow's Office on the CCBHC work of Network 180:

... U.S. Senator Debbie Stabenow was in Grand Rapids to highlight her efforts to transform the way we deliver comprehensive behavioral health services in our country and what this transformation means for residents in Kent County. Stabenow toured Network180 and met with their service providers and partners. A photo of her visit can be [found here](#).

Since 2018, [Stabenow's efforts](#) have resulted in \$112 million in federal funding for 24 Certified Community Behavioral Health Clinics in Michigan, including at least \$2 million in new federal funding for Network180 to expand local services.

"For too long, our country has funded health care above the neck differently than health care below the neck. The COVID-19 crisis has shown a spotlight on the urgent need for high quality, comprehensive community mental health and addiction services. We are transforming the way we deliver these services in Michigan and across the country by funding behavioral health services the same way we fund physical health services. Network180 is an important part of this transformation," said Senator Stabenow.

"Thanks to Certified Community Behavioral Health Clinic model created out of Senator Stabenow's legislation, we've been able to expand our continuum of services to people we previously weren't able to help, breaking down barriers to open critical behavioral health care to more people," said Bill Ward, Executive Director of Network180. "Since July 1 of last year, we've served 3928 individuals through the CCBHC and experienced a decrease in spending on intensive services. For people new to the CCBHC who previously received crisis services, the average cost per person decreased from \$11,591 to \$3,021. This is because the CCBHC allows us to help people when they first need it, rather than waiting until they are in crisis to be able to serve them."

## **Traveling Art Show**

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at [mfrancis@cmham.org](mailto:mfrancis@cmham.org). Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at [mfrancis@cmham.org](mailto:mfrancis@cmham.org).

# State & National Developments and Resources

## **New! Recent webinar: Interdisciplinary Partnerships: Community Mental Health & Law Enforcement**

Below are excerpts from a recently signed joint letter – a letter that served as the announcement of the webinar, sponsored by the Michigan Diversity Council, of the value and operation, within Michigan communities, of interdisciplinary partnerships: community mental health & law enforcement.

In the midst of a global pandemic, the related economic downturn, and a renewed focus on racial justice, mental health, and public safety, the intersection of law enforcement and mental health have come to the fore in public discussion and debate. Our organizations, representing Michigan's law enforcement professionals, prosecuting attorneys, and community mental health (CMH) systems, want to underscore the ideas of continuously examining best practices, as well as taking the opportunity to enhance longstanding partnerships between law enforcement, mental health systems and communities throughout Michigan and to recommend strengthening those partnerships.

The slides from that webinar can be [found here](#).

## **New! Alcohol treatment resources for rural health care providers**

The U.S. Preventive Services Task Force, the National Committee for Quality Assurance (NCQA), and the Centers for Medicare & Medicaid Services (CMS) recommend that: Clinicians screen all patients for alcohol use annually and provide brief preventive advice for everyone who reports possible unhealthy alcohol use.

What is MI-SPARC? MI-SPARC is a FREE Alcohol and Health initiative that will support your practice in the implementation of behavioral health integration into your clinical workflows, focusing specifically on evidence-based approaches to alcohol-related care.

Why is it important? Addressing alcohol-related concerns is always important for physical, mental, and emotional well-being. It is especially important now during our current global pandemic, with a rise in stress, depression, and alcohol use.

[Click here for more information](#)

## **New! Michigan leads in adoption of federal Family First Act: serving foster youth in family settings with trauma-informed treatment**

The Michigan Department of Health and Human Services (MDHHS) is taking action so children are placed in residential foster care facilities only if that type of placement is necessary to meet their mental and behavioral health needs.

MDHHS recently launched a new Qualified Residential Treatment Program model for congregate care. This marks the achievement of a major milestone in implementing the federal Family First Prevention Services Act of 2018 – known as the Family First Act.

The full press release can be [found here](#).

### **New! Opioid-related deaths increased by 30% in 2020 across 5 Michigan counties**

A recent news story reported that opioid-related deaths increased 30% in 2020 across five Michigan counties – emblematic of what is taking place across the state.

This story can be [found here](#).

### **New! Report: 38 percent Michigan households don't earn enough for basic needs**

About 1-in-4 Michigan households fit loosely within one definition of what can be called the working poor; that is, those who make too much money to qualify for government assistance but not enough to pay the daily expenses of living in their region. That's one of the findings of the biennial [ALICE report](#) — an acronym for Asset Limited, Income Constrained, Employed — released Tuesday by the Michigan Association of United Ways. That report can be [found here](#).

