

## Contents:

**COVID-19 Resources:** As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

**Searching for past articles in Weekly Update:** Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

<b>CMH Association and Member Activities:</b> .....	<b>3</b>
New! RWJF Delta Center features work of Oakland Community Health Network .....	3
New! Club Cadillac reaching out with activities, inspiration .....	3
New! CMHA applies for MHEF grant to accelerated development of Telehealth Resource Center.....	4
CMHA highlights its members’ “Heroic Stories: Exceptional, Selfless Service Response To COVID-19” .....	4
<b>State and National Developments and Resources:</b> .....	<b>5</b>
New! Update on work of BHDDA in response to the COVID pandemic.....	5
New! Michigan awarded federal grants to strengthen behavioral health services during COVID-19 crisis .....	6
New! Reducing the Impact of COVID-19 on Racial and Ethnic Minority Communities .....	7
New! Governor Whitmer and Headspace launch 'Stay Home, Stay Mindful' website to offer Free mental health resources during COVID-19 pandemic.....	8

# CMHA WEEKLY UPDATE

---

New! CHCS blog: Medicaid’s Role in the Next Phase of COVID-19 Response: Part I.....	8
<b>State Legislative Update: .....</b>	<b>9</b>
New! Governor Extends Stay at Home Order .....	9
New! Legislature Meet on a Rare Friday Session – Attempt to Limit Governor’s Power.....	10
Executive Orders Signed .....	11
<b>Federal Update: .....</b>	<b>13</b>
New! 2020 Hill Day At Home: Certain to be a Virtual Success.....	13
ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19 .....	14
<b>Education Opportunities:.....</b>	<b>14</b>
What’s Cancelled and What’s Taking Place????? .....	14
COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning....	15
Motivational Interviewing College regional trainings .....	15
NEW DATES: DBT Trainings.....	16
NEW DATE: Wraparound Conference.....	17
NEW DATE: Self-Determination Conference.....	17
Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings.....	18
Pain Management and Mindfulness Trainings.....	18
CAFAS and PECFAS Trainings Are Scheduled .....	18
Family PsychoEducation Trainings Are Scheduled .....	18
TREM and M-TREM Trainings .....	19
Strengthening LOCUS Training Skills .....	19
LOCUS Specialty Trainings: .....	20
New! National Council announces new series on COVID financing strategies.....	20
<b>Education &amp; Training Resources from Great Lakes MHTTC.....</b>	<b>21</b>
New! Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update...21	
New! This week’s featured resource from the Great Lakes MHTTC.....	22
Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays.....	22
COVID-19 resources from MHTTCs across the country.....	22
MHTTC’s school based mental health resources.....	23
<b>News from Our Preferred Corporate Partners: .....</b>	<b>23</b>
Relias announces telehealth catalog.....	23
Abilita provides guidance to organizations working to employ E911 approaches .....	23
myStrength: new digital behavioral health resources empower consumers to move beyond trauma .....	24
<b>CMH Association’s Officers and Staff Contact Information:.....</b>	<b>24</b>
CMHA Officers Contact Information: .....	24
CMHA Staff Contact Information:.....	24

## CMH Association and Member Activities:

### **New! RWJF Delta Center features work of Oakland Community Health Network**

WEBINAR | Using outcomes-based payment for behavioral health services: Lessons learned from Oakland Community Health Network's experience

Tuesday, May 12 at 11:00AM PT / 2:00PM ET

Join the Robert Wood Johnson Foundation's Delta Center on Tuesday, May 12 at 11am PT/2pm ET for a webinar with Anya Eliassen, Acting CRO and Chief Financial Officer of Oakland Community Health Network (OCHN), and Dr. Nicole Lawson, Deputy Executive Director and Chief Operations Officer. They will share OCHN's experience of utilizing an outcomes-based payment model for behavioral health services. OCHN serves as the public community mental health center and public Medicaid specialty health plan for Oakland County, Michigan. OCHN will also share lessons learned for community mental health centers in other states that are pursuing similar types of outcomes-based payment models. Participants will hear about the development of the VBP/outcome based system development; the mechanics behind the system; the relationship with and involvement of providers in system design; and the result of the use of a VBP/outcome-based system in their network.

CMHA is one of 13 state organizations partnering with the Delta Center to foster the adoption of value based payments by behavioral healthcare providers and payers across the country.

You can register for this webinar [here](#).

### **New! Club Cadillac reaching out with activities, inspiration**

Below are excerpts from a recent news story on the work of Club Cadillac, a clubhouse supported by and in partnership with the Northern Lakes Community Mental Health Authority.



In this Cadillac News file photo, a Club Cadillac member helps to prepare some food in the kitchen. Since March 16, Club Cadillac, like other public and private entities, has been closed due to the COVID-19 pandemic. That, however, doesn't mean Club Cadillac is turning its back on its club members, their needs or them as individuals.

