



WEEKLY Update

August 14, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! Leadership change at Pathways

After 28 years with Pathways, CEO Mary Swift has announced that she will be retiring at the end of April. (While much could be said of Mary’s work at Pathways and her long career in public service, her humility leads her to make this brief, selfless, to-the-point announcement.)

We wish Mary the best and applaud her many years of solid leadership at Pathways.

New! Northeast Integrated Health featured on American Black Journal

Below is an announcement, from Northeast Integrated Health, on the recent featuring of its CAPPA program on American Black Journal:

I am excited to continue sharing our story about Northeast Integrated Health and the CAPPA program. Please tune in on **Sunday, August 9 at 9:30 a.m.** to *American Black Journal with Stephen Henderson* on Detroit Public TV-WTVS --- Channel 56.

In the event you cannot watch on Sunday morning, the show will repeat on Wednesday, August 12, at 7:30 p.m. on Channel 56, and it will be posted online at www.americanblackjournal.org.

New! CCBHC, CMHA, and its members highlighted in the news

Below are excerpts from a Detroit News story on the recent announcement of Michigan as a demonstration state for the federal Certified Community Behavioral Health Center (CCBHC). (See the announcement in the August 7 CMHA Weekly Update).

Michigan picked for pilot project funding community mental health services:
Michigan has been picked to partake in a federal pilot program that funds mental health and addiction services in community health clinics — an approach that's helped to keep those needing treatment out of jails, hospitals and off the streets.

The pilot is tied to legislation enacted in 2014 from Sens. Debbie Stabenow, D-Lansing, and Roy Blunt, R-Missouri, to offer reimbursement for community-based mental health treatment.

The full story can be found [here](#).

New! Senator Stabenow, MDHHS, CMHA hold joint CCBHC press conference

Below are excerpts from a press release describing a recent conference announcing Michigan's designation as a CCBHC state.

Senator Debbie Stabenow today announced she has secured the State of Michigan's selection for a nationwide demonstration program that is transforming the way mental health services and addiction treatment are delivered across the country. Senators Stabenow and Roy Blunt (R-MO) established this initiative in their bipartisan Excellence in Mental Health and Addiction Treatment Act. Certified Community Behavioral Health Clinics in Michigan, which provide quality, comprehensive services, will now be reimbursed through Medicaid for the full cost of providing services—the same way we fund community health centers for physical health services. This will close the gap in funding between physical and behavioral health care in communities across our state.

The full press release, featuring quotes from CMHA members, allies, and staff can be found [here](#).

New! Media coverage: law enforcement & mental health partnerships as approach to law enforcement issues in the public discussion

Below are excerpts from a recent news story on how the large number and wide range of partnerships among law enforcement and mental health systems, in communities across Michigan, are a foundational component in addressing the high profile issues related to law enforcement and community relations.

Defund police or reform? What a city in Oregon can teach Michigan: Long before the term “defund the police” became a progressive slogan, a city in Oregon found ways to divert police from thousands of calls that other professionals are better equipped to handle.

This could involve anything from a delusional man bothering restaurant customers, a woman passed out on the street, or an adolescent threatening suicide. In the college town of Eugene, Oregon, as elsewhere, a substantial portion of routine police calls involve the homeless and mentally ill.

In Eugene, instead of police, such calls often bring a white van with a team of two: a nurse or EMT and a first responder trained in behavioral health. In a program started three decades ago, these teams fielded nearly 25,000 calls in Eugene and the neighboring city of Springfield in 2019. That’s almost a fifth of the Eugene Police Department’s total call volume of about 172,000 people. Related stories:

The full article can be found [here](#).

State & National Developments and Resources

New! National study of impact of loss of specialized mental health system as a result of carve-in efforts

Below is a link to recently complete study of the impact of carving-in the Medicaid behavioral healthcare benefit into a physical health managed care system – conducted by the National Council for Behavioral Health. These findings mirror what CMHA, its Center for Healthcare Integration and Innovation (CHI2), and CMHA allies found in earlier studies.

The results, as this report and others, are key to guide policy makers in that it underscores the fundamental differences in the behavioral healthcare needs and best practices from those of physical healthcare – and the harm to persons with mental health needs and the systems that serve them, by carve-in approaches.

The report can be found [here](#).

New! National Handle with Care conference announced

Handle with Care is a proven three-party partnership (schools, law enforcement, mental health) that assists children and youth, who have experienced recent trauma, in succeeding school.

The national 2020 Handle with Care Conference is going virtual this year with one 90 minute session at a time every week. Participants will be able to attend every session this year. No more having to choose from one out of six breakout sessions and wish you could have attended them all!

Check out the sessions on the website! <http://handlewithcarewv.org/2020-virtual-conference.php>

If you are a Law Enforcement Officer, Judge, Prosecutor, Attorney, Social Worker, Medical Professional, Treatment Provider, Educator, Counsellor, Victim Advocate, Court Appointed Special Advocate, Probation/Parole Officer, Corrections Officer, Public Health Official, CAC, or work in the field of prevention, this conference will enhance your knowledge and skill in working these very difficult child abuse and neglect cases from a trauma informed perspective.