## State Legislative Update

### **View March's Legislative Video on CMHA's Website**

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system that (or each) month at the State Capitol.

Our March Briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the confirmation of Elizabeth Hertel as Director of the Michigan Department of Health and Human Services and the passage of a FY21 COVID Supplemental budget.

To view the latest video, [CLICK HERE!](#)

### **New! Governor's Office Hosted a Behavioral Health Virtual Meeting on FY22 Budget Priorities**

On Tuesday, March 30 Governor Whitmer's community relations office hosted a virtual conversation on the Governor's FY22 budget initiatives for behavioral health. ([2022 budget recommendations](#)). Jon Villasurda from BHDDA provided [PowerPoint slides](#) regarding the key budget initiatives.

## Elizabeth Hertel Appointment Stands Despite Floor Division

On Tuesday, the final day for the Senate to disapprove Elizabeth Hertel as Director of the Department of Health and Human Services (DHHS), the full Senate allowed the appointment of Director Hertel to stand, not without some fireworks however. Senate Republicans gave impassioned floor speeches where they strongly disagreed with the appointment of Director Hertel. Not because they questioned her credentials or experience, most members emphasized their opposition was not personal. However, the main criticisms were that Director Hertel did not disagree with Governor Gretchen Whitmer's restrictions implemented during the early phase of the COVID-19 pandemic and that under her leadership, legislative engagement in the decision-making process (or lack thereof) will not change. Following speeches from Republicans, Senator Curtis Hertel (D-East Lansing) explained he will abstain from voting due to a conflict of interest, as he is married to Director Hertel.

The final vote on the approval of Director Hertel, was an 18 to 16 vote. The Senate did fall short on the necessary votes needed to approve an appointment, which is 19. The Michigan Constitution only provides the Senate the power to reject appointments, so the vote to approve an appointment holds no significance outside of voicing approval and disapproval. Only four Senate Republicans voted in favor of approving Director Hertel, which were Senate Majority Leader Mike Shirkey (R-Clarklake), Senators Jim Stamas (R-Midland), Wayne Schmidt (R-Traverse City) and Ken Horn (R-Frankenmuth). All Senate Democrats voted in favor of approving Director Hertel.

## Federal Update

### Congress Passed 2021 COVID Relief Legislation

Congress just passed the [American Rescue Plan Act of 2021](#), a \$1.9 trillion COVID-19 relief bill aimed at boosting the availability of vaccinations, providing funding for small businesses and schools and giving relief to families through new stimulus checks, extended unemployment benefits and an expanded child tax credit, among other provisions.

The legislation, which President Biden will sign this week, also includes billions in new relief to address rising demand for mental health and addiction services, workforce shortages and pandemic-related layoffs and furloughs.

**In other words, we heard you loud and clear that more relief was needed. And we made sure Congress heard you, too.**

Here are some highlights from this historic legislation:

- **Substance Abuse and Mental Health Services Administration (SAMHSA) Block Grants:** Provides \$3 billion for the Substance Abuse Prevention and Treatment block grant and the Community Mental Health Services block grant (\$1.5 billion each).

- **Certified Community Behavioral Health Clinics (CCBHCs):** Provides \$420 million to SAMHSA to fund CCBHC Expansion Grants.
- **Provider Relief Funds:** \$8.5 billion in new money to the Provider Relief Fund for providers in rural areas and those serving rural communities.
- **Other Mental Health/Substance Use Disorder Funding:** Provides more than \$450 million in additional funding for SAMHSA and Health Resources and Services Administration (HRSA) programming including funding for mental health and addiction services, workforce education and training, suicide prevention and public education campaigns.

## Education Opportunities

**Save the Dates: CMHA VIRTUAL Annual Summer Conference: June 14-17, 2021**



**CMHA Virtual Annual Summer Conference**  
**"Be the Change...Shaping our Future Together"**

**June 14 - 17, 2021**

**Virtual Education Daily from 9:00am – 12:30pm EST**

Call for Presentations will be sent out next week.

Watch [www.cmham.org](http://www.cmham.org) for more details!

### **Call for Presentations: 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference**

The Annual Substance Use and Co-Occurring Disorder Virtual Conference brought in over 1,000 attendees last year. We would love for you to join us by sharing your expertise, research or showcasing a successful program!

