



Community Mental Health Association of Michigan

ANNUAL WINTER CONFERENCE

February 4 & 5, 2020

Pre-Conference Institute | February 3, 2020 | 1-4pm

Radisson Plaza Hotel
Kalamazoo, Michigan

“CHARTING THE COURSE TOGETHER”



PRE-CONFERENCE INSTITUTE

Monday, February 3, 2020 | 1:00pm – 4:00pm

Building Collaboration Between Psychology and Law Enforcement on Violence Indicator Recognition

Monday, February 3, 2020

12:30pm Registration

1:00pm – 4:00pm Training

This presentation will use a documentary of a police ambush to discuss the psychological factors and behavioral indicators exhibited by the perpetrators of the crime. Warning signs and indicators of individuals on a pathway toward violence will be presented from the viewpoints of law enforcement and mental health. Participants will be able to: 1. Understand the pathway to violence; 2. Understand human development and its impact on personality; and 3. Identify indicators of the potential for violence.

About the Presenters:

Terri Glisson, JD, LPC, Program and Management Analyst, Office of Partner Engagement Federal Bureau of Investigation

Terri L. Glisson, JD, LPC, joined the FBI in 2009 after completing law school at Cleveland Marshall College of Law in Cleveland, OH. Prior to her present position with the Office of Partner Engagement, Terri worked for the Critical Incident Response Group and the Counterterrorism Division. Currently based at FBI Headquarters in Washington, D.C., she previously served in field offices in Jackson, MS and Detroit, MI. Prior to the FBI, Terri worked in education and mental health. Her particular area of clinical expertise is child and adolescent development and trauma. Past career experiences include Director, Adolescent Unit-Charter Psychiatric Hospital, St. Simons Island, GA; Clinical Director, Golden Isles Children's Advocacy Center, Brunswick, GA; and Clinician with the Georgia Department for Juvenile Justice, Dalton, GA.

John Blue, MPA, MA, EDLE, Senior Deputy Police Chief Portage Department of Public Safety

Senior Deputy Chief John Blue has been in law enforcement for over 32 years. He has extensive experience in all operational and administrative areas of law enforcement. These areas include: Patrol, SWAT Operator/Supervisor, Instructor, Community Policing Officer, Training Division Supervisor, Accreditation Manager and State Accreditation Assessor, Detective Bureau Supervisor, Patrol Sergeant, Operations Lieutenant and Senior Deputy Chief of Operations. In 2018-2019, John completed a 6-month Executive Fellowship with the FBI (Washington) and was assigned to the Active Shooter Initiative/Task Force. John has presented and instructed throughout the U.S. and at the FBI National Academy on topics including: Officer Response Tactics, Assailant Predication, Behavioral and Mental Health Response, and Threat Assessment.

Pre-Conference Institute Registration Fee:

\$60 CMHA Members

\$72 Non-Members

Registration fee includes training materials and refreshments.

Registration Opens on Monday, December 30, 2019!

KEYNOTE SESSIONS



National Perspective: Landscape and Opportunities for Community Mental Health

Melissa Bailey, MA, Senior Fellow, Center for Health Care Strategies, Inc.

Melissa Bailey, MA, is the former Commissioner of the VT Department of Mental Health, having previously served as the Deputy Commissioner, and has worked in a variety of roles at the department and for the VT Agency of Human Services. She has led integration, service delivery and payment reform work and the development of new programs with a focus on quality improvement and positive outcomes for people seeking and engaging in services. Ms. Bailey has also worked for Vermont's community mental health centers' network development and trade association organization as the quality director, as the clinical director of a large state-wide private mental health practice, and as a school-based clinician for a community mental health center. Ms. Bailey earned a master's degree in mental health counseling from Northern Vermont University and is a licensed clinical mental health counselor in Pennsylvania. She is currently a Senior Fellow at the Center for Health Care Strategies (CHCS). In this role, she primarily provides technical assistance and strategic consultation on a variety of topics including child and adult mental health, trauma, adolescent substance use, and integrating care for complex populations. Her focus has always included the voice of individuals, family and youth in the system of care and implementing health promotion and prevention strategies which includes early intervention and high-end treatment of complex populations, addressing toxic stress and the impacts of social determinants of health.



Real Men Do Cry: A Guide to Mental Fitness

Eric Hipple, Mental Health Outreach Specialist, NFL Alumnus, Detroit Lions

We are all too familiar with the stresses in life and the damage it can do to the biology and the psyche of a person. Resilience, solution-oriented thinking, positive attitude and decision-making with a strong dose of purpose is the foundation for mental fitness. That doesn't mean that things won't go wrong, they often do in life, but just surviving is not enough, it is also about thriving. Mental health is a continuum; by definition it is a sense of wellbeing where one can reach their full potential and be productive, be part of his or her community, have healthy relationships and handle the normal stresses of life. Mental fitness is a key component in managing our mental health. It gives us the ability to care for ourselves and make sure we're physically and emotionally able to do so.



The Importance of Helping Individuals Achieve their Personal Goals – Resources and Tools

Debra A. Pinals, MD, Medical Director, Behavioral Health and Forensic Programs, Michigan Department of Health and Human Services

Helping clients achieve their personal goals using person-centered planning and support in the least restrictive environments are important aspects of CMH services. The importance of people being served in the right place and right time for their needs is a priority. As such, policies like Careflow help the State of Michigan link state hospital services with community mental health to better support clients together. At the same time, the legal regulations of mental health practice require providers to have an awareness of the latest aspects of the mental health code. This talk will review updates on behavioral health, the importance of Careflow as well as the roles of voluntary services and the roles and parameters of assisted outpatient treatments to better support clients with mental health and other challenges.



