

# WEEKLY Update

February 19, 2021

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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# CMH Association and Member Activities

## **New!** West Michigan CMH and the Mask Up, Mask Right initiative



8,400 KN95 protective masks were recently distributed to 32 residential group home providers in Mason, Lake and Oceana counties as part of the Mask Up, Mask Right campaign through the Michigan Department of Health and Human Services. West Michigan CMH assisted MDHHS with the local distribution. Pictured is Deb Davis (left), manager of the Samaratis group home in Scottville, accepting the masks from Nicole Kusebuski, network and QI specialist at West Michigan CMH.

## **New!** Six Michigan mental health centers receive CCBHC designation

Below are excerpts from a recent news story, carried in Crain's Detroit Business, on the addition of six new Certified Community Behavioral Health Centers (CCBHC) in Michigan. This press coverage was the result of a joint public relations effort between CMHA and the National Council for Behavioral Health.

The federal Substance Abuse and Mental Health Services Administration granted nearly \$24 million to the six centers that also allows them to expand opioid addiction and suicide prevention services by becoming certified community behavioral health clinics.

The centers are the Neighborhood Service Organization (\$4 million), Southwest Counseling Solutions Inc. (\$3.95 million), Development Centers Inc. (\$4 million), Faith Hope and Love Outreach Center (\$3.97 million), Northeast Guidance Center (\$4 million), all in Detroit; and LifeWays Community Mental Health (\$3.88 million) in Jackson.

This funding is a result of the Excellence in Mental Health and Addiction Treatment Act authored by Michigan U.S. Sen. Debbie Stabenow, a Democrat. and Republican Sen. Roy Blunt of Missouri.

Robert Sheehan, CEO of the Community Mental Health Association of Michigan, said in a statement that the six new sites will help expand much needed mental health and substance abuse services in Michigan.

"This funding will dramatically improve the health and welfare of people in dozens of communities across Michigan," said Chuck Ingoglia, president and CEO of the National Council for Behavioral Health, in a statement.

The full story can be [found here](#).

## **New! CMHA guest editorial: the impact of 2020 on our mental health is often overlooked**

Below are excerpts from recent guest editorial, by CMHA staff, carried in Bridge magazine, on mental health needs during the pandemic.

With the arrival of 2021 many are celebrating the end of a very difficult year. However, we should all take note of the repercussions of the past 12 months that are likely to linger. In the final months of 2020, Michiganders participated in a conflict-ridden and prolonged election season, the roll-out of COVID-19 vaccines, and the challenges of educating our children during a pandemic. Despite these continued changes there has been an important yet often overlooked constant — the impact of 2020 on our mental health.

The full editorial can be [found here](#).

## **New! CMHA and incompass Michigan guest editorial: What's next for Michigan's direct care workers**

Below are excerpts from a recent guest editorial by CMHA and its longtime partner, incompass Michigan, urging the extension of the wage increase provided to the direct care workers in Michigan's public mental health system.

Michigan's workforce is grounded in a tradition of a fair day's work for a fair day's pay. We like to roll up our sleeves and deliver results, with a promise that we'll be compensated responsibly when our work is finished.

But what happens when that fair compensation disappears? When the promise is broken?

Unfortunately, we're about to find out.

Today, tens of thousands of direct care workers provide much-needed care and support to 100,000 state residents with developmental disabilities and mental illness. These workers go into homes and offer much more than a fair day's work — in fact, they deliver everything from counseling, vocational training and respite to urgently-needed bathing, feeding, lifting and exercise. Nearly a million Michigan residents rely on the essential services they provide.

The full editorial can be [found here](#).

## **New! Behavioral Health Learning Collaborative (BHLC) of Michigan in development**

CMHA has joined a number of other statewide partners in building a Michigan Behavioral Health Learning Collaborative (BHLC). This collaborative, still in development, is being designed to provide access to a range of mental health resources targeted to aid school-age youth, their families, and school personnel. Below is summary of this Collaborative. When it opens, CMHA will be letting its members and Weekly Update readers, know of this resource.

**WHAT:**

A BHLC shares best practices as well as technology, training and other resources to help Michigan school districts improve mental health programs. The goal is to scan, identify, assess, and treat school age youth grades K - 12 to reduce youth suicides and other mental issues as well as reach families and school staff.

