

WEEKLY Update

September 18, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! CMHA, advocacy partners, Governor, Senate honor Michigan’s direct care workers

Below is a recent announcement, from the State of Michigan, declaring September 13-19 as Direct Support Professionals Recognition Week. This recognition was the result of the work of a coalition of advocacy and provider organizations (the logos of whom appear above) in partnership with the Governor and legislative leadership.

Formal Actions Declare Sep. 13–19 Direct Support Professionals Recognition Week: This week, 50,000 Direct Care Workers are being honored for their work to support people with mental illness and developmental disabilities, thanks to a gubernatorial proclamation and state Senate resolution declaring Sep. 13–19 Direct Support Professionals Recognition Week.



Direct Care Workers provide much-needed personal care, training, emotional support and respite to an estimated 100,000 of Michigan’s most vulnerable residents.

“During this week, we should recognize and honor Direct Support Professionals for their commitment to providing important service to people with disabilities in our state and advocate for their living wages, benefits, and opportunities for advancement, so they can continue to provide the highest quality of care for the people they support,” Gov. Whitmer observed.

The Michigan Senate noted the essential contributions of these workers in its resolution, saying that “direct support professionals are a critical element in supporting individuals who are receiving health care services for severe chronic health conditions and individuals with functional limitations, and helping them to transition successfully from medical events to post-acute care and long-term support and services.”

Nearly a million Michigan residents rely directly or indirectly on the value Direct Care Workers provide.



State & National Developments and Resources

Peer Support Warmline

The Certified Peer Support Specialist Warmline is a peer run phone service providing peer support, resource referral and shared experience of recovery and hope.

- When you need someone to talk to
- When you want to share your triumphs or challenges
- When you feel alone
- When you feel like others just do not understand

Call 888-PEER-753 (888-733-7753)
10 a.m. – 2 a.m., 7 days a week

If you are a Deaf, DeafBlind or Hard of Hearing person in need of help, please use VRS to reach this hotline. For a full list of Michigan and National mental health crisis lines please click [here](#)

New! First two virtual opioids town halls announced – Sept. 23rd & Sept. 25th

The Michigan Opioids Task Force and Michigan Department of Health and Human Services (MDHHS) have announced the details of the first two virtual opioids town halls.

Following are the participation details and links for the town halls:

[Northern Lower Michigan \(previously the Gaylord Town Hall\)](#), Wednesday, Sept. 23, 5:00 – 6:30 p.m.

[Flint and Thumb Region \(previously the Flint Town Hall\)](#) Friday, Sept. 25, 3:30 – 5:00 p.m.

During the events, state officials will seek to learn more about how the opioid epidemic has impacted different regions of the state. To ensure information gathered reflects the experience of the local communities, residents are asked to only participate in the virtual town hall for the area in which they reside.

At the town halls, MDHHS and the Michigan Opioids Task Force will share the 2020 strategy to turn the tide on the crisis, seek feedback from the public and host a Q-and-A about the crisis response. Information gathered during the town halls will help the state develop a crisis response that is flexible; effective to fit the needs of communities from Detroit to Grand Rapids to Marquette; and informed by the experiences of Michiganders affected by the crisis.

A few key questions will guide the conversation:

- How has the opioid epidemic affected you, your family or your community?
- What services, programs or policies would you recommend to help address the crisis?
- How can the state help combat stigma and change the narrative around opioid use disorder?

For more information about the state's opioids response and available resources, visit Michigan.gov/opioids.

New! MDHHS issues bulletin to ensure flexibility of Medicaid behavioral health services

MDHHS recently issued a bulletin designed to allow for the provision of Medicaid behavioral health services in ways that protect the health and safety of persons served and providers. The bulletin can be found [here](#).

New! CHRT publishes multi-state study of healthcare integration

The Center for Healthcare Research Transformation (CHRT) has recently issued a study on the work, in several states, to integrate behavioral and physical healthcare – using a variety of means. The study can be found [here](#)

New! Register Now for The 2020 Arc National Convention – Free Online Event!



