



# WEEKLY Update

November 6, 2020

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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## CMH Association and Member Activities

### **New!** Manistee schools, NW Michigan Health Services, and Centra Wellness announce Child & Adolescent Health Center

Below are excerpts from the webpage describing the Manistee Area Public Schools MAPS CareConnect program, of which Centra Wellness (the CMH for Benzie and Manistee Counties) is a founding partner.

In 2019, the MAPS CareConnect program was developed through grant funding and in partnership with the Manistee Intermediate School District, CentraWellness, and Northwest Michigan Health Services to address the behavioral health needs of our MAPS students. The early successes of this program led to consideration of expanding upon the health services provided to our students.

This onsite health facility at the Manistee Middle High School will provide access for students ages 5 to 21 to medical and mental health services. This opportunity was made possible through a partnership with Northwest Michigan Health Services, CentraWellness, and grant funding from the State of Michigan’s State School Aid Fund funded through a competitive grant by the Michigan Department of Health and Human Services (MDHHS).

The webpage can be [found here](#).

### **New! CMHA of Clinton, Eaton, and Ingham Counties receives CARF accreditation**

CARF International has announced that Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) has been accredited through June 30, 2023. This is the sixth consecutive Three-Year Accreditation that the international accrediting body has given to CMHA-CEI. The accreditation comes after an exhaustive digitally-enabled survey of the agency was conducted by CARF representatives

Below are excerpts from the CARF accrediting report for CMHA-CEI.

The board members and the leadership of CMHA CEI are committed to utilizing their expertise in business and strategic planning to strengthen the organization's core mission and values and financial stability and strategically ensure the longevity of the services provided to those in need throughout the community it serves.

The organization has brought together a team from a wide range of professional and cultural backgrounds, experiences, and ages. In addition, long-tenured staff members bring unique skills sets and knowledge, which is a valuable asset to the organization as they support each other and share and maintain a true focus on improving the lives of the persons served.

Consumers served expressed high praise for the program staff members, including recognizing "They had more faith in me than I had in myself."

Congratulations to CEI.

### **New! CNS Healthcare & Northeast Integrated Health merge**

Below is an announcement of the merger between CNS Healthcare & Northeast Integrated Health.

We wanted to let you know that Northeast Integrated Health (NIH) and CNS Healthcare are merging.

This collaboration of two long-term Community Mental Health providers allows us to collectively serve more persons across a larger geographic area. The partnership allows us to build on our shared programs, leverage assets and expand services across the tri-county area continuing to serve Wayne, Oakland and Macomb counties.

NIH and CNS Healthcare serve similar target populations. We have a shared vision and set of values around person-centered integrated healthcare delivered in one's neighborhood. We are also excited to expand Certified Community Behavioral Health Clinic (CCBHC) services to the City of Detroit where this programming has not previously been present.

No service delivery programs will change this contract year and all services will be provided by the same staffing and governed by the group of individuals who currently hold fiduciary

responsibility for the organizations. This integration of organizations will occur over the next ten (10) months.

Northeast Integrated Health will adopt the name of CNS Healthcare, and Mr. Garrett will become the presiding President and Chief Executive Officer, while Ms. McRill will become the Chief Visionary Officer of the combined corporation. All executive level and clinical staff have been offered the opportunity to apply for all vacant positions so our consumers will not experience a change in who services them during this business transition. Our two corporate boards have signed off after their respective due diligence period, and legal counsel is taking this matter through the Attorney General's regulatory process to ensure compliance.

We look forward to the synergy that this merger will create for the individuals, families, and communities served by the new CNS Healthcare.

### **New! Participants in CMHA Fall Conference cite what makes them proud**

Chuck Ingoglia, CEO and President of the National Council for Behavioral Health, was a keynote speaker at the CMHA Fall Conference. During his keynote, Chuck asked the conference participants to identify those things about which they were most proud. As Chuck said, it is so easy to jump to the negative instead of praising our achievements.

Below are some of the responses that were received in response to Chuck's request. These comments help to underscore the positive events and accomplishments that our system is experiencing and achieving in the face of tremendous challenges.