**WHO:**

Community Mental Health Association of Michigan, Michigan Association of School Psychologists, Michigan Association of School Social Workers, Michigan School Counselor Association, Michigan Department of Education, Michigan Department of Health and Human Services, MC3-Psychiatry Support for Michigan primary care providers, Michigan Chapter, American Academy of Pediatrics, Michigan Chapter, School Nurses Association, Michigan State University Extension

With invites out to: Michigan State Police, Michigan Sheriffs Association, Forestview Hospital, University of Michigan Hospital, University of Michigan Trails Program, Pine Rest Services, Spectrum Health Care

**WHY: A BHLC...**

- Connects disparate behavioral health/suicide prevention programs and professionals
- Expands access to knowledge and resources that improve health outcomes
- Generates state and local data that can be leveraged to identify hotspots, allocate resources, and apply for public and private funding
- Serves as a multiagency/multidiscipline cross-training platform
- Provides 24/7 Critical Incident/Crisis/Disaster Mental Health consultation to schools

**WHEN:**

Michigan BHLC is forming now and will launch operations by June. Other BHLCs are operating in Pennsylvania, Kansas, and California.

## State & National Developments and Resources

### **New! Implicit bias training: Michigan's Licensing and Regulatory Affairs taking public comment**

Michigan's Licensing and Regulatory Affairs Department (LARA) has developed draft rules – as well as a regulatory impact statement on Implicit Bias Training – both of which are both available for public review. LARA has scheduled a public hearing for Tuesday, March 9, 2021 at 1:00PM (a virtual meeting link is included below) and written public comments will be received from February 15 through March 9.

The draft language can be [found here](#). Additional details related to the public comment period can be [found here](#).

Michiganders can [submit any written comments or suggestions here](#).

Michiganders may also participate in the virtual public hearing and provide oral comments directly to LARA's Bureau of Professional Licensing. The public hearing will be held via Zoom and can be [accessed here](#).

CMHA urges its members, partners, and Weekly Update readers to participate in this public comment/public hearing process.

### **New! NIAAA report: the impact of continuing care on SUD recovery**

The National Institute on Alcohol Abuse and Alcoholism (NIAAA) has released a new report examining research on the efficacy of continuing care for alcohol and drug use disorders in adolescents and adults. Includes review of the latest approaches. More information on this report can be [found here](#).

### **New! SAMHSA publishes new SUD advisory Series**

The Substance Abuse and Mental Health Services Administration (SAMHSA) has published a series of eleven new *Advisories* summarizing updated guidance and recommendations on topics in the substance use disorder (SUD) treatment field, including adolescent screening for SUD, addressing suicidal thoughts in SUD treatment, pharmacotherapy prescribing and more. This series can be [accessed here](#).

Leading thinkers issue recommendations for transforming mental health and SUD services

Below are excerpts from a recent paper, developed by some of the nation's leading thinkers on mental health system design and operations, outlining recommendations designed to transform the nation's mental health system.

Even with great advances in behavioral health policy in the last decade, the problems of mental illness and addiction persist in the United States—so more needs to be done. In this article, which is part of the National Academy of Medicine's Vital Directions for Health and Health Care: Priorities for 2021 initiative, we describe the steps needed to improve outcomes, focusing on three strategies. We argue for transforming the behavioral health system to meet people where they are, decriminalizing mental illness and substance use disorders to facilitate recovery, and raising awareness of social context and social needs as essential to effective care. We call for supporting structures in the workforce and structures of accountability, outcome measurement, and more generous financing of behavioral health care. These steps have costs, but the enormous benefits of a major transformation in behavioral health policy far outweigh the expenses.

The full article can be [found here](#).

## **New! SAMHSA forms African American Behavioral Health Center of Excellence**

Responding to the urgent need for greater equity and effectiveness in behavioral health services for African Americans, the U.S. Department of Health and Human Services, Substance



**African American Behavioral Health**  
**CENTER OF EXCELLENCE**

Abuse and Mental Health Services Administration (SAMHSA) has established a new National Center, the African American Behavioral Health Center of Excellence (AABH-COE).