Cadillac News file photo

One thing has been clear since the United States and Michigan have been dealing with COVID-19, the virus doesn't care about your needs or your daily schedule.

Since March 16, Club Cadillac, like other public and private entities, closed due to the COVID-19 pandemic. That, however, doesn't mean Club Cadillac turned its back on its club members, their needs or them as individuals.

Clubhouse International is the parent organization overseeing more than 300 clubhouses throughout the world. Clubhouses like the one in Cadillac offer people living with mental illness opportunities for friendship, employment, housing, education and access to medical and psychiatric services in an environment that is caring, safe and non-judgmental. It also is a psychosocial rehabilitation program of Northern Lakes Community Mental Health Authority.

The full story can be found [here](#).

## **New! CMHA applies for MHEF grant to accelerated development of Telehealth Resource Center**

CMHA is applying for a two-year grant, through the Michigan Health Endowment Fund (MHEF). The purpose of these grant dollars – the support of our association’s work in fostering the on-going use of telehealth practices (video and audio), greatly expanded and found very valuable during the current pandemic, to become a permanent part of the state’s behavioral healthcare landscape and clinical tool kit - is summarized below.

Summary of CMHA proposal to MHEF: While initially applied as a sound clinical response to the COVID-19 pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates. To foster this transition to permanency, the Community Mental Health Association of Michigan (CMHA) is proposing the acceleration of the development of a Telehealth Resource Center for Michigan Mental Health Practitioners – a telehealth information, guidance, and technical assistance hub currently in its very early stages of development. The Resource Center is intended to respond to the immediate and on-going need for access to education, guidance and technical assistance on the best practices in the use of telehealth methods, by two groups – first, the state’s mental health clinicians, administrators and, secondly, by the state’s policy makers - given the ability of telehealth approaches to ensure access to care when geography, transportation, time, and workforce shortages present barriers to access.

The immediate need revolves around the rapid and explosive growth, driven by COVID-19 pandemic, in the use of telehealth services in ensuring access to behavioral health services that would have otherwise been unavailable to the hundreds of thousands of Michiganders who rely upon those services.

While initially applied as a sound clinical response to the pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates.

## **CMHA highlights its members’ “Heroic Stories: Exceptional, Selfless Service Response To COVID-19”**



As Weekly Update readers, you remember, CMHA has initiated an “Accurate Picture Campaign” as one of the core elements of our association’s advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan’s public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. We will use these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's COVID-19 webpage under the heading "CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA COVID-19 webpage can be found [here](#).

## State and National Developments and Resources:

### **New! Update on work of BHDDA in response to the COVID pandemic**

The Behavioral Health and Developmental Disabilities Administration (BHDDA), within MDHHS, has been pursuing a wide range of initiatives to bolster the ability of the public mental health system to meet the mental health needs of Michiganders during the COVID-19 pandemic. Below is a summary of some of those efforts.

**Personal Protective Equipment (PPE):** MDHHS has obtained approval to have the state release, from the state cache of PPE, gloves, face shields, and surgical masks and ship them to sites as identified by the state's PIHPs. MDHHS is developing a weekly distributing process for PPE for the foreseeable future.

**State facility transition to community:** Transition It is key that CMHs, PIHPs, and providers work with state facilities to make for a smooth transfer from the state facilities to the community. MDHHS underscored that constraints on staff availability and other issues cannot

**Appendix K, SPA, and 1115 Amendment applications:** Appendix K was submitted for a period March 2020 to January 2021. The Appendix K application included requests to: allow the period contained in an initial authorization to be extended beyond typical; allow non-vocational supports to be provided in home settings; allow higher number of private duty nursing hours; expansion of settings, beyond HCBS-compliant sites, to include hotels, shelters, etc.; relax provider qualifications to reduce initial staff training requirements; level of care timeline development relaxation; request to increase pay for DCW as "premium pay" for persons providing CLS; allow for CLS supports to be provided in hospitals and nursing facilities; retainer payments to be provided, by CMHs and PIHPs, to provider organizations (using a formula to be determined. MDHHS asked for payments to be allowed if FFS revenue to a provider organization drops below 75% of historic funding levels); revise site inspection timeframe; allow providers, outside of what HCBS normally allows, to isolate clients, limit out-of-home visits, limit visitors when persons served have COVID symptoms.

Because the flexibility requested in the MDHHS Appendix K application (retainer payments, DCW/DSP wage increase, flexibility around HCBS and other rules and timetables) apply on to providers serving persons with 1915(c) eligibility and the intent of MDHHS, CMHA, CMHA members and stakeholders across the state, was to ensure that they applied to the entire system, MDHHS is in the process of preparing to submit a Medicaid State Plan Amendment (SPA) and a Section 1115 amendment.

A press release summarizing the Appendix K contents can be found [here](#).

