

# WEEKLY Update

May 22, 2020

**COVID-19 Resources:** CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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## CMH Association and Member Activities

### **New!** CMHA to open Telehealth Resource Center

Telehealth approaches – typically live (synchronous) video and audio linking of mental health practitioners within a range of disciplines to clients/persons served – provide access to quality mental health services when geography, transportation, time, and workforce shortages present barriers to access.

While the value of telehealth to ensure access to quality mental health service was made clear during the Coronavirus pandemic, many see telehealth approaches as a key component in the permanent behavioral health landscape.

With the aim of helping to make telehealth approaches, wisely and prudently applied, a central component in Michigan’s behavioral healthcare infrastructure and a part of the clinical toolbox of the state’s behavioral health workforce, the Community Mental Health Association of Michigan (CMHA) is forming the Telehealth Resource Center for Michigan Mental Health Practitioners.

This Telehealth Resource Center is designed as a telehealth resource hub providing access to education, guidance, peer practitioner connections, and technical assistance on the best practices in the use of telehealth methods. The Center is designed to support the work of those essential to the future of telehealth in Michigan: the state’s mental health clinicians, clinical supervisors, administrators, policy makers, and persons served.

The first concrete component of the Center will be a **Telehealth webpage** on the CMHA website that will contain a curated list of some of the best telehealth resources from across the country. That webpage is expected to open in the next few weeks.

## State & National Developments and Resources

### **New!** Recent news coverage on the impact of the coronavirus crisis on mental-health issues

- Michigan’s coronavirus crisis creates epidemic of mental-health issues (MLive) – article can be found [here](#).
- The Next Pandemic Crisis Is Mental Health. Coronavirus Lockdown Takes a Toll on Mental Health (Foreign Policy) – article can be found [here](#).



## **New! NIDA announces COVID-19 impact on recovery**

The National Institute on Drug Abuse (NIDA) is sharing resources to help audiences understand how the COVID-19 pandemic may affect people in recovery or with substance use disorder. These resources include:

- A short animation highlights some of the COVID-19-related challenges that may be occurring for people with substance use disorder or in recovery. <https://youtu.be/Df90-f487y0>
- A video interview with NIDA Director Dr. Nora Volkow who discusses the challenges faced by those in recovery or struggling with addiction and NIH research dedicated to understanding SUD-related health risks during the COVID-19 pandemic. <https://youtu.be/iEF6g83EOTI>

## **New! Updated Forecast of COVID-19 Impact on Medicaid, Marketplace, Uninsured**

Health Management Associates, a longtime partner of this association, recently issued an in-depth analysis of the projected growth in Michigan's and the nation's Medicaid enrollment, enrollment in marketplace/exchange insurance, and the growth in the number of those uninsured. That analysis can be found [here](#).

## **New! I'm Sick of Asking Children to Be Resilient: an opinion piece by Dr. Mona Hanna-Attisha**

It's time for reparations and resources and to not expect kids to "rise above" says Dr. Mona Hanna-Attisha in a recent New York Times editorial about the children of Flint. Dr. Hanna-Attisha is a pediatrician and professor at Michigan State University College of Human Medicine and was the first to identify the impact of Flint's water on its residents. That editorial can be found [here](#).

## **New! Health Affairs blog: A Model For Avoiding Unequal Treatment During The COVID-19 Pandemic**

COVID-19 has imposed on hospitals and health systems the threat of having to ration scarce resources. As health systems grapple with how to ensure truly fair resource allocation, Oregon's experience with health care prioritization offers lessons. That blog can be found [here](#).

## **State Legislative Update**

### **New! Governor Wins Round One in Suit with Legislature**

A Court of Claims judge ruled Gov. Gretchen Whitmer has the authority to declare states of emergency and disaster under the 1945 Emergency Powers of the Governor Act (EPGA), and the House and Senate's arguments to the contrary are "meritless."

However, Judge Cynthia Diane Stephens sided with the Republican-led Legislature in ruling that the Democratic governor "exceeded the authority of the Governor" under the 1976 Emergency Management Act (EMA) by re-declaring a state of emergency in late April without support from the Legislature because that law has a 28-day limit on how long a governor can act independently.

It's arguably a hollow victory as the judge said the Legislature has "not established any reason to invalidate any executive orders resting on EO 2020-67." "While the Governor's action of re-declaring the same emergency violated the provisions of the EMA, plaintiffs' challenges to the EPGA and the Governor's authority to issue executive orders thereunder are meritless," the judge wrote in her 25-page opinion, which dismisses the lawsuit.

