



WEEKLY Update

September 11, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

TABLE OF Contents

- CMH Association and Member Activities 2**
- State & National Developments and Resources..... 2**
 - New! Direct care worker research and advocacy from PHI 2*
 - New! CHCS webinar: Tailored Approaches for Medicaid Physical-Behavioral Health Integration in Washington State: Lessons for States 3*
 - New! 3rd Annual Crisis Residential Conference – Registration Now Open 3*
- State Legislative Update 4**
 - New! Governor Announces Futures for Frontliners Program 4*
 - Executive Orders Signed..... 4*
- Federal Update..... 5**
 - National Council Launches CCBHC Success Center..... 5*
- Education Opportunities..... 6**
 - CMHA Takes Trainings Virtual! 6*
 - 21st Annual Substance Use and Co-Occurring Disorder Conference – Registration Deadline Monday, 9/14/20 at Noon!..... 7*
 - Michigan Celebrate Walk & Recovery..... 7*
 - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings..... 8*

<i>VIRTUAL Pain Management and Mindfulness Trainings</i>	8
<i>Recipient Rights Virtual Conference – Registration Deadline Monday, 9/14/20 at Noon!</i>	8
Education & Training Resources from Great Lakes MHTTC	9
<i>Catalog of MHTTC resources</i>	9
<i>Grief Sensitivity Virtual Learning Institute</i>	9
News from Our Preferred Corporate Partners	10
<i>Abilita: controlling increasing phone costs</i>	10
<i>myStrength: new digital behavioral health resources empower consumers to move beyond trauma</i> ..	11
<i>Relias: Implement Trauma-Informed Care at Your Organization</i>	11
CMH Association’s Officers & Staff Contact Info	12
<i>CMHA Officers Contact Information:</i>	12
<i>CMHA Staff Contact Information:</i>	12

CMH Association and Member Activities

State & National Developments and Resources

New! Direct care worker research and advocacy from PHI

PHI, the Paraprofessional Healthcare Institute, The National Direct Care Workforce Resource Center, regularly releases PHI News, a collection of solid resources and research related to the direct care worker workforce. Below are excerpts from the most recent edition of PHI News.

New Research: High Demand Yet Low Wages for Direct Care Workers: As the COVID-19 crisis has emphasized, direct care workers are more valuable than ever, yet new research from PHI shows that they continue to struggle with low wages and other economic barriers, which threaten their economic security and job stability. “It has taken a significant health crisis for our country to begin seeing the value of our long-term care system and its workforce—but this research shows how much work is needed to address the many barriers facing direct care workers,” said Jodi M. Sturgeon, president of PHI, a national research, advocacy, and workforce interventions organization widely considered the leading expert on the direct care workforce.

'For Home Care Workers, COVID-19 Is a Health Crisis': This article investigates the economic challenges facing home care workers in the midst of an unprecedented pandemic.

The full resource set can be found [here](#).

New! CHCS webinar: Tailored Approaches for Medicaid Physical-Behavioral Health Integration in Washington State: Lessons for States

The Center for Health Care Strategies recently announced the webinar:

Tailored Approaches for Medicaid Physical-Behavioral Health Integration in Washington State: Lessons for States

Description: This webinar, made possible by the California Health Care Foundation, will explore Washington State's transition to physical-behavioral health integration, with a focus on how this approach was tailored to the strengths of different regions. Featured speakers will describe lessons and implications for stakeholders interested in advancing greater integration of care and will share emerging data on resulting outcomes. Presentations will also address the evolving role of public regional behavioral health systems, and how this financial integration fits into broader Medicaid transformation efforts to promote greater clinical integration.

Time and Date: September 22, 2020 01:00 PM (ET)

Register [here](#).

New! 3rd Annual Crisis Residential Conference – Registration Now Open



Registration for our 3rd Annual Conference taking place October 14-15, 2020 is [now open](#).