From its administrative and academic home in the National Center for Primary Care at Morehouse School of Medicine (MSM) in Atlanta, the new Center of Excellence will develop and disseminate training, technical assistance (TA), and resources to help healthcare practitioners eliminate behavioral health disparities within this large and diverse population.

Founded October 1, 2020, this innovative yet deeply grounded Center has been structured to mobilize the scholarship and expertise of many distinguished voices in African American behavioral health and health equity, the knowledge and wisdom of multiple national bodies representing a broad spectrum of Black stakeholders, and the established networks of a host of strategic partners committed to marketing and disseminating the new Center's products and services.

The center of excellence proposed to meet the following goals.

- Goal 1: Increase the capacity of BH systems to provide outreach, engage, retain, and effectively care for Black/African American (B/AA) people.
- Goal 2: Improve dissemination of up-to-date information and culturally appropriate evidenced-based practices/approaches for B/AA people.
- Goal 3: Increase workforce development opportunities focused on implicit bias, social determinants of health, structural racism, and other factors that impede high-quality care for B/AA.
- Goal 4: Increase collaboration between CoE and SAMHSA TTA providers, to infuse culturally appropriate information on B/AA people in all SAMHSA-funded TTA Centers.

Of note: Because CMHA is the Michigan partner to the SAMHSA-funded TTA Centers, as information on this center becomes available, it will be shared with CMHA members and Weekly Update readers.

More information on this Center of Excellence can be [found here](#).

## **New! Disabled Detroiters & caregivers: vaccine priority in Detroit Mayor's initiative**

Below are excerpts from a recent news story highlighting the success of the work of disability rights advocates and the Mayor of Detroit in ensuring that the COVID vaccination needs of persons with disability are met.

...Mayor Mike Duggan, Chief Public Health Officer, Denise Fair, and Director of Disability Affairs, Christopher Samp, announced an expansion of vaccine eligibility to Detroiters 18 years and older with intellectual and developmental disabilities, as well as their caregivers. This expansion was the result of a multi-prong campaign, including hundreds of letters and phone calls to Mayor Duggan and Ms. Fair over the last 2 weeks, led by Detroit Disability Power and supported by countless organizations and individuals who care about Detroit's Disability Community.

We commend the city for leading on this important and life saving initiative. And we call on the Governor to follow suit, ensuring Michiganders with disabilities from all regions of our state have the same opportunity to protect themselves as we do now in Detroit.

“Thank you to the City of Detroit for prioritizing COVID-19 vaccinations for people with disabilities. This has the potential to protect tens of thousands of disabled lives. With Detroit leading, we hope more cities, counties and the State of Michigan follow suit,” said Jeffrey Nolish, policy director for Detroit Disability Power.

### **New! International webinar series: mental health and agriculture**

The Global Forum for Rural Advisory Service is offering a Webinar Series discussing what is contributing to mental health issues in agriculture, examples of protective and detrimental policies, how to reach out to provide successful interventions to agricultural populations, and showcasing best practice examples from the GFRAS Network.

Join Dr. Heidi Radunovich, Associate Professor & Extension Program Director for University of Florida Engagement Human Development, and Terasa Younker, M.A., Research Associate and Study Coordinator for the University of Florida.

MARCH 5, 12 & 19- 2021

2:00 – 4:00 pm **Central European Time**

8:00 – 10:00 am Eastern Time

Webinar I: March 5, 2021: Mental Health & Agriculture: What's It All About?

Webinar II: March 12, 2021: Policies & Interventions

Webinar III: March 19, 2021: Best Practices from the GFRAS Network

Webinars I and II will be led by Dr. Heidi Radunovich, Associate Professor & Extension Program Director for University of Florida Engagement Human Development. Dr. Radunovich has a PhD in Clinical Psychology and experience with Extension Workers.

Important note: This series will be offered from 2-4 pm, Central European Time. A link to join the discussion will be sent to participants a week prior to each webinar.