On Friday, an attorney for the Legislature argued Whitmer effectively stole their power by improperly applying the EMA when she terminated and re-issued a state of emergency in the COVID-19 pandemic.

The state argued that both the EMA and EPGA are construed not to limit or abridge a governor's authority during an emergency.

"While we are disappointed by aspects of this determination, we are vindicated in our assertion that the Governor acted unlawfully in attempting to extend the states of emergency and disaster under the Emergency Management Act without legislative approval," Senate Majority Leader Mike Shirkey (R-Clarklake) said. "We are confident in our position and will appeal this ruling."

In a statement, the Governor's office said today's decision recognizes Whitmer's actions "to save lives are lawful," and she will continue to do what "she's always done: take careful, decisive actions to protect Michiganders from this unprecedented, global pandemic."

### **New! Stay Home, Stay Safe Order Updated**

Governor Gretchen Whitmer updated the Stay Home, Stay Safe order today by signing Executive Orders 2020-96 and 2020-97. Executive Order 2020-96 broadens the list of sectors of the economy and social activities now permitted by the Stay Home, Stay Safe order.

Executive Order 2020-96 updates the current Stay Home, Stay Safe order to allow retail businesses and auto dealerships by appointment only statewide, beginning on Tuesday, May 26, as part of her MI Safe Start plan. Executive Order 2020-96 also lifts the requirement that health care providers delay some nonessential medical, dental, and veterinary procedures statewide, beginning on Friday, May 29. Additionally, the order authorizes small gatherings of 10 people or less starting immediately, as long as participants practice social distancing. Executive Order 2020-96 replaces Executive Order 2020-92, which is now rescinded, along with Executive Orders 2020-17 and 2020-34, which are rescinded as well. To view Executive Order 2020-96, please click [here](#).

Executive Order 2020-97 updates a prior order, Executive Order 2020-91, on workplace safety. Executive Order 2020-97 requires reopened outpatient health-care facilities, including clinics, primary care physician offices, and dental offices to adopt strict protocols to prevent infection. The Department of Licensing and Regulatory Affairs (LARA) will issue guidance to aid those facilities in adopting appropriate safeguards. Executive Order 2020-97 replaces Executive Order 2020-91, which is now rescinded. To view Executive Order 2020-97, please click [here](#).

**FOR IMMEDIATE RELEASE**

May 21, 2020

Media Contact: [Press@Michigan.gov](mailto:Press@Michigan.gov)

**Governor Whitmer Reopens Auto Dealerships and Retail Businesses by Appointment, Authorizes Nonessential Medical, Dental and Veterinary Procedures**

*Governor's order allows gatherings of ten people or less, with social distancing*

**LANSING, Mich.** -- Today, Governor Gretchen Whitmer signed executive order 2020-96 to reopen retail businesses and auto dealerships by appointment statewide on Tuesday, May 26, as part of her MI Safe Start plan. The governor's executive order also lifts the requirement that health care providers delay some nonessential medical, dental, and veterinary procedures statewide beginning on Friday, May 29. And the order authorizes small gatherings of 10 people or less starting immediately, as long as participants practice social distancing.

"The data shows that Michigan is ready to phase in these sectors of our economy, but we must stay vigilant and ensure we're doing everything we can to protect ourselves and our families from the spread of COVID-19," said **Governor Whitmer**. "On behalf of our brave first responders on the front lines of this crisis, we must continue to all do our part by staying safer at home. We owe it to them to do what we can to stop the spread of this virus."

"As businesses continue to reopen, it's crucial that they adopt strict safety measures to protect their employees, customers, and their families," said MDHHS Chief Deputy for Health and Chief Medical Executive **Dr. Joneigh Khaldun**. "I know that as medical professionals begin offering nonessential procedures again, they will do everything in their power to protect patients and their families from COVID-19. I will continue to work with Governor Whitmer and our partners across Michigan to protect our families and lower the chance of a second wave."

"This is great news for dealerships across the state," said **Doug North**, President of North Brothers Ford. "We appreciate the governor's leadership, and we welcome the opportunity to serve our customers in a way that helps keep everyone safe from the showroom floor to the open road."

The governor also signed a separate order, Executive Order 2020-97, updating a prior rule on workplace safety. Per the amended order, reopened outpatient health-care facilities, including clinics, primary care physician offices, and dental offices, will have to adopt strict protocols to prevent infection. The Department of Licensing and Regulatory Affairs will issue guidance to aid those facilities in adopting appropriate safeguards.

