



MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## OCTOBER 2019 SCHOOL-BASED MENTAL HEALTH NEWSLETTER

University of Wisconsin-  
Madison

Center for Health Enhancement  
Systems Studies

Mechanical Engineering  
Building, 1513 University Ave

Madison, WI 53706

United States

Contact Sarah Parker McMinn,  
MSW, LCSW the school-based  
mental health project manager

608-890-1364 –  
sarah.mcminn@wisc.edu

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Visit the [CMHA website](#) to learn more  
about CMHA and its wide range of  
education and advocacy resources

### YOUR MICHIGAN NODE PARTNERSHIP

Community Mental Health Association of Michigan is the state association representing the state's public Community Mental Health (CMH) centers, the public Prepaid Inpatient Health Plans (PIHP) public health plans formed and governed by the CMH centers, and the providers within the CMH and PIHP provider networks.

**CMHA was named the Michigan partner for the Substance Abuse and Mental Health Services Administration (SAMHSA) Great Lakes Mental Health Technology Transfer Center (MHTTC).** This collaborative partnership between CMHA and MHTTC ensures that our members, partners, and persons served have access to on-line resources, webinars, and face-to-face opportunities that address evidence-based practices for mental health disorders.

### GETTING TO KNOW MHTTC

The Mental Health Technology Transfer Center Network is funded by the Substance Abuse and Mental Health Services Administration, designed to spread knowledge and resources from years of research regarding evidence-based practices that help support mental health efforts in an effective way. MHTTC's purpose, in partnership with CMHA, is to effectively disseminate education, training, and technical assistance resources to foster the use of evidence-based practices across the mental health field by creating a collaborative network of supports and allies. Download the introductory webinar [HERE](#).

### SAMHSA

SAMHSA is the federally funded agency within the Department of Health and Human Services that leads public health efforts to reduce the impact of substance abuse and mental illness on America's communities. In order to provide the support and resources to promote effective treatment and prevention efforts, SAMHSA has funded the Mental Health Technology Transfer Center (MHTTC).

## **Promoting Positive Mental Health in Rural Schools**

The Substance Abuse and Mental Health Services Administration (SAMHSA) and the Centers for Medicare and Medicaid Services (CMS) created this guide to address the unique needs of school practitioners serving individuals with mental health needs in rural and remote communities. The guide helps recognize that schools and families often need specific training and technical assistance in rural schools that they are not receiving. View this information guide that promotes positive mental health in rural schools [here](#)

## **Blueprints for Healthy Youth Development**

Utilize the Blueprints registry of interventions with the strongest scientific support that produce improvement in communities and lives of youth. These evidence-informed programs are rated from Promising, Model, or Model Plus, to identify the evidence of effectiveness. To search Blueprints programs visit their registry [here](#)

## **UPCOMING MHTTC EVENTS:**

**October 11:** Culturally Responsive Mental Health Summit, 8:00am – Minneapolis, MN [Register](#)

**October 15:** Question, Persuade, Refer Suicide Prevention Training, 6:00pm US/Central – Minneapolis, MN [Register](#)

**October 16:** Engaging Families in School Mental Health, 2:00-pm [Register](#)

**November 6:** Youth Peer Support Webinar Series: Recruitment and Hiring for Youth Peer Support Specialists, 10:00am US/Pacific [Register](#)

Don't forget you can also access the Community Mental Health Association of Michigan's educational training opportunities, conferences, and events available [here](#)

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*"Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support."*

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MAKE SURE TO FOLLOW THE GREAT LAKES MENTAL HEALTH TECHNOLOGY TRANSFER CENTER ON SOCIAL MEDIA TO STAY UP TO DATE ON IMPORTANT INFORMATION!