**Making permanent changes made during pandemic:** BHDDA and the rest of MDHHS are starting to think through what, of the current changes put in place to respond to the pandemic, should be retained after the pandemic. Such changes could include the use of telehealth approaches as well as a number of relaxed requirements included in the Section 1135, Appendix K, Section 1115, and State Medicaid Plan applications.

**Coordinating crisis lines:** BHDDA will soon issue a document that links the numerous hot, warm, and crisis lines that have been established to assist Michiganders in dealing with the pandemic (as well as those lines in place prior to the pandemic) and methods for linking these lines to local crisis lines, run by the CMH system.

**CCBHC:** While CMS has not, as yet, provided formal notice to Michigan regarding its CCBHC expansion application, BHDDA is working with its counterparts from across the country as to how CCBHC was woven into a state's Medicaid behavioral health program.

**New GF dollar distribution:** The distribution formula for the new COVID-related \$5 million in federal non-Medicaid funds will be issued in the next few days.

### **New! Michigan awarded federal grants to strengthen behavioral health services during COVID-19 crisis**

Below are excerpts from a recent press release describing the receipt of federal funds, by the state of Michigan, design to support the mental health of Michiganders during the COVID pandemic.

As evidence mounts that the COVID-19 pandemic is taking an emotional toll on Michiganders, help is on the way in the form of two federal grants awarded to the Michigan Department of Health and Human Services (MDHHS) Behavioral Health and Developmental Disabilities Administration (BHDDA).

One grant was awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA), an agency within the U.S. Department of Health and Human Services. The other was awarded by the Federal Emergency Management Agency (FEMA) in partnership with SAMHSA, with funds distributed through the Michigan State Police. Together, the two grants provide nearly \$2.5 million to better address mental health needs during the COVID-19 disaster.

"We are grateful to SAMHSA and FEMA for recognizing Michigan's urgent need for expanded behavioral health services at this time," said MDHHS Director Robert Gordon. "These grants open up new pathways for trained professionals to help residents struggling with symptoms of mental illness and psychological trauma exacerbated by the COVID-19 crisis."

The SAMHSA Emergency COVID-10 grant will provide BHDDA with \$2 million to assist Michiganders living with mental health and/or substance use disorders, as well as those with less severe mental illness, including health care professionals. Funding is to be used within 16 months. To optimize the grant opportunity, MDHHS will partner with five Community Mental Health Services Programs (CMHSPs) that were identified as having the greatest need relative to the COVID-19 crisis:

- Au Sable Valley Community Mental Health Authority (serving Iosco, Ogemaw and Oscoda counties)
- Detroit Wayne Integrated Health Network
- Genesee Health System
- HealthWest (serving Muskegon County)
- Saginaw County Community Mental Health Authority

SAMHSA grant funding will allow these CMHSPs to hire and train much-needed staff, provide mental health screening, expand telehealth services and create a variety of programs to help patients manage depression, anxiety, trauma and grief related to COVID-19.

A second grant, the Immediate Services Program: Crisis Counseling Assistance and Training Program (CCP) grant, will provide BHDDA with \$372,000 to roll out a short-term emergency program with four main components:

- Crisis counseling from CCP-trained counselors accessed via the MDHHS COVID-19 hotline.
- Highly specialized outreach to the Detroit metropolitan area (the region most heavily impacted by COVID-19), offering crisis counseling to families with children, seniors, first responders, health care providers and those with racial or ethnic health disparities.
- CCP training of volunteers.
- Emotional support for low-acuity COVID-19 patients living in state-supplied isolation housing.

CCP grant funding is to be used within 60 days. However, BHDDA plans to pursue a secondary CCP grant that, if awarded, would allow Michigan to extend its CCP program an additional nine months.

### **New! Reducing the Impact of COVID-19 on Racial and Ethnic Minority Communities**

The Michigan Department of Health and Human Services' Public Health Administration and Office of Equity and Minority Health uploaded links to the 4/2/20 Town Hall: Reducing the Impact of COVID-19 on Racial and Ethnic Minority Communities. Additional resources on COVID-19 and Racial and Ethnic Minorities are included on the Office of Equity and Minority Health's website:

[www.michigan.gov/minorityhealth](http://www.michigan.gov/minorityhealth).

The Recommendations for Diverse Communities (Race and Ethnicity) resource document, with the link provided below, was created in response to the rising needs for culturally and linguistically appropriate responses to the disparate living conditions faced by racial and ethnic groups, including: lack of access to water and hand sanitizer in local community, lack of spacious housing that allows for correct isolation, disproportionate exposure to COVID-19 due to higher utilization of public transportation and higher percentages of People of Color working in essential jobs. These recommendations are grounded in cultural and linguistic competence. A cultural and linguistic competent framework allows us to 1.) attend to literacy and health literacy needs by rendering complicated concepts like cleaning vs. disinfecting into accessible plain language for the intended audience, 2.) include culturally-defined meanings of the intended audience, 3.) present materials in the language/s of the intended audience, 4.) identify and address societal cultural contexts impacting the intended audience, 5.) determine how to develop, bridge and disseminate the message with the intended communities in culturally relevant ways for a more effective reach, and more. This is only the beginning of many possibilities. We hope this document begins to provide clarity in direction and alternatives for racial and ethnic minority groups to protect themselves, family and larger community.