- Am proud of our contracted Adult Foster Care homes who have had to go above and beyond to ensure the health and safety of residents. The homes have creatively changed daily activities to support those struggling with stay-at-home orders or isolation; implemented and embraced virtual communications, not just to ensure telehealth services, but also to assist residents to remotely connect with family and friends; addressed health and safety concerns of an already short staffing pool; and often worked multiple back-to-back shifts to ensure of individuals in the home.
- I am proud that we have continued to provide the needed services to our many members in Wayne County. I am proud that we have been able to maintain the same pace and seamlessly adapt to working remotely
- Ability to support our community: through assisting with local hotline, mask making, food banks, supporting frontline workers through a hotline, supporting providers. PPE distribution.
- Being very adaptable to changes, every day both on an institution level, but also with the requirements with the state and changes that have happened with insurances. Also, continuing to be adaptable with finding ways to still be present for clients and continue to work with them via telehealth and also phone calls. I am also proud of my staff and how we have continued to be there as supports even from a distance to help each of us cope with this whole pandemic and the stress it has brought on.
- Our organization has changed on the fly in amazing ways. Our staff has done amazing work via technology.

- Proud of: we were able to get electronic devices (tablets and laptops) for ALL the staff to be able to work successfully from home.....in a few weeks or less, by the end of March. Having staff that are technology equipped to share their tech with other "less techy" staff.
- As a new employee hired in September that all orientation and training has been completed online. What an AMAZING company and staff I hired into.
- The cross functional and institutional collaboration of PIHPS and CMHSPs with state and local organizations to keep consumers safe and served.
- Weekly Listening Circles with our Agency focusing on COVID-19. Weekly Mindfulness via Zoom within our Agency. And monthly Racial Injustice Listening Circles. I've had more time to attend these virtual meetings, where in the office, I may have been pulled in other directions and unable to attend as often as I am now.
- Our staff has operated with a "can do" attitude as deadlines to "return to the office" have continued to be stretched out farther and farther
- Direct care staff continuing to prioritize their work, even in the early days...where access to PPE was scarce and when the details about the virus were so unknown...with fears of exposure from surfaces, etc. were even more scary than today
- I am most proud of our staff's commitment, and responsiveness to changes while navigating their own personal changes in these times.
- We are extremely proud that we were resilient, and able to move from office based to remote/virtual services at a moment's notice.
- Delivering meals to club members...
- We implemented telehealth in one week.
- My agency's CCBHC program has exploded!
- I'm proud of the way the people I work with just keep going, we didn't receive hazard pay or any reward but yet we still work as a team and still show up everyday.
- We have been able to quickly transition to telehealth to continue to meet the needs of those we serve and keep all our staff employed and safe.
- I am most proud of the staff that have had the devotion to the persons we serve in behavioral health and substance use disorders.
- I got a new job
- Working collaboratively on a state level for the first time!

## State & National Developments and Resources

### **New!** Pandemic Calls for Population Behavioral Health Strategy

Below is an excerpt from a recent article in Behavioral Healthcare Executive on the value of a population behavioral health strategy.

This week, the Population Health Alliance held its annual Innovation Summit and Capitol Caucus. This year's theme was enticing: "Emerging Population Health Management Strategies in Our New Era of Health Care." A detailed agenda is available on the alliance's website.

The central question asked throughout the Summit was how population health management can be adapted to respond to the COVID-19 pandemic. More specifically, two questions were addressed: What changes are required in population management as a result of changes in actual care practices, e.g., virtual care? What contributions can population management make to resolve the personal health effects of the pandemic and its mitigation efforts?

The full article can be [found here](#).

### **New! Federal Court Orders Class-Wide Remedies in *Wit v. United Behavioral Health***

Recently, the federal court overseeing *Wit v. United Behavioral Health* issued a set of remedies against the private health plan, United Behavioral Health, to ensure that United corrects its past behaviors and provides access to medically necessary behavioral healthcare.

In its 99-page ruling, the court explained the need for:

- (1) a 10-year injunction requiring UBH to exclusively apply medical necessity criteria developed by non-profit clinical specialty associations
- (2) appointment of a special master
- (3) training of UBH in the proper use of court-ordered medical necessity criteria
- (4) reprocessing of nearly 67,000 mental health and substance use disorder benefit claims denied during the class period.