All 45 sessions will be delivered most Wednesdays from August 2020 through June 2021 from 3:00pm to 4:30pm. You will be able to register for individual sessions at \$10 each. If you would like to purchase all 45 sessions for \$150, contact Jenny Lancaster - jenny@terzettocreative.com

State Legislative Update

New! State Revenue Up \$655.8M Above Projections In July

State revenues steered toward the General Fund came in \$385.7 million above projected levels in July while School Aid Fund revenues came in \$270.1 million above the drastically scaled-back projections from the May Consensus Revenue Estimating Conference (CREC).

Through July 2020, year-to-date General Fund collections are \$675 million above the May collections and the School Aid Fund is \$429.1 million above, according to [the Senate Fiscal Agency](#) (SFA).

The higher revenue totals came not only from state income taxes being due July 15, but from personal income taxes and sales taxes coming in stronger than expected, the SFA reported.

No casino tax revenue is coming in, but more people are playing the state Lottery. School Aid Fund money from the Lottery is up \$42 million, 69.4% above projections. State revenues are still projected to be down 10.3% from this point in Fiscal Year '19 the SFA reported.

Consensus Revenue Estimating Conference

Last week it was announced that there will be an August 2020 Consensus Revenue Estimating Conference (CREC) on Monday, August 24, 2020, at 3:00 p.m. As you may know, historically the CREC has been held in January and May to discuss independent economic and revenue forecasts that inform decisions made around the state budget. Due to the many fiscal and economic uncertainties we face as a result of the COVID-19 pandemic, state leaders deemed it necessary to have a third CREC this year. The purpose of this conference is to revisit the consensus revenue estimates for fiscal year (FY) 2019-20, FY 2020-21, and FY 2021-22.

Similar to the May 15 CREC, the conference will be held by teleconference and can be accessed via live stream on both Michigan Senate and House streaming channels (links below).

House Streaming: <https://www.house.mi.gov/htv.asp>

Senate Streaming: <https://misenate.viebit.com/?folder=ALL>

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 130 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-165** – Declaration of state of emergency and state of disaster related to the COVID-19 pandemic, please click [here](#) to access Executive Order 165.
- **Executive Order 2020-166** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 166.
- **Executive Order 2020-168** – Temporary safety measures for food-selling establishments and pharmacies and temporary relief from requirements applicable to the renewal of licenses for the food-service industry, please click [here](#) to access Executive Order 168.
- **Executive Order 2020-169** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 169.

Federal Update

National Council Launches CCBHC Success Center

The Certified Community Behavioral Health Center (CCBHC) movement is transforming health care with new approaches to service delivery while expanding community members' access to care.

To help organizations and states make the most of these opportunities, the National Council is excited to announce the launch of our [CCBHC Success Center](#) – a hub for information, implementation support and advocacy on the CCBHC model.

Whether you are a current or prospective CCBHC, a policymaker, association representative or just personally invested in the CCBHC model, the CCBHC Success Center is your one-stop shop for support from the National Council and our network of partners.

We offer training, educational opportunities, data, and resources for CCBHCs and other stakeholders. Visit our site to:

- Kick-start your CCBHC grant or strengthen your existing CCBHC activities.
- Connect with peer CCBHCs to share ideas, innovations, and solutions.
- Get help with becoming CCBHC-ready for the next round of expansion grants.
- Explore how states can implement and tailor the CCBHC model to meet their goals for quality, scope of services and value.
- Learn how non-CCBHCs—like primary care clinics, children's providers, and others—can partner with CCBHCs to improve clients' access to the full spectrum of care.
- See a compilation of the latest data on CCBHCs' activities, outcomes and geographic reach.
- Get engaged in advocacy to advance the CCBHC model.
- And more...

Need one-on-one attention to support your unique needs and goals? Our expert staff have worked with states and clinics since 2014 to provide implementation support, financing guidance, and Medicaid design expertise. We are here to help meet any need.

The CCBHC Success Center is open for business. [Check us out today!](#) Make sure to check back often, as additional resources will be added in the weeks and months ahead.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we’re moving to a virtual setting when possible.**

The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

New! CANCELLED! CMHA Annual VIRTUAL Summer Conference

We have made the difficult decision to cancel the CMHA Summer Virtual Conference originally scheduled for August 17-21, 2020. Multiple competing conferences and year-end workload for many of the employees and Board members of our association’s member organizations have resulted in low attendance numbers. If you have already paid for the conference, refunds will be credited to your credit card.