NATIONAL CONVENTION

A VIRTUAL EVENT | OCTOBER 26 – 28, 2020



The Arc's [National Convention](#) is coming up **October 26 – 28**, and this year we are making it possible for you to participate from anywhere!

Join us for **three days of inspiring online sessions**, announcements, and networking opportunities to learn how others are navigating challenges both old and new.

Check out some highlights below, [register for free](#), and mark your calendar!

Don't think you can make it to one of the live sessions? Register anyway, and we'll let you know when the session recordings are available to view on demand.

REGISTER
NOW

New! MDHHS announces additional COVID19 testing sites

Online Registration Information:

All God's People

25295 Chippendale St., Roseville, MI 48066

<https://www.solvehealth.com/book-online/gwvjkp>

New Beginnings Deliverance Ministry

269 E. Genesee, Saginaw, MI 48601

<https://www.solvehealth.com/book-online/p3mvK0>

Hope Community Church

2390 Lake Street, Niles, MI 49120

<https://www.solvehealth.com/book-online/AMm2ZA>

New Hope Missionary Baptist Church

33640 Michigan Avenue, Wayne, MI 48184

<https://www.solvehealth.com/book-online/07Q9Xp>

Epicenter of Worship

571 W. Jolly Rd., Lansing, MI 48910

<https://www.solvehealth.com/book-online/gJE9Ep>

The Open Door Church of God in Christ

12411 E. 7 Mile, Detroit, MI 48205

<https://www.solvehealth.com/book-online/AXdnVA>

Christ Temple Church

412 E. Sherman Blvd., Muskegon, MI 49444

<https://www.solvehealth.com/book-online/plV280>

Bethel Baptist Church East

5715 Holcomb St., Detroit, MI 48213

<https://www.solvehealth.com/book-online/gqyjWg>

New! Webinar: Update on the Collaborative Care Model for Substance Use and Mental Health Conditions

Below are excerpts from the overview for an upcoming webinar on the Collaborative Care Model for Substance Use and Mental Health Conditions.

We know that it is challenging to find evidence-based treatment for substance use disorder and that families struggle immensely to navigate the treatment and insurance processes. There are a multitude of reasons why this is the case, and tremendous barriers that individuals face when seeking treatment. States have gotten creative given the challenges with payment for specialty treatment and lack of accessible providers. In the mental health community, they have been using the Collaborative Care Model (CoCM) to integrate behavioral health care into primary care settings. Through this approach, providers measure patient progress with a team of clinicians typically including a primary care physician, a behavioral health specialist and care coordinator. This approach has shown to be tremendously successful in improving outcomes for patients.

Registration information can be found [here](#).

New! Health Affairs blog: the COVID-19 pandemic is the time for the public sector to help build greater social connection

Below are excerpts from a recently announced blog from Health Affairs:

Greater social connection, especially when physical distancing, offers a vital pathway for bolstering individual health and community resilience to combat COVID-19. We suggest that a more systemic effort by government to cultivate social connection in the context of existing social programs will benefit the goal we all share for a healthier, more wholesome society.

[Read more of this blog here.](#)

State Legislative Update

New! Senate Health Policy Committee Hears Testimony on Several MH Bills

On Thursday, the Senate Health Policy committee took up several bills related to behavioral health services. The committee heard testimony from CMHA and Network180 staff in support of HB 5832, which would create crisis stabilization units. CMHA described the bill to the committee as a modernization of the Mental Health code in regards to the crisis services section, which has not been updated in 25-30 years. The bill is intended to address the many grey areas that currently exist with prescreening units, and provide more upfront care to people experiencing a crisis. 5832 does not require a CMH or other entity to operate a CSU, it simply gives the mental health system another tool in the crisis care continuum.

The Senate committee also heard testimony on HB 5178, which would require DHHS to establish, maintain, and revise, as necessary, a uniform CMH services credentialing program for State department or agency use. The State department's or agency's credentialing and recredentialing process would have to comply with national standards.

Finally, the committee also heard emotional testimony on SB 813, which would require the DHHS to investigate all deaths reported by a psychiatric hospital or psychiatric unit that were the result of suicide or where the cause of death was reported as unknown.