The ruling stems from two consolidated class actions, *Wit et al. v. United Behavioral Health*, and *Alexander et al. v. United Behavioral Health*, brought by Psych-Appeal, Inc. and Zuckerman Spaeder LLP under the Employee Retirement Income Security Act of 1974 (“ERISA”) in 2014, certified in 2016, and tried in October 2017.

While nearly 50,000 ERISA insureds will be eligible for class-wide relief in this case, non-ERISA insureds (such as governmental employees) adversely impacted by UBH’s defective guidelines must rely on state and federal regulators to intervene on their behalf.

### **New! ACL Seeks Inventive Solutions to Address the Direct Support Professional Crisis**

Below are excerpts from a recent announcement from the federal Administration for Community Living (ACL) of a competition seeking inventive solutions to strengthen the direct support professional (DSP) workforce.

The federal Administration for Community Living (ACL) is looking for inventive solutions to strengthen the direct support professional (DSP) workforce and to improve the overall quality of home- and community-based services (HCBS) for individuals with intellectual and developmental disabilities (ID/DD). Our goal is to encourage the development of innovative business models that will help to stabilize the DSP labor market.

ACL is seeking innovative business models to overcome these challenges to improve the stability and increase the size and capability of the DSP workforce.

The competition will include three phases, with cash prizes awarded to winners in each phase. All winners will receive mentorship from experts in the field and winners' business models will be featured in Challenge materials.

Submissions can be entered starting November 20, 2020 and must be received by 5:00 PM ET on February 12, 2021.

The full announcement can be [found here](#).

## State Legislative Update

### **New!** Michigan Election Results

On Wednesday, November 4, Michigan Secretary of State Jocelyn Benson confirmed that all valid ballots in Michigan had been counted. As is customary, the results remain unofficial until state officials and local clerks canvass and certify the results.

President – Democrat Joe Biden narrowly defeated Republican Donald Trump by a little over 140,000 votes.

Michigan Senate – Incumbent Democrat Gary Peters narrowly defeated Republican challenger John James by less than 100,000 votes.

Michigan Supreme Court – Bridget McCormick has been re-elected to the Michigan Supreme Court and Democrat-nominated Elizabeth Welch has also won election to the court, handing justices nominated by Democrats a 4-3 majority.

Michigan House – The Michigan House Republicans have retained their 58-52 majority.

- 28 freshmen lawmakers are coming to Lansing.
- 82 of the 84 incumbents have won their reelection.
- Republicans flipped the 48th District, ousting incumbent Sheryl Kennedy, and the 96th District, ousting incumbent Brian Elder.
- Democrats flipped the 61st District seat, which now belongs to Christine Morse, and the 38th District seat with Kelly Breen's win over Chase Turner.
- Otherwise, Republicans have successfully fended off areas where they were on defense, such as the 39th (Ryan Berman) and 43rd (Andrea Schroeder) and the open seat in the 104th district covering Grand Traverse County.
- Democrats successfully played defense in the 19th where Democrat Laurie Pohutsky will retain her seat.
- In another competitive race, Republican Mark Tisdell defeated Democrat Barb Anness in the 45th District.

On Thursday, the Michigan House caucuses held their leadership elections. The following leadership posts were announced:

- Speaker of the House: Rep. Jason Wentworth (R-Clare)
- Majority Floor Leader: Rep. Ben Frederick (R-Owosso)
- Speaker Pro Tempore: Rep. Pamela Hornberger (R-Chesterfield Township)
- Associate Speakers Pro Tempore: Rep. Sarah Lightner (R-Springport) and Rep. Brad Paquette (R-Niles)
- Assistant Majority Floor Leaders: Rep. Ann Bollin (R-Brighton) and Rep. Julie Calley (R-Portland)
- Majority Whip: Rep. Andrea Schroeder (R-Independence Township)
- Deputy Whip: Rep. Jack O'Malley (R-Lake Ann)
- Caucus Chair: Rep. Matt Hall (R-Emmett Township)
- Caucus Vice Chair: Rep.-elect Andrew Beeler of Fort Gratiot (the incoming representative in the 83rd House District)

On the Democrat side, Representative Donna Lasinski (D-Scio Township) will be the new House Democrat Leader with Representative Yousef Rabhi (D-Ann Arbor) once again serving as the House Democratic Floor Leader.