Behavioral Health Transformation Update and Breakout Discussions

Sarah Esty, Senior Deputy Director, Policy and Planning Administration, Michigan Department of Health and Human Services

In December, MDHHS announced plans to transform Michigan's behavioral health system. The state is proposing a move towards a dedicated statewide crisis and safety net system through the CMHs, with multiple Specialty Integrated Plans to provide comprehensive physical and behavioral health care to individuals with Medicaid – including a statewide public-led plan. MDHHS will provide a brief update about the proposal plans and stakeholder engagement process, then break out into smaller group discussions to receive targeted feedback from attendees.

EDUCATIONAL SESSIONS

- Advocacy 101 – How to be a Successful Advocate
- Children’s Special Health Care Services and Mental Health: Working Together to Serve Children and Families with Complex Medical Needs
- Supported Decision Making in Michigan
- “Conflict-Free” Services: Why the Big Push for This in Michigan and Nationally
- Followership: Because Worthy Leaders are Great Followers
- Michigan Healthy Transitions Project: Improving Services for Transition Age Youth and Young Adults
- Michigan’s Infant and Early Childhood Consultation
- Treatment Planning with ASAM Levels of Care in a Treatment Setting
- The Time is Now: A Comprehensive Approach to Address High Utilization of Emergency Services and Hospitalization
- Elder Abuse and Financial Exploitation
- Increasing and Improving Multi-Cultural Competence Among Behavioral Healthcare Professionals and Key Decision Makers
- Whatchu Talmbout, Willis?: Communication Barriers Between Providers and African American Consumers in Urban Communities"
- Teaching Older Adults Self-Management Approaches to Manage Chronic Pain or Chronic Conditions
- Proven Recovery Solutions for Those with Cognitive Challenges
- Understanding Moral Injury
- Breaking the Stigma of Addiction
- Developing Michigan’s First Recovery High School
- MAT in Michigan’s Prisons: Assisting Incarcerated Individuals in their Recovery
- Strength-Based, Recovery-Oriented Plans
- Crisis Intervention Teams: The Importance and Benefits of Community Collaboration
- Implementing Integrated Population Health Management through an Integrated Health Dashboard
- Subpoenas and Release of Confidential Information
- Can You Tell Anyone? Provider Reporting Obligations Under the Child Protection Law, Mental Health Code, and Social Welfare Act
- Boardworks 2.0: Current and Future Funding for CMHSPs and PIHPs (Previously Budgets)
- Boardworks 2.0: Foundations – Ensuring a Consumer Focus
- Boardworks 2.0: Foundations – Intended Beneficiary Command
- Boardworks 2.0: Leadership – Legal

HOTEL DETAILS & RESERVATIONS

HOTEL RESERVATIONS FOR ALL ATTENDEES:

On Monday, December 23, hotel reservations will be open for ALL attendees to make as many room reservations as they would like.

HOTEL DETAILS:

Radisson Plaza Hotel & Suites, 100 W. Michigan Ave., Kalamazoo, MI 49007

2020 Room Rates: \$133 plus taxes (Single/Double)

When making your reservations, you will be charged one-night NON-REFUNDABLE deposit.

There will be NO PHONE reservations.

Cancellation Deadline: Guests have until 24 hours prior to arrival to cancel without penalty. If a reservation is canceled prior to the 24 hours the one-night non-refundable charge will still apply but there will not be any additional charges. If a guest cancels within 24 hours prior to arrival, in addition to the one-night non-refundable charge, a one-night stay fee will apply.

Parking: Discounted rate for self-parking of \$5 per night/car for *overnight hotel guests*. Parking for *non-hotel guests* will be discounted at \$10.00 per day/car.

Hotel Check In: 4:00pm **Hotel Check Out:** 12:00pm

TO MAKE YOUR RESERVATIONS:

Visit: www.radissonkz.com

Check in & check out dates: enter conference dates only

Occupancy: enter number of rooms and adults

Special Rates: Scroll down and select **Promotional Code**

Enter: **Code with be available on Monday, December 23, 2019**

Click the Red Button "Check Availability"

Make your selection and Complete your Reservation

Deadline for Reduced Rate: January 12, 2020

CONFERENCE REGISTRATION FEES

REGISTRATION FEE (per person)

Full conference registration fee provides you with a program packet, admission to all keynote sessions, all workshops, 2 breakfasts, 2 lunches and all breaks.

	Member Early Bird	Member After 1/17/20	Non-Member Early Bird	Non-Member After 1/17/20
Full Conference	\$417	\$457	\$499	\$548
One Day	\$322	\$362	\$386	\$434

SCHOLARSHIPS AVAILABLE

*A limited number of scholarships are available to individuals who receive services and their families. Scholarships will cover conference registration fees only. Consumers who serve as CMH board members are not eligible. Deadline to request scholarship: **JANUARY 17, 2020.** To request a scholarship form, contact Chris Ward at cward@cmham.org or 517-374-6848.*

EARLY BIRD DEADLINE: JANUARY 17, 2020

- **Payment will be required prior to attendance.**
- Payment methods available in advance and onsite: credit card, check or exact cash.
- If payment has not been received, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by CMHAM.
- **Purchase Orders are not considered payment.**
- All No Shows will be billed the full amount.

Check: Make payable to CMHA and mail to 426 S. Walnut Street, Lansing, MI 48933

Cancellation Policy: Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least **10 business days** prior to the conference for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given.

Evaluation: There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation of the conference or you may contact CMHA at 517-374-6848 or through our website at www.cmham.org for resolution.

Severe Weather Policy: Trainings will take place as scheduled and we will not be able to refund training fees. In the event of severe weather, please check the www.cmham.org website for scheduling delays and event updates.

QUESTIONS? Call CMHA at 517-374-6848

Conference Registration Opens:
Monday, December 30, 2019!

Visit www.cmham.org for the latest conference information.