[Register here](#)



# State Legislative Update

**New!** [View February's Legislative Video on CMHA's Website](#)

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system that (or each) month at the State Capitol. Our February Briefing features CMHA Associate Director, Alan Bolter, provides an overview of the Governor's FY22 executive budget as well as a couple of other key updates. *To view the latest video, [CLICK HERE!](#)*

## FY22 Executive Budget Proposal

### Specific Mental Health/Substance Abuse Services Line items

	<u>FY'20 (Final)</u>	<u>FY'21 (Final)</u>	<u>FY'22 (Exec Rec)</u>
-CMH Non-Medicaid services	\$125,578,200	\$125,578,200	\$125,578,200
-Medicaid Mental Health Services	\$2,487,345,800	\$2,653,305,500	\$3,011,525,500
-Medicaid Substance Abuse services	\$68,281,100	\$87,663,200	\$80,988,900
-State disability assistance program	\$0	\$2,018,800	\$2,018,800
-Community substance abuse (Prevention, education, and treatment programs)	\$108,754,700	\$108,333,400	\$78,005,200
-Health Homes Program	\$3,369,000	\$26,769,700	\$33,005,400
-Autism services	\$230,679,600	\$271,721,000	\$356,875,800
-Healthy MI Plan (Behavioral health)	\$371,843,300	\$589,941,900	\$540,551,700
-CCBHC	\$0	\$0	\$25,597,300

### Other Highlights of the FY22 Executive Budget:

#### Direct Care Worker Wage Increase

**The Executive Recommendation provides \$110 million (\$43.1 million general fund) in fiscal year 2021 and \$360 million (\$121.4 million general fund) in fiscal year 2022 to permanently continue the \$2 per hour wage increase for direct care workers** who provide critical care to our most vulnerable neighbors through Medicaid-funded behavioral health supports, community- and facility-based long-term care services, and home-based services provided through area agencies on aging. Maintaining the wage increase will help to stabilize the workforce and ensure continued access to services.

### **CCBHC Implementation**

**The FY22 Executive Budget includes \$26.5 million gross, \$5.0 million general fund (6.0 FTEs) to support a two-year implementation of the Centers for Medicare and Medicaid (CMS) Certified Community Behavioral Health Clinic (CCBHC) Demonstration program.** Proposed funding will be used to:

- **Establish 14 CCBHC sites**, through 11 Community Mental Health Programs and 3 non-profit behavioral health entities, to provide comprehensive access to behavioral health services to vulnerable individuals.
- Create a new Behavioral Health Policy and Operations Office to oversee the implementation of the CCBHC demonstration, Medicaid Health Homes, and other behavioral health integration initiatives. The new office will comprise 6 new FTE positions and 9 reassigned FTE positions responsible for policy, operations, technical assistance, and quality monitoring support.

### **KB vs. Lyon lawsuit**

**The FY22 Executive Budget includes \$90 million gross (\$30 million general fund) to recognize new costs related to the implementation of policy changes associated with the KB v. Lyon lawsuit settlement.** These caseload costs will come from program changes aimed at increasing consistency in access to behavioral health services for Medicaid enrollees and those served through the child welfare system.

### **Other items**

- \$1 million for Autism Service Navigation (general fund) is maintained in the Executive Budget on an ongoing basis. Support for this program has been included in recent budgets on a one-time basis.
- \$3.5 million for cross enrollment expansion to improve technology and communication tools to better identify and enroll individuals needing support and services.
- \$8.4 million to reduce health disparities and expand the use of community-based navigators to enhance access to health coverage, and improve screening, data sharing and interoperability of existing data systems through the Michigan Health Information Network.
- \$15 million one-time for state psychiatric hospital special maintenance for capital improvements at all five of Michigan's psychiatric hospitals.

### **Key Boilerplate Sections:**

**Sec. 928.** Each PIHP shall provide, from internal resources, local funds to be used as a part of the state match required under the Medicaid program in order to increase capitation rates for PIHPs. These funds shall not include either state funds received by a CMHSP for services provided to non-Medicaid recipients or the state matching portion of the Medicaid capitation payments made to a PIHP.

**Sec. 974.** The department and PIHPs shall allow an individual with an intellectual or developmental disability who receives supports and services from a CMHSP to instead receive supports and services from another provider if the individual shows that he or she is eligible and qualified to receive supports and services from another provider. Other providers may include, but are not limited to, MIChoice and program of all-inclusive care for the elderly (PACE).

**Sec. 1000.** (1) From the funds appropriated in part 1, the department of health and human services shall provide sufficient funding to increase the wages paid to direct care workers described in subsection (2) by \$2.00 per hour above the rates paid on March 1, 2020 for the current fiscal year.