Additional Dates Added - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- October 5, 2020 *(training full)*
- November 2, 2020 *(training full)*
- November 20, 2020 [REGISTER HERE!](#) *(24 spots left)*
- December 7, 2020 [REGISTER HERE!](#) *(58 spots left)*

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees: \$103 CMHA Members \$126 Non-Members

Additional Dates Added - VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 15, 2020 [REGISTER HERE!](#) (21 spots left)
- November 5, 2020 [REGISTER HERE!](#) (47 spots left)

Agenda:

Log into Zoom: 8:45 am
Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

New! Registration Open: Self-Determination Conference

2 Sets of Virtual Concurrent Workshops Each Day

Keynote Sessions Tuesday, September 1:

Tuesday, September 1, 2020 from 9:30am – 12:30pm
Thursday, September 3, 2020 from 9:00am – 12:30pm
Thursday, September 10, 2020 from 9:00am – 12:30pm
Monday, September 14, 2020 from 9:00am – 12:30pm

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Who Should Attend: This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

No fee to attend this conference! Registration is still required.

Conference brochure and registration are available [BY CLICKING HERE!](#)

Recipient Rights Virtual Conference

The 27th Annual Recipient Rights Conference will be held virtually September 15-18, 2020. This year's conference will feature Lena Sisco, author of "You're Lying! Secrets from an Expert Military Interrogator to Spot the Lies and Get to the Truth." You won't want to miss 21 workshops for Appeals and RRAC members, as well as keynote addresses from Dr. Laura Hirschbein and Lena Sisco.

Continuing Education: Social Work and Recipient Rights CEs will be available.

Schedule: Tuesday September 15 – Friday, September 18, 2020

Daily Sessions: 9:00am – 10:30am; 11:00am – 12:30pm; 1:00pm – 2:30pm and 2:45pm – 4:15pm

Registration Fee:

Earlybird Price: \$89 per person through 9/4/20

After 9/4/20: \$99 per person

Conference brochure and registration can be found [BY CLICKING HERE!](#)

Virtual TNT: Teaching Motivational Interviewing

There's still time to register for the 2-Day TNT: Teaching Motivational Interviewing virtual training! This is the only set of dates offered for this training this year. Featuring presenter Randall Estes LMSW, CAADC, CCS, Member of the Motivational Interviewing Network of Trainers (MINT) with Co-Presenter Michelle Boudreaux.

Teaching Motivational Interviewing is designed for individuals who are interested in teaching/training others in the practical application of Motivational Interviewing. Individuals attending should have a good basic understanding of MI and a strong desire to teach MI. The training will cover basic and advanced MI skills interwoven with teaching methods practice. Participants will observe and demonstrate public speaking skills intended to teach MI spirit, style and skill. This training will be taught from Miller, W. R. and Rollnick, S. (2013), "Motivational Interviewing, Helping People Change" (3rd edition) and Rosengren, D. (2018) "Building Motivational Interviewing Skills: A Practitioner Workbook (Applications of Motivational Interviewing) 2nd Edition."

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to the training.

Dates

Sept. 2-3, 2020

Training

TNT: Teaching M.I.

Registration Link

CLICK HERE to register now!

Times:

9:00am-4:15pm

Training Fee:

\$125 per person. The fee includes electronic training materials and CEs for each day.

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CMHA, in partnership with the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC), CMHA, provides educational materials and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources

The Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

Abilita: controlling increasing phone costs

Beginning July 1st, your telecommunication costs

- increased by almost 7%!
- Universal Service Fund (USF) fees have increased to 26.5%, the highest it has ever been.

Abilita can help you navigate this increase and find ways to save other costs on your bill.

One of the largest and probably the most ignored line item on your telecommunications bill is something called the Universal Service Fund (USF). This is a fund established by the Telecommunications Act of 1996. The purpose is to support the funding of technology projects of schools, libraries, rural health care, etc. in areas that are determined to be “high cost”.

The funding of the USF is paid by the providers and carriers, and the calculation for the contribution is done on a quarterly basis. And, of course, this is passed on to the users.

Beginning July 1 that charge went up to 26.5% (up from 19.6% the previous quarter) and is the highest it has ever been. In addition, the FCC is considering adding additional services to the contribution base.

Your phone bill is going to increase! For more information on the USF Contribution Fee, read [this article on NoJitter.com](#).

Although the USF surcharge rate increased and will continue to be a large line item, there may be ways to lower the base line. Now may be the time to do a complete telecommunications review and audit to determine if there are ways to optimize services to lower costs and to review contracts.

We don't sell you telecom or technical services or products: we offer truly independent and objective advice. [Click here](#) to schedule a no obligation 10-minute discussion to help you determine the right course for your organization or give me a call.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

Relias: creating a trauma informed system of care

More people are experiencing trauma due to the effects of COVID-19. From being in social and physical isolation to losing their jobs (or being an essential worker), the stress and uncertainty of the unknown can strain a person's mental and physical health.

For this reason, it is crucial that every health and human service provider have a basic understanding of trauma-informed care. That's why we're excited to release our newest e-book, [Creating a Trauma-Informed System of Care: Addressing Individuals, Professionals, and Organizations](#). This e-book will share:

- What exactly is trauma and how it affects different populations
- Best practices for addressing trauma with the individuals you serve
- Best practices for addressing Trauma in your staff (both clinical and non-clinical staff)
- How to become a trauma-informed organization, including the key elements of the trauma-informed model of care

[Download the E-Book](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
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