This conference brings together the best ideas in residential alternatives to psychiatric hospitalization. Boasting a spectacular line-up of nationally recognized speakers and thought

leaders, attendees will learn about innovations and best practice in the field of behavioral health crisis care.

Though this is a virtual conference, we will still have live keynote speakers, breakout sessions, networking opportunities, and plenty of interactive aspects.

[Register NOW!](#)

[Check out the Schedule](#)

State Legislative Update

New! Governor Announces Futures for Frontliners Program

Governor Gretchen Whitmer held a press conference this week to provide a state update on the COVID-19 pandemic and announce the launch of the Futures for Frontliners program.

Governor Whitmer began the press conference by announcing the launch of Futures for Frontliners, the nation's first program offering tuition-free college to an estimated 625,000 Michiganders who provided essential, frontline services during the COVID-19 Stay Home, Stay Safe orders between April and June 2020. Under this program, a tuition-free pathway is available to those without college degrees or high school diplomas who provided essential services during the pandemic in the medical field, essential workers in manufacturing, nursing homes, grocery stores, sanitation, delivery, retail and more, to gain the skills needed to obtain high-demand, high-wage careers. Governor Whitmer highlighted that Futures for Frontliners is inspired by the GI Bill, which provided college degrees to those serving their country in World War II. Governor Whitmer first announced this initiative in April. The program is a \$24 million investment funded by the Governor's Education Emergency Relief (GEER) Fund, which is a part of the federal CARES Act. The Governor has discretion over how the GEER funding is allocated but must ensure the funds are utilized to further educational goals. To be eligible for the Futures for Frontliners program, an applicant must:

- Be a Michigan resident
- Have worked in an essential industry at least part-time for 11 of the 13 weeks between April 1 – June 30, 2020
- Have been required by their job to work outside the home at least some of the time between April 1 – June 30, 2020
- Not have previously earned an associate or bachelor's degree
- Not be in default on a Federal student loan
- Complete a **Futures for Frontliners** scholarship application by 11:59 p.m., December 31, 2020

For more details on the **Futures for Frontliners** program, please click [here](#). To view the PowerPoint presentation from **Governor Whitmer's** press conference, please click [here](#).

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 170 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-173** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 173.
- **Executive Order 2020-174** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 174.
- **Executive Order 2020-175** – Safeguards to protect Michigan’s workers from COVID-19, please click [here](#) to access Executive Order 175.
- **Executive Order 2020-176** – MI Safe Start Plan, please click [here](#) to access Executive Order 176.
- **Executive Order 2020-177** – Declaration of state of emergency and state of disaster related to the COVID-19 pandemic, please click [here](#) to access Executive Order 177.
- **Executive Order 2020-178** – Temporary safety measures for food-selling establishments and pharmacies and temporary relief from requirements applicable to the renewal of licenses for the food-service industry, please click [here](#) to access Executive Order 178.
- **Executive Order 2020-179** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 179.
- **Executive Order 2020-180** – Amendment to the Safe Start order, please click [here](#) to access Executive Order 180.

Federal Update

National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members’ access to care.

To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our [CCBHC Success Center](#) – a hub for information, implementation support and advocacy on the CCBHC model.

Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders. Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.
- Explore how states can implement and tailor the CCBHC model to meet their goals for quality, scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children’s providers, and others—can partner with CCBHCs to improve clients’ access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs’ activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

Need one-on-one attention to support your unique needs and goals? Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. [Check us out today!](#) Make sure to check back often, as additional resources will be added in the weeks and months ahead.

Education Opportunities

CMHA Takes Trainings Virtual!