(2) The direct care wage increase shall be provided to direct care workers employed by the department of health and human services, its contractors, and its subcontractors who received a \$2.00 per hour state-funded wage increase beginning in April 2020. The total combined direct care wage increases from the April 2020 direct care wage increase and the wage increase outlined in this section shall be \$2.00 per hour and shall be in effect for the current fiscal year.

(3) From the funds appropriated in part 1, the department of health and human services shall provide sufficient funding to increase the wages paid to direct care workers described in subsections (4) and (5) by \$2.00 per hour above the rates paid on June 1, 2020 for the current fiscal year.

(4) A direct care wage increase of \$2.00 per hour shall be provided to direct care workers employed by skilled nursing facilities for the current fiscal year. This funding shall include all costs incurred by the employer, including payroll taxes, due to the \$2.00 per hour increase. As used in this subsection, "direct care workers" means a registered nurse, licensed practical nurse, competency-evaluated nursing assistant, and respiratory therapist.

(5) A direct care wage increase of \$2.00 per hour shall be provided to direct care workers employed by area agencies on aging and its contractors for in-home and respite services for the current fiscal year. This funding shall include all costs incurred by the employer, including payroll taxes, due to the \$2.00 per hour increase.

(6) Contractors and subcontractors receiving funding to support these direct care wage increases shall be required to provide documentation of the wage increases provided pursuant to this section to the department of health and human services.

(7) Any payment enhancement above the hourly rate in effect immediately prior to the wage increase shall be of no effect in determining any employee's average compensation as provided by any contract or other provision of law.

(8) A direct care worker may elect to not receive the wage increase provided in this section. The election to not receive the wage increase in this section must be made either in writing or electronically. The

employer of a direct care worker who has elected to not receive the wage increase in this section must remit back to the state any of the funds authorized by this section based on the number of direct care workers it employs who have elected to not receive the wage increase authorized by this section.

**Sec. 1009** (1) From the funds appropriated in part 1 for Medicaid mental health services and Healthy Michigan plan - behavioral health, the department shall continue the \$2.00 hourly wage increase for direct care workers as implemented in the previous fiscal year. Funds provided in this section must be utilized by a PIHP to maintain the wage increase for direct care worker wages, for the employer's share of federal insurance contributions act costs, purchasing worker's compensation insurance, or the employer's share of unemployment costs.

(2) Each PIHP shall report to the department by February 1 of the current fiscal year the range of wages paid to direct care workers, including information on the number of direct care workers at each wage level.

(3) The department shall report the information required to be reported according to subsection (2) to the senate and house appropriations subcommittees on the department budget, the senate and house fiscal agencies, the senate and house policy offices, and the state budget office by March 1 of the current fiscal year.

## DHHS EMERGENCY ORDERS

Currently, there are active *DHHS* emergency orders. Please find a list of the active emergency orders with the topic, date it was signed and a hyper link accessing the emergency order below. For individuals still interested, or in need of referencing previous *Executive Orders*, please click [here](#).

Today, Governor Whitmer announced the finalization of the Feb. 1 reopening of indoor dining for restaurants and bars, but with a 10 p.m. curfew and a 25% capacity limit, up to 100 people.

Large stadiums will also be allowed more capacity to allow for additional attendance at high school football finals being hosted this weekend, under the newest epidemic order issued by the Michigan Department of Health and Human Services (DHHS) that will take effect Feb. 1 and run until Feb. 21.

The new capacity limits allow for 500 people at venues that seat over 10,000 people, while stadiums that seat less than 10,000 are allowed to be at 20% capacity, up to 250 people.

The order also will allow concessions at casinos, movie theaters and stadiums; personal services requiring mask removal and non-residential gatherings of up to 10 people from two households.

## Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

[https://www.michigan.gov/whitmer/0,9309,7-387-90499\\_90705---,00.html](https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html)

- **Executive Order 2020-181** – Amendment to the Safe Start order, please click [here](#) to access Executive Order 181.