#### **22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference**

*Health Equity: Transforming to Meet the Challenge*

**Conference Date:** September 13-16, 2021

**Conference Location:** Virtual

**Submission Deadline:** *Wednesday, April 14, 2021*

**What we are looking for:** Presentations that fit into the general theme of the conference, specifically, presentations that address: health disparities, health equity, integration of behavioral health (prevention and treatment of mental health and substance use disorders) and physical health, co-occurring disorder, peers and recovery coaching and strength-based services as well as the topics in the attached guidelines document. Please feel free to submit proposals on other topics that you think will address this year's theme.

- Submit this electronic form by **Wednesday, April 14, 2021.**
- We allow for a maximum of 3 presenters during a workshop.
- Workshops are 90 minutes.
- **Presenter Compensation:** Presenters will receive complimentary registration for the full VIRTUAL conference. The conference budget will not provide honorariums for workshop presenters.

[CLICK HERE FOR THE ELECTRONIC SUBMISSION FORM AND MORE INFORMATION ON OUR WEBSITE](#)

Questions? Contact Alexandra Risher at [arisher@cmham.org](mailto:arisher@cmham.org).

### **VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings**

***All dates are currently sold out! We will be offering additional Ethics classes beginning in late summer.***

### **VIRTUAL Pain Management and Mindfulness Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

**Dates:**

- April 6, 2021 ([Register Here](#)) (14 spots left)

**Agenda:**

Log into Zoom: 8:45 am  
Education: 9:00am – 11:00am

**Training Fees:** \$43 CMHA Members \$51 Non-Members

### **Virtual Motivational Interviewing College Trainings – Registration Open**

Registration is open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of



Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
April 19-20, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
April 22-23, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
April 29, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>
July 26-27, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
July 29-30, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
Aug. 2-3, 2021	M.I. for Leadership & Organizations	<a href="#">CLICK HERE</a>
Aug. 5, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>

**Times:**

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

**Training Fees:**

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

**Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open**

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

***\*Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

**Integrated Dual Disorder Treatment 101**

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single

disordered peers. This co-prevalence has been studied since the 1980s, yet despite this, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated and team-based services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Integrated Dual Disorder Treatment (IDDT) was designed following systematic study of high intensity COD treatment needs and alterations of the Assertive Community Treatment (ACT) model. Within this training attendees will understand the components of IDDT, including fidelity and outcome measurement. Specific attention will be paid to the development of stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders using the IDDT model.

**Dates:** April 15, 2021 | **SOLD OUT**

July 15, 2021 | [CLICK HERE to Register](#)

**Times:** Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

**\$30 Registration fee** includes electronic training materials and CEs

### **Our Brave New World: Cannabis, Opioids, and Pain in Behavioral Health Treatment**

Treatment planning for adults with complex mental health, substance use, and physical health needs involved understanding of stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate. Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. It is now the #1 cause of accidental death for people under 50. Michigan is one of 31 states with laws allowing medicinal or recreational marijuana use. Opioids and cannabis have become our new legal drugs.

This training will focus attention on providing stage-matched assessment and treatment surrounding use of legal drugs including cannabis and opioids. Focus on treatment planning and provision for individuals who have opioid or cannabis use, as well as management of co-occurring mental health or pain disorders.

**Dates:** April 27, 2021 | **SOLD OUT**

August 11, 2021 | [CLICK HERE to register](#)

**Times:** Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

**\$30 Registration fee** includes electronic training materials and CEs

### **Recovery-Based Co-Occurring Treatment Planning and Delivery**

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based

Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

**Dates:** May 5, 2021 | [CLICK HERE to register](#)

August 24, 2021 | [CLICK HERE to register](#)

**Times:** Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

**\$30 Registration fee** includes electronic training materials and CE

### **Stage Matched Treatment for Co-Occurring Needs**

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

**Dates:** May 11, 2021 | [CLICK HERE to register](#)

August 31, 2021 | [CLICK HERE to register](#)

**Times:** Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

**\$30 Registration fee** includes electronic training materials and CE

### **New! Arc Michigan Disability Policy Webinar Series**



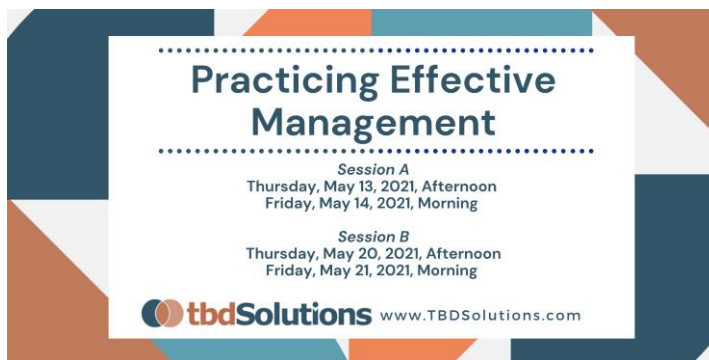
The Arc Michigan is excited to announce the

***“June 2021 Disability Policy Webinar Series”***

Registration is now open!!