Senate Minority Leader Jim Ananich (D-Flint) testified that he's alarmed by reports of people dying shortly after leaving in-patient care at psychiatric facilities. Relatives usually feel relief when they check a loved one into a psychiatric facility, he contended, knowing they are going to get the care, support and therapy they need.

The bill will "help us get our arms around the magnitude of this problem" and help the state to understand and identify patterns in the who, what, where, when and how many of these deaths are occurring, he said.

Two family members told the committee the stories of their loved ones who took their own lives last year just hours after being discharged from mental health facilities in Michigan.

Committee Chair Sen. Curt VanderWall (R-Ludington) indicated he hopes to bring some the bills up for a vote next week.

New! House Committee Hears Testimony Again on Certificate of Need Bills

On Wednesday, the House Health Policy Committee took testimony for a second time on bills to repeal Certificate of Need (CON) oversight for psychiatric beds -- among other CON reforms. The committee previously heard testimony in mid-July in which CMHA testified in opposition to SB 672 and 673.

SB 672 would eliminate the Certificate of Need (CON) process for all psychiatric inpatient beds in hopes that it would increase access and availability across the state. SB 673 requires that a psychiatric hospital or psychiatric unit accept public patients and maintain 50% of beds available to public patients as a condition of licensure.

CMHA supports the intent of SB 672 & 673, which is to increase the availability of psychiatric inpatient beds across the state and designates a certain percentage of beds set aside for public patients. However, some of our members have concerns regarding the elimination of the Certificate of Need (CON) process and believe strengthening current CON practices would help more than simply eliminating CON all together. The CON process is not a barrier to access.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-181** – Amendment to the Safe Start order, please click [here](#) to access Executive Order 181.

Federal Update

National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members' access to care.

To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our [CCBHC Success Center](#) – a hub for information, implementation support and advocacy on the CCBHC model.

Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders. Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.
- Explore how states can implement and tailor the CCBHC model to meet their goals for quality, scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children's providers, and others—can partner with CCBHCs to improve clients' access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs' activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

Need one-on-one attention to support your unique needs and goals? Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. [Check us out today!](#) Make sure to check back often, as additional resources will be added in the weeks and months ahead.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through January 1, 2021 – we're moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- October 5, 2020 (*training full*)
- November 2, 2020 (*training full*)
- November 20, 2020 (*training full*)
- December 7, 2020 (*training full*)

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees: \$103 CMHA Members \$126 Non-Members

VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 15, 2020 (*training full*)
- November 5, 2020 [REGISTER HERE!](#) (*10 spots left*)

Agenda:

Log into Zoom: 8:45 am
Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

Education & Training Resources from Great Lakes MHTTC

**MHTTC**

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

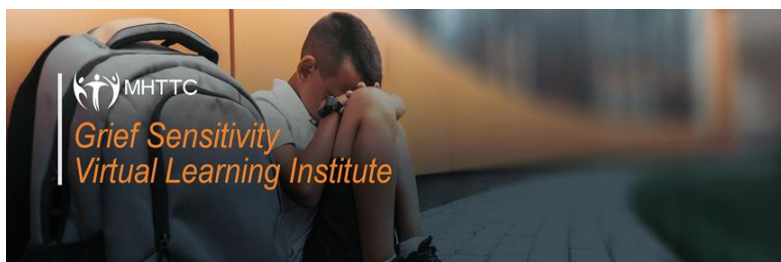
Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Grief Sensitivity Virtual Learning Institute

The MHTTC Network is pleased to invite you to our upcoming two-part virtual learning series, **Grief Sensitivity Virtual Learning Institute**. This series is geared towards providing front-line workers (Community Mental Health Practitioners, Social



Workers, Psychologists, Therapists, School Mental Health Personnel, School Counselors, Educators, etc.) with tools and strategies that can be used when addressing the needs of individuals experiencing grief and loss during COVID-19 and beyond.

The Institute includes:

Tracked Learning- Each Institute has four sessions with three learning tracks (you are open to attend any session in any track):

Grief Sensitivity

Evidence-Based Practices for Clinicians, and
School Mental Health.