## Federal Update

### **New! Urge Your Legislators to Cosponsor the Medicaid Reentry Act**

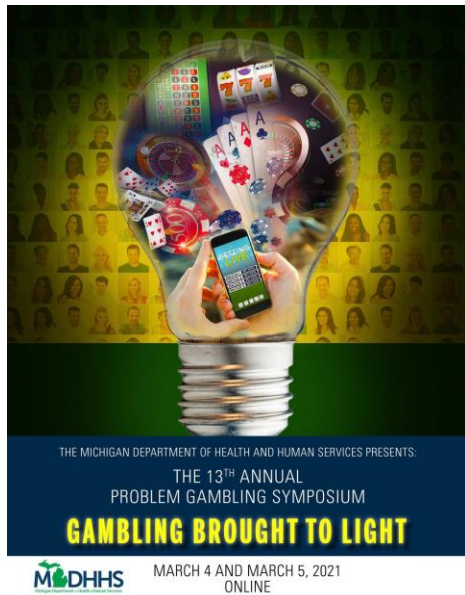
Last week, Reps. Tonko (D-NY) and Turner (R-OH) were joined by Senators Baldwin (D-WI) and Braun (R-IN) in reintroducing the Medicaid Reentry Act (H.R. 955/S. 285). This bipartisan bill would allow states to restart Medicaid coverage for eligible incarcerated individuals up to 30 days before their release from jail or prison. H.R. 955/S. 285 is an important step toward improving access to much-needed mental health and substance use services for one of the most vulnerable populations in the country.

### **Will you take two minutes today to urge your legislators to cosponsor the Medicaid Reentry Act?**

<https://www.thenationalcouncil.org/policy-action/write-your-legislators/?vvsrc=%2FCampaigns%2F58978%2FRespond#/TakeAction/Go/LetterGroupID/25/publicGRRecID/88E807BF-5056-92E0-69D373CF5A273620/EID/ELSAPXOKYL>

The criminal justice system has become the largest de facto mental health and substance use disorder treatment provider in the country. According to the Bureau of Justice Statistics, more than half of people in the criminal justice system have a mental illness. Of those with serious mental illness, approximately 75 percent also have a co-occurring substance use disorder. Successful reentry into the community requires enabling justice-involved individuals to avoid returning to the exact environmental factors that led to their incarceration in the first place. Equipping individuals with timely access to substance use, mental health, and other health-related services before release, will facilitate the transition to community-based care necessary to break the cycle of recidivism.

# Education Opportunities



**Registration Open: 13th Annual Virtual Gambling Disorder Symposium**

**REGISTRATION OPEN!**

**The Michigan Department of Health and Human Services Presents:**

**Michigan's 13th Annual Virtual Gambling Disorder Symposium  
"Gambling Brought to Light"**

**March 4 & 5, 2021**

**Virtual Educational Sessions Each Morning**

In recognition of Problem Gambling Awareness Month, the Michigan Department of Health and Human Services (MDHHS) is hosting the Thirteen Annual Gambling Disorder Symposium. The symposium is a forum that provides continuing education credits to professional members of the Gambling Disorder community, and access to Gambling Disorder trainings, treatment, prevention resources and personal recovery stories. Anyone affected by or interested in GD, is welcome to attend.

This year's symposium will address how COVID has changed the face of gambling, the impact made to gambling disorder within the youth and veteran communities, the implications of sports betting and on-line gambling, and responsible gambling.

### Who Should Attend?

CEOs, COOs, CFOs, medical directors, clinical directors, case workers, prevention specialists, supports coordinators, other practitioners at all levels of practice (beginning, intermediate and/or advanced), and all individuals affected by Gambling Disorder.

### Symposium Registration Fee: FREE

### Sponsorship Opportunity - \$35:

As a symposium sponsor, you will gain visibility throughout the day to promote your company's brand, products and services directly to approximately 300 attendees. Your company logo will be on the home page of the virtual conference website. Only a limited number of high-impact sponsorship opportunities are being made available. When you register as an attendee, check the sponsorship option during the registration process.

**No Fee to Attend but Registration is Required (Space is limited)!**

**[CLICK HERE TO REGISTER!](#)**

This event is sponsored by the Michigan Department of Health and Human Services Behavioral Health & Developmental Disabilities Administration and facilitated by The Community Mental Health Association of Michigan.