Click here to register <https://attendee.gotowebinar.com/register/3396825039610487053>

### **Practicing Effective Management Virtual Training**



TBD Solutions is hosting its next Practicing Effective Management Training online on May 13, 14, 20, and 21. This virtual training provides practical guidance for enhancing relationships and improving results through structured supervision, effective feedback, delegation, interviewing, time management, and employee development. This dynamic, interactive training is relevant for all levels of management.

Since 2016, TBD Solutions has proudly trained more than 300 supervisors, managers, and directors from CMHs, PIHPs, and nonprofit organizations, while maintaining a 98% satisfaction rate.

**To register please visit:** <https://www.eventbrite.com/e/practicing-effective-management-tickets-140075773409>

*For questions or additional information, contact Molly at [MollyR@TBDSolutions.com](mailto:MollyR@TBDSolutions.com)*

## Behavioral Telehealth Resource Center

### Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact [astagg@cmham.org](mailto:astagg@cmham.org).

### **New! MedPAC Report on Medicare Payment Policy March 2021**

The [Medicare Payment Advisory Commission](#) (MedPAC) released the March 2021 report on Medicare payment policy. This report includes recommendations to Congress to continue some Medicare COVID-19 telehealth coverage expansions only temporarily (1-2 years after PHE order is lifted) to allow more time for study before making any policies permanent.

- Read the full report [here](#)
- Center for Connected Health Policy (CCHP) [video](#) and [slide deck](#) discusses the recent MedPAC recommendations for telehealth in the Medicare program. CCHP will review what MedPAC is suggesting and which changes they are recommending be kept once the public health emergency for COVID-19 is over.

### **Review! Proposed Policy Draft: Asynchronous Telemedicine Services**

Please review the [Proposed Policy Draft for Asynchronous Telemedicine Services](#). The purpose of the bulletin is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward technologies, interprofessional telephone/internet/electronic health record consultations and remote patient monitoring services. Please submit comments and state reasons why you support or oppose the change. Comments are due April 15, 2021 to Laura Kilfoyle, [kilfoylel@michigan.gov](mailto:kilfoylel@michigan.gov).

## Medicare Law Requires in Person Visit for Telehealth Coverage

The Consolidated Appropriations Act of 2021, section 123 includes language that requires behavioral health providers to have seen their client in person during the prior six months before a telehealth visit will be covered by Medicare. Further, providers must have in-person visits on a “regular interval” to be determined by the Health and Human Services Department for telehealth visits to be covered by Medicare. Read the full article [HERE](#).

## Early Diversion Virtual Learning Community

SAMHSA’s GAINS Center has announced its Early Diversion Virtual Learning Community, a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.

### **PART 2: ADDRESSING THE CRITICAL NEED FOR HOUSING AND STRATEGIES TO OVERCOME BARRIERS TO IMPROVE HOUSING ACCESS**

April 22, 2021, 2:00-3:00 p.m. ET; discussion group 3:00-4:00 p.m. ET

Housing is a critical need for individuals experiencing homelessness who are in crisis and at risk for justice involvement. Services alone cannot address the overwhelming disruption homelessness contributes to well-being and health. Barriers to accessing housing include criminalization of homelessness, lack of partnership development, funding issues, and navigating myths and realities related to securing housing. Presenters will address comprehensive strategies to improve housing access, which is key to early diversion.

#### PRESENTERS

*Julia Orlando, Ed.M., M.A., CRC, DRCC, Director, Bergen County Housing, Health and Human Services Center, New Jersey*

*Letitia N. Robinson, M.S.W., M.P.A., Assistant State Director, Office of Supportive Housing, Georgia Department of Behavioral Health and Developmental Disabilities*

[Click here](#) to register for the Part 2 webinar and the discussion group taking place immediately afterward.

