



# **Update**

June 19, 2020

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.** 

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# **CMH Association and Member Activities**

**New!** CMHA in the news around white paper "A Tradition of Excellence and Innovation: Measuring the Performance of Michigan's Public Mental Health System"

Over the last several decades, policy makers and elected officials have debated and implemented a range of plans for redesigning Michigan's public mental health system. Unfortunately, some these system redesign proposals have been based on a lack of accurate information on the performance of that system. To provide an accurate picture of the performance of Michigan's public mental health system, the Center for Healthcare Integration and Innovation (CHI2) recently issued a white paper that examines the performance of Michigan's public mental health system against a number of stateestablished and national standards. This white paper can be found here.



This paper underscores the very high levels of performance that Michigan's public mental health system, in partnership with the Michigan Department of Health and Human Services (MDHHS), has demonstrated, over decades, on a number of dimensions of healthcare quality and innovation.

The news stories around the white paper can be found on the CMHA Newsroom webpage.

# State & National Developments and Resources

#### New! Juneteenth - history and significance

With Juneteenth being the news these days, many Americans are learning of its significance. Below is a short description of Juneteenth, provided by the National Museum of African American History and Culture, part of the Smithsonian Museum system.

On "Freedom's Eve," or the eve of January 1, 1863, the first Watch Night services took place. On that night, enslaved and free African Americans gathered in churches and private homes all across the country awaiting news that the Emancipation Proclamation had taken effect. At the stroke of midnight, prayers were answered as all enslaved people in Confederate States were declared legally free. Union soldiers, many of whom were black, marched onto plantations and across cities in the south reading small copies of the Emancipation Proclamation spreading the news of freedom in Confederate States. Only through the Thirteenth Amendment did emancipation end slavery throughout the United States.

But not everyone in Confederate territory would immediately be free. Even though the Emancipation Proclamation was made effective in 1863, it could not be implemented in places still under Confederate control. As a result, in the westernmost Confederate state of Texas, enslaved people would not be free until much later. Freedom finally came on June 19, 1865, when some 2,000 Union troops arrived in Galveston Bay, Texas. The army announced that the more than 250,000 enslaved black people in the state, were free by executive decree. This day came to be known as "Juneteenth," by the newly freed people in Texas.

More information on Juneteenth from National Museum of African American History and Culture can be found here.

#### **New!** Rural Stakeholder Webinar Invitation from the Office of National Drug Control Policy

Launch of Rural Community Toolbox Website: On Wednesday, June 24th, at 3:00 PM Eastern Time, please join the White House Office of National Drug Control Policy and Senior Administration Officials for a virtual launch of the Rural Community Toolbox website, a new resource for rural communities impacted by addiction. The Rural Community Toolbox will serve as a clearinghouse for funding and resources in over a dozen different federal agencies to help rural leaders build strong, healthy, and drug-free communities.



Webinar Registration:

Date: Wednesday, June 24, 2020 Time: 3:00 – 4:00 PM, Eastern Time

Registration: CLICK HERE

(Note that the registration link may indicate that the call-in access has reached its capacity limitations.

Weekly Update readers can still register for the webinar)

#### **Scheduled Speakers:**

- James Carroll, Director, White House Office of National Drug Control Policy
- Kellyanne Conway, Assistant to the President and Senior Counselor
- Admiral Brett Giroir, Assistant Secretary for Health, U.S. Department of Health and Human Services
- Bette Brand, Deputy Under Secretary for Rural Development, U.S. Department of Agriculture
- Betty-Ann Bryce, Rural Health Liaison, U.S. Department of Agriculture
- Gary Moore, Judge Executive of Boone County, Kentucky and First Vice President of the National Association of Counties
- A.J. Louderback, Sheriff, Jackson County, Texas

#### New! Telepharmacy provides on-site pharmacy services for mental health centers

The following are excerpts from a recent article provided by CMHA member, Genoa Healthcare, on the value of telehpharmacy.

Did you know that telepharmacy was recently passed by Michigan lawmakers? There are ways to bring integrated telepharmacy care to your center, specifically through remote dispensing sites that are customized for and dedicated to your consumers and staff.

Remote dispensing sites look and feel like a regular pharmacy but are run by an on-site certified pharmacy technician. A pharmacist oversees prescriptions and patient counseling remotely, via HIPAA-compliant audio/visual technology.

Remote dispensing sites are more accessible for small to medium-sized mental health centers, or those in rural or other underserved areas. As with traditional pharmacy models, consumers receive timely consultations and walk out of the center with their medication in-hand. They also offer:

- Customized pre-filled pill organizers
- Medication and refill synchronization
- Flexible delivery options
- Assistance with prior authorizations

All of this helps achieve medication adherence rates of over 90%.