The Culturally and Linguistically Competent (CLC) Recommendations for Organizations/Entities resource document (with the link provided below) was created to assist organizations, leaders and personnel in thinking about adopting, creating and executing culturally and linguistically appropriate responses to COVID-19. The MDHHS' Office of Equity and Minority Health conducted a light environmental scan of CLC efforts taking place in the country in response to the COVID-19. This document includes a compilation of national, state and local efforts currently underway.

[OEMH COVID-19 Racial and Ethnic Considerations](#)

[Townhall Webinar](#) with Racial and Ethnic communities

[Townhall PowerPoint](#) – An Equity Lens: COVID-19 and Racial/Ethnic Minority Populations

[Townhall with Racial and Ethnic Communities FAQs](#)

[Townhall with Racial and Ethnic Communities Resources](#)

[COVID-19 Anti Stigma](#)

[Culturally & Linguistically Competent Recommendations for the General Public](#) – Recommendations for Diverse Communities (Race and Ethnicity)

[Culturally & Linguistically Competent Recommendations for Organizations](#)

### **New! Governor Whitmer and Headspace launch 'Stay Home, Stay Mindful' website to offer Free mental health resources during COVID-19 pandemic**

Below is an excerpt from a recent press release on Michigan's partnership with Headspace as a resource to assist Michiganders in coping with the COVID pandemic.

Governor Gretchen Whitmer announced the [Stay Home, Stay Mindful](#) website in partnership with Headspace, a global leader in mindfulness and meditation, and the Michigan Department of Health and Human Services (MDHHS) to provide a new mental health resource for Michiganders to access for free during the COVID-19 pandemic facing both the state and nation. Michiganders across the state can access a specially-curated collection of science-backed, evidence-based guided meditations, along with at-home workouts that guide people through mindful exercises, sleep and kids content to help address rising stress and anxiety. Available at [www.headspace.com/MI](http://www.headspace.com/MI) an internet connection is the only thing that is needed to access these tools to while you stay home and stay safe.

### **New! CHCS blog: Medicaid's Role in the Next Phase of COVID-19 Response: Part I**

Below are excerpts from the introduction of recent blog post by the Center for Health Care Strategies (CHCS) regarding the roles that state Medicaid programs can play in addressing the second wave of COVID-19 infections.

Across the nation, government, business, and community leaders are devising plans to re-open the economy and public spaces, while minimizing the risks associated with a second wave of COVID-19 infection. These plans necessitate a dramatic increase in targeted surveillance activities that involve: (1) widespread testing; (2) contact tracing; (3) isolation of infected individuals; and (4) supports to seniors and other high-risk populations. This reality raises important questions about how to build surveillance capacity at the scale and speed necessary to phase down current restrictions without recreating the conditions that led to the initial surge in infection and mortality. State public health and Medicaid agencies are well-poised to leverage existing partnerships and complementary skillsets to collaborate on these efforts. Historically, health surveillance activities have been the domain of federal, state, and local public health departments. While these agencies are experts in organizing crisis responses to public health emergencies, the scale of the current pandemic is extraordinary. As a result, partnerships encompassing multiple sectors are necessary to create a response at a sufficient scale and within an acceptable timeframe to allow for a safe transition from current stay-at-home orders.

In this first blog post of a two-part series exploring Medicaid's role as states move to restore public life, CHCS' senior leadership highlights Medicaid's potential to partner in necessary public health surveillance activities. It also details opportunities to sustain Medicaid-public health partnerships that can serve as a foundation for future COVID-19 recovery efforts



The full blog can be found [here](#).

## State Legislative Update:

### **New! Governor Extends Stay at Home Order**

Today, Governor Gretchen Whitmer issued Executive Order 2020-59, which replaces Executive Order 2020-42, which extends Michigan's "stay-at-home" order until May 15, 2020. EO 2020-59 has loosened some restrictions on individuals and allows certain workers to resume business activities. It also requires businesses and operations with in-person workers to have a COVID-19 preparedness plan and to provide face coverings to their in-person workers.

### **Exceptions to Allow Workers to Perform Resumed Activities**

The most substantive change in EO 2020-59 is for businesses that do not sell necessary supplies. Such businesses may resume activities to process or fulfill remote orders of goods for delivery or curbside pick-up. In other words, any business that sells goods may bring back workers to facilitate online or telephone orders for delivery or curbside pick-up.