#### **PARTS 4-5: TO BE ANNOUNCED**

## New Coverage to Care (C2C) Telehealth Resources Available

In response to the increased use and expanded coverage of telehealth during the COVID-19 pandemic, [From Coverage to Care](#) (C2C) released two new resources to support providers and patients in making the most of virtual care:

- [Telehealth for Providers: What You Need to Know](#) – Providers can learn how and when to use telehealth. Topics include how to set up telehealth services, how to conduct a successful visit, and how to keep up to date on telehealth payment (particularly for Medicare and Medicaid).

- [Telehealth: What to Know for Your Family](#) – Patients can find out the types of care they can receive through telehealth, how to prepare for an appointment, what to expect during a visit, and more. This resource is also available in [Spanish](#).

Providers and partners can download graphics to post on their social media channels and help spread the word about these new resources. All of these resources can be downloaded at [go.cms.gov/c2telehealth](http://go.cms.gov/c2telehealth).

## Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

### CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

### **New!** Hispanic and Latino Behavioral Health: Free Two-Part Training April 7 and 14

The [Great Lakes Addiction Technology Transfer Center](#) (ATTC) is pleased to offer the free, two-part, expert led training: Latino Behavioral Health: Clinical Applications of Cultural Elements!

**April 7, 2021 (Part 1), 12:00–3:00 pm Central** [Register](#)

**April 14, 2021 (Part 2), 12:00–3:00pm Central** [Register](#)

This two-part training series presents the clinical application of cultural elements when treating Latinx individuals with substance use and mental health disorders. The presentation is informed by current

research findings on how cultural factors influence the therapeutic relationship and the assessment and treatment of mental health disorders.

More information on this educational offering can be [found here](#).

## News from Our Preferred Corporate Partners

### **Abilita: You WILL Profit from a Technology Audit**

There isn't any doubt that 2020 will be deemed "the year of the pandemic". It doesn't matter what line of business you are engaged in, or what your position in the organization is (was), your technology and telecom picture has changed. And, it may never be quite the same again.

Organizations' technology teams have been overwhelmed with the urgency of the crisis and have had to deploy new collaboration and connectivity solutions without a lot of thought for the long term. 2021 will be the year of preparing for the new reality in telecom and technology which may include:

- more Work From Home challenges
- more video, less telephony
- more flexibility in services and connectivity

Let's call 2021 the "**Year of the Technology Audit**". Look at where you were, where you are, and where and how to move ahead.

For some ideas on how to do this and what you might want to consider, [read this article titled "2021 - The Year of the Audit"](#). To get started now, contact us for a zero-risk review of your technology systems and services.

### **myStrength: new digital behavioral health resources empower consumers to move beyond trauma**

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

# CMH Association's Officers & Staff Contact Info

## CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat19@live.com](mailto:balcat19@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231) 392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

## CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Treandra Bailey, Policy Analyst; [publicpolicy@cmham.org](mailto:publicpolicy@cmham.org)  
Alan Bolter, Associate Director, (517) 237-3144; [abolter@cmham.org](mailto:abolter@cmham.org)  
Audrey Daul, Administrative Assistant, (517) 237-3141; [adaul@cmham.org](mailto:adaul@cmham.org)  
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; [dferguson@cmham.org](mailto:dferguson@cmham.org)  
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; [mfrancis@cmham.org](mailto:mfrancis@cmham.org)  
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; [jhammond@cmham.org](mailto:jhammond@cmham.org)  
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Alexandra Risher, Training and Meeting Planner, (517) 237-3150; [arisher@cmham.org](mailto:arisher@cmham.org)  
Carly Sanford, Training and Meeting Planner, (517) 237-3151; [csanford@cmham.org](mailto:csanford@cmham.org)  
Robert Sheehan, CEO, (517) 237-3142 [rsheehan@cmham.org](mailto:rsheehan@cmham.org)  
Madi Sholtz, Training and Meeting Planner, (517) 237-3152; [msholtz@cmham.org](mailto:msholtz@cmham.org)  
Amy Stagg, Behavioral Telehealth Coordinator, (517) 324-7310; [astagg@cmham.org](mailto:astagg@cmham.org)  
Christina Ward, Director of Education & Training, (517) 237-3143; [cward@cmham.org](mailto:cward@cmham.org)  
Anne Wilson, Training and Meeting Planner, (517) 237-3153; [awilson@cmham.org](mailto:awilson@cmham.org)