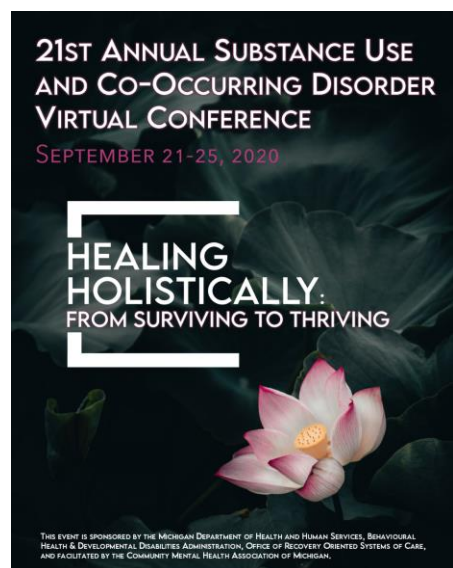


The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through January 1, 2021 – we’re moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

21st Annual Substance Use and Co-Occurring Disorder Conference – Registration Deadline Monday, 9/14/20 at Noon!



“Healing Holistically: From Surviving to Thriving”

September 21-25, 2020

Location: Virtual

Can’t make it to the full conference? No problem! We have significantly reduced the rate this year to accommodate your busy schedule. If you attend a session at the live scheduled time and participate fully, (according to the guidelines listed in the brochure) you will receive credit for each session you attend.

Conference Attendees:

Please see the attached conference brochure for more information including breakout session descriptions. **Deadline to register is September 14, 2020 at noon!**

[CLICK HERE TO REGISTER FOR THE FULL CONFERENCE](#)

Exhibitor registration is closed.

Virtual Platform Features:

- **[Click here](#)** to see a video from another conference that used this platform. Please note that we will have some different features, but this gives great representation of how interactive and user-friendly the platform will be!
- Interactive exhibitor booths, including 1:1 video networking with exhibitors.
- LIVE breakout sessions to maximize your CE potential and ability to ask questions directly to the presenters.
- More CE opportunity than ever before! See the brochure for more details.
- Networking among fellow attendees via chat.
- Automatically generated certificate at the end of the conference.
- Access to handouts and recordings of the sessions.

Michigan Celebrate Walk & Recovery



Michigan Celebrate Recovery
2020 Virtual Experience

Wondering about the Michigan Celebrate Recovery Walk & Rally that typically occurs the Saturday before the conference? The Walk & Rally is postponed this year, but that won’t stop Michigan from celebrating recovery month. September 1st is the kickoff for a month long virtual celebration of the Michigan recovery community and you won’t to miss the first video!

Follow Michigan Celebrate Recovery on our new social media accounts:

Instagram: @micelebraterecovery

Twitter: @micelerecovery

Youtube: <https://tinyurl.com/mirecovery>

Facebook: Michigan Celebrate Recovery Walk & Rally

VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- October 5, 2020 (*training full*)
- November 2, 2020 (*training full*)
- November 20, 2020 (*training full*)
- December 7, 2020 [REGISTER HERE!](#) (*13 spots left*)

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees: \$103 CMHA Members \$126 Non-Members

VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 15, 2020 (*training full*)
- November 5, 2020 [REGISTER HERE!](#) (*14 spots left*)

Agenda:

Log into Zoom: 8:45 am
Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

Recipient Rights Virtual Conference – Registration Deadline Monday, 9/14/20 at Noon!

The 27th Annual Recipient Rights Conference will be held virtually September 15-18, 2020. This year's conference will feature Lena Sisco, author of "You're Lying! Secrets from an Expert Military Interrogator to Spot the Lies and Get to the Truth." You won't want to miss 21 workshops for Appeals and RRAC members, as well as keynote addresses from Dr. Laura Hirschbein and Lena Sisco.

Continuing Education: Social Work and Recipient Rights CEs will be available.

Schedule: Tuesday September 15 – Friday, September 18, 2020

Daily Sessions: 9:00am – 10:30am; 11:00am – 12:30pm; 1:00pm – 2:30pm and 2:45pm – 4:15pm

Conference Series Offers Flexible Scheduling for Attendance!

You are *not required to attend the entire* conference.

You can attend 1 day or every day of the conference.
You can attend 1 conference session or attend 9 conference sessions.
You only receive credit for each session you log in and out of.