### **New! DHHS EMERGENCY ORDERS**

Currently, there are five active *DHHS* emergency orders. Please find a list of the active emergency orders with the topic, date it was signed and a hyper link accessing the emergency order below. For clients still interested, or in need of referencing previous *Executive Orders*, please click [here](#).

- ***Reporting of Confirmed and Probable Cases of COVID-19 at Schools*** – Signed October 6, 2020, please click [here](#) to access the emergency order.
- ***Temporary Restrictions on Entry into Congregate Care and Juvenile Justice Facilities*** – Signed October 6, 2020, please click [here](#) to access the emergency order.
- ***Requirements for Residential Care Facilities*** – Signed October 21, 2020, please click [here](#) to access the emergency order.
- ***Testing Requirements for Skilled Nursing Facilities, Homes for the Aged, and Adult Foster Care Facilities*** – Signed October 29, 2020, please click [here](#) to access the emergency order.
- ***Gathering Prohibition and Mask Order*** – Signed October 29, 2020, please click [here](#) to access the emergency order.

### **Executive Orders Signed**

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.



For a complete list of Governor Whitmer's Executive Orders click on the link below:

[https://www.michigan.gov/whitmer/0,9309,7-387-90499\\_90705---,00.html](https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html)

- **Executive Order 2020-181** – Amendment to the Safe Start order, please click [here](#) to access Executive Order 181.

## Federal Update

### 9-8-8 Signed into Law

The National Suicide Hotline Designation Act was signed into law on Saturday, October 17. This legislation will create a new 9-8-8 dialing code for suicide prevention, helping Americans who are seeking services for mental health emergencies. The National Council thanks our advocates for tirelessly leading the charge in making this hotline a reality. The success of 9-8-8 comes at a critical time for behavioral health services, as COVID-19 has contributed to increased isolation and unemployment, among other difficulties. Implementation of 9-8-8 now moves to the Federal Communications Commission (FCC), which recently set a deadline of July 2022 for the full, national implementation of the hotline.

### National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members' access to care. To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our [CCBHC Success Center](#) – a hub for information, implementation support and advocacy on the CCBHC model.

Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders.

Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.

- Explore how states can implement and tailor the CCBHC model to meet their goals for quality, scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children’s providers, and others—can partner with CCBHCs to improve clients’ access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs’ activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

**Need one-on-one attention to support your unique needs and goals?** Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. [Check us out today!](#) Make sure to check back often, as additional resources will be added in the weeks and months ahead.

## Education Opportunities

### CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through January 1, 2021 – we’re moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

Please check our website [by clicking here](#) for updated information!

### CMHA Fall Conference – Recorded Sessions Still Available for Registration

The live week-long Virtual Fall Conference, “Resilience & Reinvention,” concluded today; but there’s still time to sign up for the “recorded conference sessions.” Don’t miss this opportunity to hear from national and state experts!

**View Recordings – No Continuing Education Credits:** For those who do not need CEs take advantage of the significantly reduced fee. The recordings will be available AFTER the conference and you will have 1 month to view the recordings. You can view as many sessions as you like.

CMHA Member: View Recordings After the Live Conf – No CE Credits	\$50
Non-Member: View Recordings After the Live Conf – No CE Credits	\$60

Registration open until Friday, November 13, 2020. Register by [CLICKING HERE!](#)

## **VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, Recipient Rights and Psychologist Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

### **Dates:**

- January 11, 2021 ([Register Here](#)) (47 spots left)
- February 22, 2021 ([Register Here](#)) (63 spots left)
- March 22, 2021 ([Register Here](#)) (65 spots left)
- April 5, 2021 ([Register Here](#)) (65 spots left)
- April 26, 2021 ([Register Here](#)) (66 spots left)

### **Agenda:**

Log into Zoom: 8:15am  
Education: 8:30am – 11:30am  
Lunch Break: 11:30am – 1:00pm  
Education: 1:00pm – 4:00pm