Reflective Discussion- On both days of each Institute, we'll host optional breakout discussions for participants to join, listen and learn from each other's expertise and experience.

November 12 & 13th:

[Grief Sensitivity Institute Part 2: Applying concepts to practice](#)

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

A recording of the learning institutes will be made available in the MHTTC Products and Resource Catalog. Certificates of completion will be available. CEUs are not available for these Learning Institutes.

A flyer with more information about this event is attached. Questions? Contact NetworkOffice@MHTTCNetwork.org

News from Our Preferred Corporate Partners

New! Genoa Healthcare: Staying Connected to Consumers in a Virtual World: How an Integrated Pharmacy Can Help

Access to mental health care is more important than ever, but the COVID-19 pandemic has forced many mental health centers to focus on providing critical services only, delivering much of that care via telehealth. As centers settle into the telehealth world, many may be searching for new ways to connect with consumers and maintain and improve consumer outcomes.

An integrated pharmacy can help by providing:

A crucial touchpoint for consumers: An integrated pharmacy can act as a bridge between providers and their patients, providing additional consumer touchpoints in a virtual world.

A resource for center staff: When center staff and providers have any medication-related needs or questions, an integrated pharmacy is there, on-site to answer them.

A dedicated team: Focused on serving one center, an on-site pharmacy can get to know each consumer, providing personal, customized services.

Services to keep consumers on their treatment plans: Reduced face time with consumers can make it hard to keep them on their medications. An integrated pharmacy builds relationships with each person, understanding their needs and providing personalized services like packaging and free medication mailing to make sure they get and stay on their medications.

Genoa Healthcare offers on-site pharmacy services dedicated to those in the behavioral health and addiction communities. Genoa also provides telepharmacy services and consumer medication coordinators, depending on each center's needs. All Genoa Healthcare pharmacy models can:

- Fill and synchronize all medications (behavioral and primary care)
- Mail prescriptions at no additional cost
- Conduct outreach calls to keep consumers on track
- Help with prior authorizations, medication and insurance questions
- Provide customized pill organizers to consumers with medications sorted by date and time

All of this results in industry-leading medication adherence and satisfaction ratings:

- People who use Genoa have medication adherence rates over 90%, compared to 50% at traditional retail pharmacy
- Consumers report over 90% satisfaction when using Genoa's pharmacy
- Partner centers report over 80% satisfaction with their partnerships with Genoa

To learn more about how an integrated pharmacy can help your center maximize your telehealth program, [CLICK HERE](#) to check out our webinar.

For more information about Genoa Healthcare [click here](#) or please reach out to Katrina Miller at **(608) 345-4078** or kmiller@genoahealthcare.com.

Abilita: Controlling Increasing Phone Costs

Beginning July 1st, your telecommunication costs increased by almost 7%! Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been.

Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be "high cost".

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users.

Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#).

Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#)

Relias: Implement Trauma-Informed Care at Your Organization

Becoming trauma-informed does not happen overnight. It requires integrating knowledge about trauma into your policies, practices, and procedures, as well as buy-in from your staff and leadership.

If you want to implement trauma-informed care at your organization, there are five key elements you need to know before getting started:

Organizational self-assessment: Get a baseline for where you are now so you can reassess.

Paradigm shift: Change the way you think about the people you serve, yourself, and others.

Safety: Create a safe environment across your organization, one that impacts physical, emotional, and psychological safety.

Employee wellness and self-care: Implement an employee wellness program that promotes self-care, healthy coping techniques, and trauma-informed clinical supervision.

Everyone is included: Train all employees on the trauma-informed framework, including those who don't perform clinical work, your board of directors, and your leadership team.

Download our white paper, [5 Key Elements to Trauma-Informed Care](#), to dive into more details about implementing trauma-informed care at your organization.

[Download the White Paper](#)

Looking for solutions to support a trauma-informed approach to care? Relias offers a breadth of tools to help you implement TIC for the long term. Request a demo to learn more.

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@cmham.org
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