Registration Fee: Registration deadline Monday, September 14, 2020 at noon!
After 9/4/20: \$99 per person

Conference brochure and registration can be found [BY CLICKING HERE!](#)

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

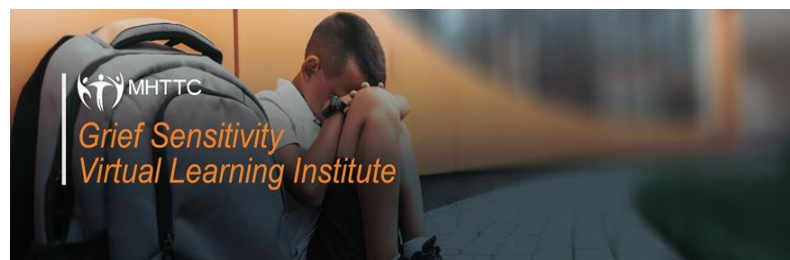
Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage.

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Grief Sensitivity Virtual Learning Institute

The MHTTC Network is pleased to invite you to our upcoming two-part virtual learning series, **Grief Sensitivity Virtual Learning Institute**. This series is geared towards providing front-line workers (Community Mental Health Practitioners, Social



Workers, Psychologists, Therapists, School Mental Health Personnel, School Counselors, Educators, etc.)

with tools and strategies that can be used when addressing the needs of individuals experiencing grief and loss during COVID-19 and beyond.

The Institute includes:

Tracked Learning- Each Institute has four sessions with three learning tracks (you are open to attend any session in any track):

Grief Sensitivity

Evidence-Based Practices for Clinicians, and
School Mental Health.

Reflective Discussion- On both days of each Institute, we'll host optional breakout discussions for participants to join, listen and learn from each other's expertise and experience.

Opening Keynote & Closing Activity-

On Day 1 of both Institutes, we open with a keynote from [Dr. Kathy Schear, founder and director of the Center for Complicated Grief](#)

On Day 2 of both Institutes, we close with a youth listening session on grief and healing

September 10 & 11th:

[Grief Sensitivity Institute Part 1: Grounding ourselves in the basics](#) (frameworks, definitions, and foundational concepts)

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

November 12 & 13th:

[Grief Sensitivity Institute Part 2: Applying concepts to practice](#)

9:00 am-2:45 pm PT • 10:00 am-3:45 pm MT 11:00 am-4:45 pm CT • 12:00-5:45 pm ET

A recording of the learning institutes will be made available in the MHTTC Products and Resource Catalog. Certificates of completion will be available. CEUs are not available for these Learning Institutes.

A flyer with more information about this event is attached. Questions? Contact NetworkOffice@MHTTCNetwork.org

News from Our Preferred Corporate Partners

Abilita: controlling increasing phone costs

Beginning July 1st, your telecommunication costs

- increased by almost 7%!
- Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been.

Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be “high cost”.

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users.

Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#).

Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

Relias: Implement Trauma-Informed Care at Your Organization

Becoming trauma-informed doesn't happen overnight. It requires integrating knowledge about trauma into your policies, practices, and procedures, as well as buy-in from your staff and leadership.

If you want to implement trauma-informed care at your organization, there are five key elements you need to know before getting started:

Organizational self-assessment: Get a baseline for where you are now so you can reassess.

Paradigm shift: Change the way you think about the people you serve, yourself, and others.

Safety: Create a safe environment across your organization, one that impacts physical, emotional, and psychological safety.

Employee wellness and self-care: Implement an employee wellness program that promotes self-care, healthy coping techniques, and trauma-informed clinical supervision.

Everyone is included: Train all employees on the trauma-informed framework, including those who don't perform clinical work, your board of directors, and your leadership team.

Download our white paper, [5 Key Elements to Trauma-Informed Care](#), to dive into more details about implementing trauma-informed care at your organization.

[Download the White Paper](#)

Looking for solutions to support a trauma-informed approach to care? Relias offers a breadth of tools to help you implement TIC for the long term. Request a demo to learn more.

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org

Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org