# **State Legislative Update**

#### New! Legislature Sends COVID Supplemental to Governor - \$2 DCW Increase

This week, the Michigan House of Representatives and subsequently, the Michigan Senate unanimously passed Senate Bill 690 (H-3), which provides \$880 million in federal appropriations primarily from the federal Coronavirus Relief Fund. The measure approved is a product of two weeks of negotiations among legislative leaders and the Governor over how best to purpose federal funds that have been allocated to Michigan through recent federal stimulus legislation.

The supplemental appropriations measure includes funding support for various COVID-19 related purposes, including a \$2 / hour wage increase for direct care workers (including employer costs), first responder hazard pay, inpatient behavioral health grants, personal protection equipment grants, water utility assistance, rental assistance, small business grants and support for the Unemployment Insurance Agency, among other things.

Senate Bill 690 (H-3) now heads to the Governor's desk for signature.

Separately this week, the Michigan Senate unanimously passed Senate Bill 963, which delays until 2021 the implementation of a recently-codified deadline of July 1 for the legislature to present a budget to the Governor. In light of the many fiscal and economic uncertainties the state is facing due to the COVID-19 pandemic and another consensus revenue estimating conference now planned for late summer, the measure signals the legislature's intent to continue working on the Fiscal Year 2021 budget throughout the summer/early fall. The measure, awaits further action in the House.

Yesterday, Governor Whitmer signed Executive Order 2020-127, which extends the state of emergency declaration under the Emergency Powers of the Governor Act of 1945 and subject to pending litigation, extends the state of emergency and state of disaster under the Emergency Management Act of 1976.

EO 2020-127 rescinds Executive Order 2020-99, which was set to expire on June 19, and is effective immediately through **July 16, 2020 at 11:59 p.m.** 

Michigan has seen a steep reduction in COVID-19 cases and the Governor has indicated that she hopes to move the rest of the state to Phase 5 of the MI Safe Start Plan by July 4 (currently, only the Upper Peninsula and the region surrounding Traverse City are in phase 5 with the remainder of the state in Phase 4).

#### **New!** Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 75 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.



For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499 90705---,00.html

- Executive Order 2020-118 Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile homeowner from their home, please click <a href="here">here</a> to access Executive Order 118.
- Executive Order 2020-119 Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click <a href="here">here</a> to access Executive Order 119.
- Executive Order 2020-120 Returning overnight camps to operation, please click <u>here</u> to access Executive Order 120.
- Executive Order 2020-122 Ending the extension of case-initiation deadlines, please click <a href="here">here</a> to access Executive Order 122.
- **Executive Order 2020-123** Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click <a href="here">here</a> to access Executive Order 123.
- Executive Order 2020-124 Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click <a href="here">here</a> to access Executive Order 124.
- **Executive Order 2020-125** Clarifying WDCA Eligibility for Workplace Exposure to COVID-19, please click here to access Executive Order 125.
- Executive Order 2020-126 Temporary safety measures for food-selling establishments and pharmacies and temporary relief from requirements applicable to the renewal of licenses for the food-service industry, please click <a href="here">here</a> to access Executive Order 126.
- Executive Order 2020-127 Declaration of state of emergency and state of disaster related to the COVID-19 pandemic, please click <a href="here">here</a> to access Executive Order 127.

# **Federal Update**

#### Hill Day 2020 is Going Digital - Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.



That is why this year we are proud to partner with 25 national advocacy organizations to bring you <u>Hill</u> <u>Day at Home!</u> We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

#### How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday**, **June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

#### Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib\_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib\_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

# **Education Opportunities**

#### **CMHA Takes Trainings Virtual!**



The COVID-19 pandemic continues - but so does the need for trainings. CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we're moving to a virtual setting when possible. The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon.

Please check our website <u>by clicking here</u> to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.



#### **CMHAM Annual Spring/Summer Conference Postponed**



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

# Registration Open - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics

This training fulfills the MCBAP approved treatment ethics code education – specific.