Businesses that sell essential goods may also sell non-essential goods if they sell such goods in their ordinary course of business. This means big box stores are no longer required to rope off areas that sell carpet or flooring, furniture, garden centers and plant nurseries, or paint.

EO 2020-59 also allows the following businesses to resume in-person work (subject to enhanced social distancing requirements):

- Workers who perform bicycle maintenance or repair;
- Workers for garden stores, nurseries, lawn care, pest control, and landscaping;
- Maintenance workers and groundskeepers necessary to maintain the safety and sanitation of outdoor recreation areas that are open; and
- Workers for moving or storage operations.

### **Guidelines for Operating**

Every business performing in-person work **must** (1) develop a COVID-19 preparedness and response plan, and (2) provide non-medical grade face coverings for its workers.

A COVID-19 preparedness and response plan requires different provisions depending on whether the workplace is considered low-risk, medium-risk, or high-risk, and it should include:

- Steps to reduce worker exposure to COVID-19;
- Procedures for the identification and isolation of potentially infectious persons;
- Information to help employees self-monitor for signs and symptoms of COVID-19;

- Policies and procedures for employees to report when they are sick or experiencing COVID-19 symptoms; and
- Other steps to limit the spread of respiratory secretions.

Each business should also provide gloves, goggles, face shields, and face masks as appropriate. Business should also adopt protocols to limit the sharing of equipment, to ensure frequent cleaning of surfaces, and to limit in-person interaction to the extent possible.

## **Definition of Critical Infrastructure Workers Remains Unchanged**

The Governor has again declined to adopt the updated Guidance on the Essential Critical Workforce published by the Director of Cybersecurity and Infrastructure Security Agency (the “**CISA Guidance**”). As a result, any businesses (including construction) that were prohibited from operating in-person by the first stay-at-home order remain prohibited from operating in-person unless the business is facilitating remote orders for pick-up or delivery.

## **Exceptions for Individuals**

EO 2020-59 removes some of the previous restrictions on travel within the state. Specifically, individuals may travel between residences, including moving to a new residence or traveling to a second home, such as a vacation home or cottage. Vacation rentals remain prohibited. It also expands the number of recreational activities available to Michigan residents, including motor boating, golfing, and similar activities. Individuals must still remain at least six feet from people that are not members of their household and each person must wear a face covering (such as a homemade mask, scarf, bandana, or handkerchief) when in any enclosed public space, such as grocery stores.

To view Executive Order 2020-59, please click [here](#). A press release issued by Governor Whitmer’s office is also included below.

## **New! Legislature Meet on a Rare Friday Session – Attempt to Limit Governor’s Power**

This afternoon, the Republican-led Senate passed legislation that eliminates the 1945 law creating the governor’s emergency powers act and a second bill that reduces the number of days when a Legislature needs to extend an emergency order from 28 to 14.

SB 0857 and SB 0858 are billed as eliminating the confusion as to the Governor’s power under a state of emergency. The arguably more comprehensive 1976 emergency powers act would still exist under the bills. Republicans argue the 1945 law was crafted to address riots and acts of disobedience, but the new 1976 law addresses these instances as well. The 1976 law requires a Governor to get legislative approval to extend an emergency order. The 1945 law does not create a conflict.

The bills passed on a strict party-line vote during a rare Friday session that was lampooned by Senate Democrats as nothing more than a “political stunt” pulled in the midst of a pandemic. From a tactical standpoint, today’s session was needed so both Senate-passed bills could be considered by the House on April 30, the end of the Governor’s emergency order extension. The Constitution requires that bills need to rest five days after they are passed from one chamber before they can be considered in the second. However, Democratic legislators argued the Governor would never sign Barrett’s bills, making today’s session nothing more than political theater.

In other news, the House and Senate created a COVID-19 task force to “examine the status and efficacy of

governmental actions" in response to the COVID-19 pandemic and then issue a report on its findings to the Legislature, which can take any actions it deems necessary. The committee will have subpoena power to require any state department, board, institution or agency to produce any documents they request.

After approving House Speaker Lee **CHATFIELD**'s (R-Levering) HCR 20 on a voice vote, the Speaker named Rep. Matt **HALL** (R-Emmett Twp.) as chair on the House side. Other members include Rep. Julie **CALLEY** (R-Portland), Rep. Jack **O'MALLEY** (R-Lake Ann), Rep. Vanessa **GUERRA** (D-Saginaw) and Rep. Tyrone **CARTER** (D-Detroit).

Senate Majority Leader Mike **SHIRKEY** (R-Clarklake) named Sen. Aric **NESBITT** (R-Lawton), Sen. Kim **LaSATA** (R-Bainbridge Twp.), Sen. Wayne **SCHMIDT** (R-Traverse City), Sen. Curtis **HERTEL** (D-East Lansing) and Sen. Adam **HOLLIER** (D-Detroit) as members. Nesbitt will serve as vice chair.

### Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed 36 Executive Orders in response to COVID-19. Please find a list of active Executive Orders with the topic and a hyper link accessing the Executive Order below:

- **Executive Order 2020-14** – Extends the deadline for Michigan residents to pay back taxes and avoid foreclosure on their property, please click [here](#) to access Executive Order 14.
- **Executive Order 2020-16** – Expanding child care access during the COVID-19 emergency, please click [here](#) to access Executive Order 16.
- **Executive Order 2020-17** – Temporary restrictions on non-essential medical and dental procedures, please click [here](#) to access Executive Order 17.
- **Executive Order 2020-18** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 18.
- **Executive Order 2020-19** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 19.
- **Executive Order 2020-22** – Extension of county canvass deadlines for the March 10, 2020 Presidential Primary Election, please click [here](#) to access Executive Order 22.
- **Executive Order 2020-24** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 24.
- **Executive Order 2020-25** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 25.
- **Executive Order 2020-26** – Extension of April 2020 Michigan income tax filing deadlines, please click [here](#) to access Executive Order 26.
- **Executive Order 2020-27** – Conducting elections on May 5, 2020 using absent voter ballots, please click [here](#) to access Executive Order 27.
- **Executive Order 2020-28** – Restoring water service to occupied residences during the COVID-19 pandemic, please click [here](#) to access Executive Order 28.
- **Executive Order 2020-29** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended

## **CMHA WEEKLY UPDATE**

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COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 29.

- **Executive Order 2020-30** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 30.
- **Executive Order 2020-31** – Suspends the April 1 requirement for lower vapor pressure gasoline, please click [here](#) to access Executive Order 31.
- **Executive Order 2020-33** – Recognizes the expanded scope of economic, educational, and civic dislocation caused by the COVID-19, and equips the administration to address fully the devastation caused by virus and formally declares a state of disaster, please click [here](#) to access Executive Order 33.
- **Executive Order 2020-34** – Clarifies the temporary restrictions the Governor placed on non-essential veterinary procedures as part of Executive Order 2020-32, please click [here](#) to access Executive Order 34.
- **Executive Order 2020-35** – Provision of K-12 education during the remainder of the 2019-2020 school year, please click [here](#) to access Executive Order 35.
- **Executive Order 2020-36** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 36.
- **Executive Order 2020-37** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 37.
- **Executive Order 2020-38** – Temporary extensions of certain FOIA deadlines to facilitate COVID-19 emergency response efforts, please click [here](#) to access Executive Order 38.
- **Executive Order 2020-39** – Temporary relief from certain restrictions and requirements governing the provision of emergency medical services, please click [here](#) to access Executive Order 39.
- **Executive Order 2020-40** – Temporary relief from certain credentialing requirements for motor carriers transporting essential supplies, equipment, and persons, please click [here](#) to access Executive Order 40.
- **Executive Order 2020-41** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 41.
- **Executive Order 2020-42** – Temporary requirement to suspend activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 42.
- **Executive Order 2020-43** – Temporary restrictions on the use of places of public accommodation, please click [here](#) to access Executive Order 43.
- **Executive Order 2020-44** – Enhanced support for deliveries, please click [here](#) to access Executive Order 44.
- **Executive Order 2020-45** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 45.

## CMHA WEEKLY UPDATE

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- **Executive Order 2020-46** – Mitigating the economic harms of the COVID-19 pandemic through the creation of a spirits buyback program for restaurants and bars throughout the state, please click [here](#) to access Executive Order 46.
- **Executive Order 2020-47** – Temporary extension of the validity of certain driver’s licenses, state identification cards, and vehicle registrations, please click [here](#) to access Executive Order 47.
- **Executive Order 2020-48** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 48.
- **Executive Order 2020-49** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 49.
- **Executive Order 2020-50** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 50.
- **Executive Order 2020-51** – Expanding child care access during the COVID-19 pandemic and rescission of Executive Order 2020-16, please click [here](#) to access Executive Order 51.
- **Executive Order 2020-52** – Temporary extension of certain pesticide applicator certificates, please click [here](#) to access Executive Order 2020-52.
- **Executive Order 2020-53** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 53.
- **Executive Order 2020-54** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 54.
- **Executive Order 2020-55** – Michigan Coronavirus Task Force on Racial Disparities, please click [here](#) to access Executive Order 55.
- **Executive Order 2020-56** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 56.
- **Executive Order 2020-57** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 57.
- **Executive Order 2020-58** – Temporary suspension of certain timing requirements relating to the commencement of civil and probate actions and proceedings, please click [here](#) to access Executive Order 58.
- **Executive Order 2020-59** – Replaces **Executive Order 2020-42**, and now becomes the active Stay Home, Stay Safe order. **Executive Order 2020-59** is active until May 15, and **Executive Order 2020-42** is now rescinded. To view **Executive Order 2020-59**, please click [here](#).