### **VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

**Dates:**

- February 22, 2021 *(SOLD OUT)*
- March 22, 2021 *(SOLD OUT)*
- April 5, 2021 [\(Register Here\)](#) *(15 spots left)*
- April 26, 2021 [\(Register Here\)](#) *(21 spots left)*

**Agenda:**

Log into Zoom: 8:15am  
Education: 8:30am – 11:30am  
Lunch Break: 11:30am – 12:00pm  
Education: 12:00pm – 3:00pm

**Training Fees:** \$120 CMHA Members \$143 Non-Members

### **VIRTUAL Pain Management and Mindfulness Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

**Dates:**

- March 8, 2021 *(SOLD OUT)*
- March 30, 2021 *(SOLD OUT)*
- April 6, 2021 [\(Register Here\)](#) *(50 spots left)*

**Agenda:**

Log into Zoom: 8:45 am  
Education: 9:00am – 11:00am

**Training Fees:** \$43 CMHA Members \$51 Non-Members

## Virtual Motivational Interviewing College Trainings – Registration Open

Registration is now open for the FY21 VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the revamped MI for Leadership & Organizations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

*By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.*

<u>Dates</u>	<u>Training</u>	<u>Registration Link</u>
April 19-20, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
April 22-23, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
April 29, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>
July 26-27, 2021	M.I. Basic	<a href="#">CLICK HERE</a>
July 29-30, 2021	M.I. Advanced	<a href="#">CLICK HERE</a>
Aug. 2-3, 2021	M.I. for Leadership & Organizations	<a href="#">CLICK HERE</a>
Aug. 5, 2021	M.I. Supervisory	<a href="#">CLICK HERE</a>

### **Times:**

Training(s) start promptly at 9:00am and adjourn at 4:15pm each day. Zoom Waiting Room opens at 8:30am each morning; attendees must be logged on by 8:45am. (All times in EST)

### **Training Fees:**

\$125 per person for all 2-day trainings / \$70 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

## Self-Care and Resiliency Training

This session offers training on self-care, mindfulness, and resiliency and how these interact and relate to one another. We will talk about the importance of a healthy self-care routine and how you can start to implement one into your daily life. Mindfulness can be a great self-care tool and we will discuss how to incorporate this into your routine, as well as different mindfulness activities you can practice. Lastly, we will discuss how to become more resilient in your everyday life.

Participants in this training will learn:

- What self-care, resiliency, and mindfulness are and how these interact
- How to introduce self-care, mindfulness, and resiliency traits into your everyday life



- The importance of self-care, mindfulness, and resiliency in your life

**February 22, 2021**

**9:00am - 11:00am** | Timezone: US/Central

Hosted By: Great Lakes MHTTC

Register by [clicking here!](#)

Need more information? Contact us at [sherrie.nichols@wisc.edu](mailto:sherrie.nichols@wisc.edu)

## Behavioral Telehealth Resource Center

### Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training and engagement opportunities. Please visit the [webpage](#), to see available resources. If you have information to be included on the webpage, please contact [astagg@cmham.org](mailto:astagg@cmham.org).

[CMHA recommendations: Michigan's emerging Medicaid telemedicine policies](#): Recognizing that the Medical Services Administration of MDHHS is in the process of revising and expanding the state's Medicaid telemedicine policies, CMHA has created a document which outlines recommended telemedicine policies. These recommendations reflect the views of a broad cross section of CMHA members and stakeholders.

### Educational Opportunities Available

[The Upper Midwest Telehealth Resource Center](#) provides education and resources on Telehealth Adoption, Delivery, Compliance and Reimbursement. Some available webinars are noted below.

[Telehealth & Medicaid: What's Next? A Roadmap for Medicaid Telehealth Policy in a Post- COVID World \(Panel discussion\)](#)

Date: February 5, 2021

Time: 2:00 pm - 3:00 pm

Telehealth & Medicaid: What's Next? A Roadmap for Medicaid Telehealth Policy in a Post- COVID World (Panel discussion)

Contact: Center for Connected Health

[NCTRC Webinar - Telehealth Policy Update: What Has Happened and What to Look for in 2021](#)

Date: February 18, 2021

Time: 2:00 pm - 3:00 pm

NCTRC Webinar  
Contact: Center for Connected Health Policy

## Behavioral Health Provider Experiences with Telehealth during COVID-19

[The Behavior Health Workforce Research](#) Center at the Institute for Healthcare Policy and Innovation, University of Michigan recently completed key informant interviews and published a brief that highlights key findings and federal policy implications. Read the [IHPI Brief here](#).

# Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## New! CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

### Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

## MHTTC announces series on National School Mental Health Curriculum

The National School Mental Health Curriculum was the result of a partnership between the Mental Health Technology Transfer Center (MHTTC) Network and the National Center for School Mental Health (NCSMH) to identify priority training topics, develop training content and gather related resources for inclusion in the training curriculum.

The national Mental Health Technology Transfer Center (MHTTC) Network, one of the groups that provides the backbone support for that curriculum, has developed and is hosting an 8-part training series using the National School Mental Health Curriculum: Guidance and Best Practices for States, Districts, and Schools. Each session will include a pre-session video, live panel session, and post-session regional breakout.

Information on this free series, which starts on February 9 and runs through March 25, can be [found here](#).

**New! MHTTC ongoing webinar series: the impact of mental health on students and youth (parts 3 and 4)**

Part 3: Youth, Social Distancing, and Anxiety in the time of COVID-19

<https://mhttcnetwork.org/centers/great-lakes-mhttc/event/impact-mental-health-students-youth-part-3-youth-social-distancing>

Part 4: How to have Meaningful Conversations with Youth about Mental Health

<https://mhttcnetwork.org/centers/great-lakes-mhttc/event/impact-mental-health-students-youth-part-4-how-have-meaningful>

Parts 1 and 2 will be available on our website soon.

**New! MHTTC upcoming webinar series: healing school communities in the context of racial violence: where do we go from here?**

About the Learning Series: Healing School Communities in the Context of Racial Violence: Where do we go from here? is a two-part learning series intended for students, families, educators and school mental health professionals who are navigating the ongoing impact of racial violence in all forms on student mental health. More information at:

<https://mhttcnetwork.org/centers/global-mhttc/healing-school-communities-context-racial-violence-where-do-we-go-here>

## News from Our Preferred Corporate Partners

### **Abilita: Are you ready for E-911?**

By the end of this year, all organizations with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new E911 law?

Check out [www.abilita.com/michigan-e911](http://www.abilita.com/michigan-e911) to learn more and find out what you need to do to prepare!

## myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

## CMH Association's Officers & Staff Contact Info

### CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone; [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat19@live.com](mailto:balcat19@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231) 392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Treandra Bailey, Policy Analyst; [publicpolicy@cmham.org](mailto:publicpolicy@cmham.org)  
Alan Bolter, Associate Director, (517) 237-3144; [abolter@cmham.org](mailto:abolter@cmham.org)  
Audrey Daul, Administrative Assistant, (517) 237-3141; [adaul@cmham.org](mailto:adaul@cmham.org)  
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; [dferguson@cmham.org](mailto:dferguson@cmham.org)  
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; [mfrancis@cmham.org](mailto:mfrancis@cmham.org)  
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; [jhammond@cmham.org](mailto:jhammond@cmham.org)

Regina MacDonald, Accounting Assistant, (517) 237-3146; [rmacdonald@cmham.org](mailto:rmacdonald@cmham.org)  
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Alexandra Risher, Training and Meeting Planner, (517) 237-3150; [arisher@cmham.org](mailto:arisher@cmham.org)  
Carly Sanford, Training and Meeting Planner, (517) 237-3151; [csanford@cmham.org](mailto:csanford@cmham.org)  
Robert Sheehan, CEO, (517) 237-3142 [rsheehan@cmham.org](mailto:rsheehan@cmham.org)  
Madi Sholtz, Training and Meeting Planner, (517) 237-3152; [msholtz@cmham.org](mailto:msholtz@cmham.org)  
Amy Stagg, Behavioral Telehealth Coordinator, (517) 324-7310; [astagg@cmham.org](mailto:astagg@cmham.org)  
Christina Ward, Director of Education & Training, (517) 237-3143; [cward@cmham.org](mailto:cward@cmham.org)  
Anne Wilson, Training and Meeting Planner, (517) 237-3153; [awilson@cmham.org](mailto:awilson@cmham.org)