**Training Fees:** \$120 CMHA Members \$143 Non-Members

## **VIRTUAL Pain Management and Mindfulness Trainings – Registration Open**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

### **Dates:**

- January 21, 2021 ([Register Here](#)) (53 spots left)
- March 8, 2021 ([Register Here](#)) (64 spots left)

### **Agenda:**

Log into Zoom: 8:45 am  
Education: 9:00am – 11:00am

**Training Fees:** \$43 CMHA Members \$51 Non-Members

# Education & Training Resources from Great Lakes MHTTC



**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration



CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

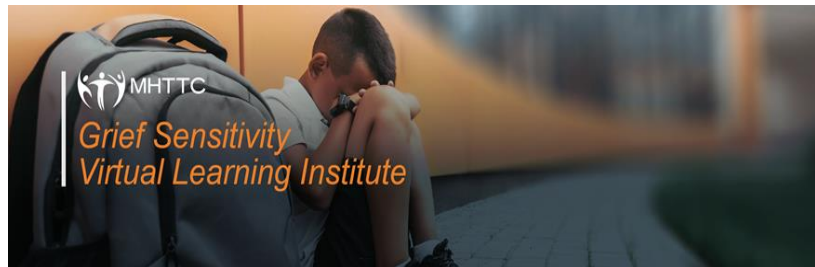
## Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

## Grief Sensitivity Virtual Learning Institute

The MHTTC Network is pleased to invite you to our upcoming two-part virtual learning series, **Grief Sensitivity Virtual Learning Institute**. This series is geared towards providing front-line workers (Community Mental Health Practitioners, Social



Workers, Psychologists, Therapists, School Mental Health Personnel, School Counselors, Educators, etc.) with tools and strategies that can be used when addressing the needs of individuals experiencing grief and loss during COVID-19 and beyond.

**Reflective Discussion-** On both days of each Institute, we'll host optional breakout discussions for participants to join, listen and learn from each other's expertise and experience.

**November 12 & 13th:**

### [Grief Sensitivity Institute Part 2: Applying concepts to practice](#)

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

A recording of the learning institutes will be made available in the MHTTC Products and Resource Catalog. Certificates of completion will be available. CEUs are not available for these Learning Institutes.

A flyer with more information about this event is attached. Questions? Contact

[NetworkOffice@MHTTCNetwork.org](mailto:NetworkOffice@MHTTCNetwork.org)

## News from Our Preferred Corporate Partners

### **Abilita: Are you ready for E-911?**

By the end of this year, all organizations with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new E911 law?

Check out [www.abilita.com/michigan-e911](http://www.abilita.com/michigan-e911) to learn more and find out what you need to do to prepare!

### **myStrength: new digital behavioral health resources empower consumers to move beyond trauma**

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

## CMH Association's Officers & Staff Contact Info

### **CMHA Officers Contact Information:**

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat3@live.com](mailto:balcat3@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231)392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

## CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, [abolter@cmham.org](mailto:abolter@cmham.org)

Christina Ward, Director of Education and Training, [cward@cmham.org](mailto:cward@cmham.org)

Monique Francis, Executive Secretary/Committee Clerk, [mfrancis@cmham.org](mailto:mfrancis@cmham.org)

Audrey Daul, Administrative Assistant, [adaul@cmham.org](mailto:adaul@cmham.org)

Anne Wilson, Training and Meeting Planner, [awilson@cmham.org](mailto:awilson@cmham.org)

Carly Sanford, Training and Meeting Planner, [csanford@cmham.org](mailto:csanford@cmham.org)

Bethany Rademacher, Training and Meeting Planner, [brademacher@cmham.org](mailto:brademacher@cmham.org)

Jodi Hammond, Training and Meeting Planner, [jhammond@cmham.org](mailto:jhammond@cmham.org)

Alexandra Risher, Training and Meeting Planner, [arisher@cmham.org](mailto:arisher@cmham.org)

Madi Sholtz, Training and Meeting Planner, [msholtz@cmham.org](mailto:msholtz@cmham.org)

Dana Ferguson, Senior Accounting Specialist, [dferguson@cmham.org](mailto:dferguson@cmham.org)

Robert Sheehan, CEO, [rsheehan@cmham.org](mailto:rsheehan@cmham.org)