### Federal Update:

#### **New! 2020 Hill Day At Home: Certain to be a Virtual Success**

The COVID-19 pandemic has changed how we work, but we must not let it interrupt our work advocating for individuals living with mental illness and addiction.

**This is why, for the first time ever, the National Council for Behavioral Health is taking our annual Hill Day virtual.**

We are naming this year's event "**Hill Day At Home**" and it will proceed as scheduled by kicking off on Tuesday, June 23. On the first day, the attendees will log on to an online event portal for the 2020 Virtual Policy Institute. This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions, and all the great content you've come to expect from Hill Day. We are still formulating the agenda so please send your ideas!

On June 24, the second day of Hill Day at Home, attendees will be encouraged to participate in a series of digital advocacy events.

While we are still in the process of finalizing some details ***we fully expect this to be the largest Hill Day ever.*** We will be reaching out soon with more information on State Captains' role in this virtual event. While we may not have coordinated meetings with legislators this year, we're relying on State Captains to lead and engage others in our virtual advocacy efforts.

## **ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19**

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

**Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...**

Click the link below to log in and send your message:

<https://www.voterve.net/CMHAM/Campaigns/73480/Respond>

## **Education Opportunities:**

### **What's Cancelled and What's Taking Place?????**

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to [www.cmham.org](http://www.cmham.org) to see if your event /meetings taking place. The site is being updated several times a day.

## COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

### **Course Description:**

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

### **Who Should Attend?**

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

### **Dates/Locations:**

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

*Be sure to register as soon as possible, training space is limited and will fill up quickly!*

### **Training Fee:**

\$65 per person. The fee includes training materials, continental breakfast and lunch.

## Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

**Dates/Locations:**

**July – Hotel Indigo, Traverse City**

**Basic:** [Monday & Tuesday, July 20-21, 2020](#)

**Advanced:** [Monday & Tuesday, July 20-21, 2020](#)

**Supervisory:** [Tuesday, July 21, 2020](#)

**NEW DATES: August – DoubleTree Detroit – Dearborn** - Save the Date! Registration will re-open soon

**Basic:** Monday & Tuesday, August 10-11, 2020

**Advanced:** Monday & Tuesday, August 10-11, 2020

**Supervisory:** Tuesday, August 11, 2020

**TNT: Teaching MI:** Wednesday & Thursday, August 12-13, 2020

**Times:**

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

**Training Fees:**

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

*Be sure to register as soon as possible, training space is limited and will fill up quickly!*

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

**NEW DATES: DBT Trainings**

**2-Day Introduction to DBT Trainings**

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

**Dates/Locations:**

- July 7-8, 2020 – Hilton Garden Inn Lansing West | Save the Date! Registration will re-open soon
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | Save the Date! Registration will re-open soon

**Who Should Attend?**

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

**Training Fee:**

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.



## 5-Day Comprehensive DBT Trainings **NEW DATES**

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

### Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

### Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

### Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

## **NEW DATE: Wraparound Conference**

**New Dates:** Monday, September 28, 2020 – Wednesday, September 30, 2020

**Location:** Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

## **NEW DATE: Self-Determination Conference**

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

### Date & Time:

Friday, September 11, 2020

### Location:

Lansing Center

# CMHA WEEKLY UPDATE

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8am – 5pm  
Lansing, MI 48933

333 E. Michigan Ave.

## Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

## **Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings**

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

***This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.***

***This training fulfills the MCBAP approved treatment ethics code education – specific.***

***This training fulfills the MPA requirements for psychologists.***

Additional dates to be scheduled soon!

## **Pain Management and Mindfulness Trainings**

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

***This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.***

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

## **CAFAS and PECFAS Trainings Are Scheduled**

Several CAFAS and PECFAS Trainings and Booster Trainings are scheduled for FY2020. Please visit [www.cmham.org](http://www.cmham.org) website for the calendar and search for the trainings or email [awilson@cmham.org](mailto:awilson@cmham.org) to be notified when trainings become finalized.

## **Family PsychoEducation Trainings Are Scheduled**

Family PsychoEducation Facilitator Training, Family PsychoEducation Advanced Facilitator Training and FPE Learning Communities (for previous FPE Participants) are scheduled for FY2020. Please visit [www.cmham.org](http://www.cmham.org) website for the calendar and search for the trainings or email [awilson@cmham.org](mailto:awilson@cmham.org) for more information.

## TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

### LOCATION, DATES AND AGENDA

- Holiday Inn Airport - Grand Rapids - April 28-30, 2020 **CANCELLED**
- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020

Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email [awilson@cmham.org](mailto:awilson@cmham.org) for information. No continuing education credits available.

## Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

## **LOCUS Specialty Trainings:**

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

### **Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM**

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

### **Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM**

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without it's challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

## **New! National Council announces new series on COVID financing strategies**

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick to provide a COVID-19 Financial Response Strategy ECHO Series. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

Session 1: Extending the Runway – Weekly Cash Flow Projections: Practical guidance and case studies on assessing today's cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

Tuesday April 21st at 1pm ET: [Register here](#)

Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts: Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

Tuesday April 28th at 1pm ET: [Register here](#)

Session 3: Sustaining the New Normal: Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

Tuesday May 5th at 1pm ET: [Register here](#)

## Education & Training Resources from Great Lakes MHTTC

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

### **New! Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update**

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its Products and Resources webpage, which can be accessed [here](#).

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

**The first product to be provided on this webpage will be “Social Emotional Learning at Home” resource, which is featured below.**

As part of this effort, the CMHA Weekly Update will feature a MHTTC resource each week – drawn from the MHTTC catalog of toolkits, recorded webinars, presentation slides, e-newsletters, and other materials.

## **New! This week's featured resource from the Great Lakes MHTTC**

We know this is a challenging time for students, families, and educators. The fear and concern felt by us all is valid and real. While our world is changing and we are learning to adjust, we have the opportunity to use and grow our emotional intelligence to keep us grounded and clear minded – and help our students do the same.

According to the Collaborative for Academic, Social, and Emotional Learning (2003), the goal of a social emotional learning (SEL) program is to foster the development of five emotional and behavioral competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.



We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. We have compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey.

**Social Emotional Learning at Home: Remote Learning Options** – available [here](#).

## **Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays**

9:00am – Every Tuesday | Timezone: US/Mountain  
Hosted By: Mountain Plains MHTTC

This hour-long online series will support behavioral health providers who are new to using telehealth. During each hour-long session, our Technology Transfer Center (TTC) Network specialists will spend the first 20 minutes addressing a specific topic, then answer questions submitted by TLC Tuesday registrants. Recordings of the 20-minute presentations as well as additional resources will be posted on the web as they become available.

Every session will run from 9:00 am – 10:00 am (MT). Registration is required for every TLC Tuesday session. During registration, you will be prompted to submit any questions you have in advance of the session.

Register for this series [here](#).

## **COVID-19 resources from MHTTCs across the country**

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office at Stanford University has compiled a list of resources related to the COVID-19 pandemic that are being produced by all of the MHTTCs across the country. You can find those resources [here](#).

In addition, a set of resources were recently developed in partnership with the National Center for School Mental Health at the University of Maryland, Supporting Student Mental Health: Resources to Prepare Educators. This school mental health resource:

- Describes the role of educators in supporting student mental health.
- Explains the core components of mental health literacy.
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy, including information about cost and CEU opportunities.

This resource is now available on the MHTTC website in the Products and Resources Catalog [here](#).

### MHTTC's school based mental health resources

MHTTC continually updates its curated list of sound school-based mental health resources. Below are the two most recent sets of such resources:

**New Resource on the Great Lakes MHTTC Website** - Social Emotional Learning at Home: Remote Learning Options: We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. The Great Lakes MHTTC School-based Supplement has compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey. Available [here](#).

**New Resource Page on the Great Lakes MHTTC Website – focused on COVID-19 school-based mental health resources:** Available [here](#).

## News from Our Preferred Corporate Partners:

### Relias announces telehealth catalog

Relias, a longtime partner of CMHA, recently developed a tele-mental health topic page. The page includes our free telehealth course series, tele-mental health webinars, related blogs, and additional resources. We're still finalizing our upcoming telehealth webinar with innovaTel but can share details soon, if you'd like. That page can be found [here](#).

### Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out [www.abilita.com/michigan-e911](http://www.abilita.com/michigan-e911) to learn more about what you need to do to prepare!

## myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

## CMH Association's Officers and Staff Contact Information:

### CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Second Vice President: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Secretary: Cathy Kellerman; [balcat3@live.com](mailto:balcat3@live.com); (231) 924-3972  
Treasurer: Randy Kamps; [randyk@4iam.com](mailto:randyk@4iam.com); (231)392-6670  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:



## **CMHA WEEKLY UPDATE**

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Alan Bolter, Associate Director, [abolter@cmham.org](mailto:abolter@cmham.org)  
Christina Ward, Director of Education and Training, [cward@cmham.org](mailto:cward@cmham.org)  
Monique Francis, Executive Secretary/Committee Clerk, [mfrancis@cmham.org](mailto:mfrancis@cmham.org)  
Audrey Daul, Administrative Assistant, [adaul@cmham.org](mailto:adaul@cmham.org)  
Anne Wilson, Training and Meeting Planner, [awilson@mham.org](mailto:awilson@mham.org)  
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