As before, businesses maintaining in-person activities must adopt social distancing practices and other mitigation measures to protect workers. They must, among other things, provide COVID-19 training to workers that covers, at a minimum, workplace infection-control practices, the proper use of PPE, steps workers must take to notify the business or operation of any symptoms of COVID-19 or a suspected or confirmed diagnosis of COVID-19, and how to report unsafe working conditions.

"With today's announcement, physicians and health care providers in Michigan are ready to resume taking care of patients," said **Dr. Bobby Mukkamala**, president of the Michigan State Medical Society. "It

is time for patients to catch up on the care that has been deferred for the past two months. We encourage the citizens of Michigan to tend to their health and protect each other by following public health guidance to prevent spread of this virus."

Consistent with the governor's previous Safer at Home orders, any individual able to medically tolerate a face covering must wear a covering over his or her nose and mouth—like a homemade mask, scarf, bandana, or handkerchief—when in any enclosed public space. Michiganders who are not working as critical infrastructure workers or at a business that has been authorized to reopen should stay home to protect themselves and their families from the spread of COVID-19.

To view Executive Order 2020-96 and Executive Order 2020-97, click the links below:

- [EO 2020-96 Emerg order - MI Safe Start - re-issue.pdf](#)
- [EO 2020-97 Emerg order - Workplace safeguards - re-issue.pdf](#)

### **New! Executive Orders Signed**

Currently, Governor Gretchen Whitmer has signed over 50 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

[https://www.michigan.gov/whitmer/0,9309,7-387-90499\\_90705---,00.html](https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html)

- **Executive Order 2020-85** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 85.
- **Executive Order 2020-86** – Encouraging the use of telehealth services during the COVID-19 emergency, please click [here](#) to access Executive Order 86.
- **Executive Order 2020-87** – Temporary Extension of Deadlines for Boards of Review, County Equalization, and Tax Tribunal Jurisdiction, please click [here](#) to access Executive Order 87.
- **Executive Order 2020-88** – COVID-19 Return to School Advisory Council, please click [here](#) to access Executive Order 88.
- **Executive Order 2020-89** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 89.
- **Executive Order 2020-93** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 93.
- **Executive Order 2020-95** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 95.



- **Executive Order 2020-96** – Temporary requirement to suspend certain activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 96.
- **Executive Order 2020-97** – Safeguards to protect Michigan’s workers from COVID-19, please click [here](#) to access Executive Order 97.

## Federal Update

### Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We’re still rallying. We’re still moving ahead together. And we’re still bringing our field’s most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

#### How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you’ve come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

[https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib\\_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib\\_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80](https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80)

### ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.



As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

**Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...**

Click the link below to log in and send your message:

<https://www.votervoice.net/CMHAM/Campaigns/73480/Respond>

## Education Opportunities

### What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to [www.cmham.org](http://www.cmham.org) to see if your event /meetings taking place. The site is being updated several times a day.

### CMHAM Annual Spring/Summer Conference Postponed



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

### VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

**Dates:**

- June 22, 2020
- August 17, 2020
- October 5, 2020
- November 2, 2020

**Agenda:**

Education: 8:30am – 11:30am  
Lunch Break: 11:30am – 1:00pm  
Education: 1:00pm – 4:00pm

**Training Fees:**

\$103 CMHA Members

\$126 Non-Members

Registration will be available next week!

### **VIRTUAL Pain Management and Mindfulness Trainings**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

**Dates:**

- June 15, 2020
- August 3, 2020

**Agenda:**

Education: 9:00am – 11:00am

**Training Fees:**

\$39 CMHA Members

\$47 Non-Members

Registration will be available next week!

### **COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning**

**Course Description:**

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will

provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

### **Who Should Attend?**

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

### **Dates/Locations:**

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

*Be sure to register as soon as possible, training space is limited and will fill up quickly!*

### **Training Fee:**

\$65 per person. The fee includes training materials, continental breakfast and lunch.

## **Motivational Interviewing College regional trainings**

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

### **Dates/Locations:**

**July – Hotel Indigo, Traverse City**

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

**NEW DATES: August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon**

**Basic:** Monday & Tuesday, August 10-11, 2020

**Advanced:** Monday & Tuesday, August 10-11, 2020

**Supervisory:** Tuesday, August 11, 2020

**TNT: Teaching MI:** Wednesday & Thursday, August 12-13, 2020



**Times:**

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

**Training Fees:**

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

*Be sure to register as soon as possible, training space is limited and will fill up quickly!*

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

**NEW DATES: DBT Trainings**

**2-Day Introduction to DBT Trainings**

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

**Dates/Locations:**

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

**Who Should Attend?**

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

**Training Fee:**

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

**5-Day Comprehensive DBT Trainings **NEW DATES****

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.

- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of “Cognitive Behavioral Treatment of Borderline Personality Disorder” by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

**NEW DATE: Wraparound Conference**

**New Dates:** Monday, September 28, 2020 – Wednesday, September 30, 2020

**Location:** Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

**NEW DATE: Self-Determination Conference**

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020  
8am – 5pm

Location:

Lansing Center  
333 E. Michigan Ave.

Lansing, MI 48933

#### Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

### **Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings**

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

***This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.***

***This training fulfills the MCBAP approved treatment ethics code education – specific.***

***This training fulfills the MPA requirements for psychologists.***

Additional dates to be scheduled soon!

### **Pain Management and Mindfulness Trainings**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

***This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.***

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

### **Strengthening LOCUS Training Skills**

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS



trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

### **LOCUS Specialty Trainings**

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

**Enhancing Your LOCUS Skills:** 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

**Quality & Outcome Measurement with the LOCUS:** 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

## National Council announces new series on COVID financing strategies

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick to provide a **COVID-19 Financial Response Strategy ECHO Series**. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

**Session 1: Extending the Runway – Weekly Cash Flow Projections:** Practical guidance and case studies on assessing today's cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

**Tuesday April 21st at 1pm ET:** [Register here](#)

**Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts:** Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

**Tuesday April 28th at 1pm ET:** [Register here](#)

**Session 3: Sustaining the New Normal:** Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

**Tuesday May 5th at 1pm ET:** [Register here](#)

## Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**.

The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.



## Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

### **New!** MHTTC webinar series, **Making a Good Connection: Engaging Students and Families in School Tele-Mental Health**

The MHTTC webinar series, **Making a Good Connection: Engaging Students and Families in School Tele-Mental Health**, kicks off 12-1 p.m. CST this Friday, May 22.

This series occurs over three Fridays and is geared toward providers who are making the transition from in-person to telehealth services. Session content will focus on practical strategies and equity concerns related to engaging children, adolescents and families using distance technology. The 1-hour webinar sessions take place on Fridays at 10am PT / 11am MT / 12pm CT / 1pm ET.

Registration is required and can be done by clicking on the link for each webinar, below:

May 22: Best Practices for Student Engagement Through Tele-Mental Health

May 29: Enhancing Family-School Partnerships Through Tele-Mental Health

June 5: Strategies for Addressing Trauma, Crises and Grief Through Tele-Mental Health

Certificates of attendance will be available to viewers of 50% (30 minutes) or more of the live webinar. CEUs are not offered for these sessions. Webinar recordings and FAQs for each session will be posted on the website. Download the flyer for this series [here](#).

## News from Our Preferred Corporate Partners

### **New!** Relias announces offering: **Identifying Signs of Depression and Anxiety in People Living With Dementia**

Date: Thursday, May 28, 2020

Time: 3:00 – 4:00 p.m. ET

Register for May 28 [here](#).

### **Message from Abilita to audit telecom costs**

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications



costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with [satisfied](#) results according to a survey of their clients. Contact us or Abilita directly for additional information at [abilita.com/cmha](http://abilita.com/cmha)

### **myStrength: new digital behavioral health resources empower consumers to move beyond trauma**

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

## **CMH Association's Officers & Staff Contact Info**

### **CMHA Officers Contact Information:**

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat3@live.com](mailto:balcat3@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231)392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### **CMHA Staff Contact Information:**

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, [abolter@cmham.org](mailto:abolter@cmham.org)  
Christina Ward, Director of Education and Training, [cward@cmham.org](mailto:cward@cmham.org)  
Monique Francis, Executive Secretary/Committee Clerk, [mfrancis@cmham.org](mailto:mfrancis@cmham.org)  
Audrey Daul, Administrative Assistant, [adaul@cmham.org](mailto:adaul@cmham.org)



Anne Wilson, Training and Meeting Planner, [awilson@mham.org](mailto:awilson@mham.org)  
Chris Lincoln, Training and Meeting Planner, [clincoln@cmham.org](mailto:clincoln@cmham.org)  
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Dana Ferguson, Senior Accounting Specialist, [dferguson@cmham.org](mailto:dferguson@cmham.org)  
Robert Sheehan, CEO, [rsheehan@cmham.org](mailto:rsheehan@cmham.org)