#### Dates:

# July 13, 2020 (training full) August 17, 2020 (29 spots left)

### • October 5, 2020

November 2, 2020

#### Agenda:

Education: 8:30am – 11:30am Lunch Break: 11:30am – 1:00pm Education: 1:00pm – 4:00pm

#### **Training Fees:**

\$103 CMHA Members

\$126 Non-Members

CLICK HERE TO REGISTER FOR THE AUGUST 17, 2020 TRAINING (29 spots left)
CLICK HERE TO REGISTER FOR THE OCTOBER 5, 2020 TRAINING
CLICK HERE TO REGISTER FOR THE NOVEMBER 2, 2020 TRAINING

#### **Registration Open - VIRTUAL Pain Management and Mindfulness Trainings**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

#### Dates: Agenda:

• July 20, 2020 (10 spots left) Education: 9:00am – 11:00am



August 3, 2020 (43 spots left)

#### **Training Fees:**

\$39 CMHA Members

\$47 Non-Members

<u>CLICK HERE TO REGISTER</u> FOR THE JULY 20, 2020 TRAINING (13 spots left)

CLICK HERE TO REGISTER FOR THE AUGUST 3, 2020 TRAINING (43 spots left)

**NEW DATE: Wraparound Conference** 

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

**NEW DATE: Self-Determination Conference** 

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

#### Date & Time:

Friday, September 11, 2020 8am – 5pm Lansing, MI 48933

#### Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check **CMHA** website for more information and updates.

#### **LOCUS Specialty Trainings**

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings – Virtual Information to come soon!

- July 21, 2020 (Rescheduled from April 21) - Virtual

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM - 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors



Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0

#### Quality & Outcome Measurement with the LOCUS: 1:00 PM - 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0

#### New! Registration Now Open – Virtual Motivational Interviewing College Trainings

Registration has now re-opened for the new VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! <u>For more information and to register now, click the links below.</u>

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to each training.

<u>Dates</u>	<b>Training</b>	<b>Registration Link</b>
July 27-28, 2020	M.I. Basic	CLICK HERE
July 29, 2020	M.I. Supervisory	CLICK HERE
July 30-31, 2020	M.I. Advanced	CLICK HERE
•		
Aug. 6, 2020	M.I. Supervisory	CLICK HERE
Aug. 10-11, 2020	M.I. Basic	CLICK HERE
Aug. 13-14, 2020	M.I. Advanced	CLICK HERE
Sept. 2-3, 2020	TNT: Teaching M.I.	CLICK HERE

#### Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.



#### **Training Fees:**

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

New! Registration Now Open – Virtual Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

#### **Course Description:**

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

#### Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

#### **Dates & Registration Links**

- July 10, 2020 | CLICK HERE for more information and to register now
- July 23, 2020 | CLICK HERE for more information and to register now

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to each training.

#### **Training Fee:**

\$65 per person. The fee includes electronic training materials and CEs.



# **Education & Training Resources from Great Lakes MHTTC**



Weekly Update readers may remember that the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

#### Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its <u>Products and Resources</u> webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

#### **New!** Improving Mental Health Service Access for Farming and Rural Communities

Register

#### **Session One**

<u>Improving Mental Health Care By Understanding the Culture of Farming and Rural Communities</u>

Thursday, June 25, 2020

1:00-2:00pm, ET, 12:00-1:00pm CT, 11:00-12:00pm MT, 10:00-11:00am MT

Register

#### **Session Two**

<u>Approaching and Treating Co-Occurring Mental and Substance Use Disorders in Farming and Rural Communities</u>

Thursday, July 2, 2020

1:00–2:00pm, ET, 12:00–1:00pm CT, 11:00–12:00pm MT, 10:00–11:00am MT



Register

#### **Session Three**

<u>Providing Mental Health Telehealth Services in Farming and Rural</u> <u>Communities</u>

Thursday, July 9, 2020

1:00-2:00pm, ET, 12:00-1:00pm CT, 11:00-12:00pm MT, 10:00-11:00am MT

# **News from Our Preferred Corporate Partners**

#### Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with <a href="mailto:satisfied">satisfied</a> results according to a survey of their clients. Contact us or Abilita directly for additional information at <a href="mailto:abilita.com/cmha">abilita.com/cmha</a>

# myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. Click here to request a demo.

#### Relias: telehealth resources for working with kids

During times of crisis, the need for mental health and substance use services doesn't stop. In fact, the demand for these services increases as people (including children) begin to experience anxiety, depression, and other mental health issues as a result of the crisis.

Behavioral health organizations and substance use treatment facilities can still provide services (and keep their staff on payroll) by offering telehealth services to meet the demand now and beyond.

**Explore Our Telehealth Toolkit** 



### **CMH Association's Officers & Staff Contact Info**

#### **CMHA Officers Contact Information:**

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451

Secretary: Cathy Kellerman; <u>balcat3@live.com</u>; (231) 924-3972 Treasurer: Randy Kamps; <u>randyk@4iam.com</u>; (231)392-6670

Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

#### **CMHA Staff Contact Information:**

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
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