Community Mental Health Association of Michigan (CMHAM) is a trade association representing the 46 community mental health boards, 10 Prepaid Inpatient Health Plans, and more than 90 provider organizations that deliver services to adults with mental illness, children and adolescents with emotional disturbances, persons with intellectual/developmentally disabilities, and those with substance use disorders in every community across the state.

How we are Funded

- **$2.319 billion** Medicaid Mental Health
- **$299 million** Healthy Michigan
- **$175 million** Substance Use Disorder
- **$192 million** Autism
- **$125 million** General Fund

10 Prepaid Inpatient Health Plans

- Oversight & Compliance (Federal & State)
- Admin
- Utilization Management

46 Community Mental Health Centers and their provider network covering all 83 counties:

- Service Provision
- Coordinate Local Service Network
- Ensure Compliance (Federal & State)

Who We Serve

Michigan’s Public Mental Health System Serves 4 Main populations:

- Children with Serious Emotional Disturbances (examples: Obsessive–Compulsive Disorder (OCD) or Attention Deficit Hyperactivity Disorder (ADHD))
- People with Substance Use Disorders
- People with Developmental/Intellectual Disabilities
- Adults with Mental Illness.

Michigan is the ONLY state that serves all 4 populations in a managed care setting.

Mental Health Spectrum

- % of Population:
  - Serious & Complex mental health needs
  - Moderate mental health needs
  - Mild/Moderate mental health needs
  - State GF population
  - Commercial Insurance & HMO
  - Not in need of services
  - CMH Medicaid benefit
  - Medicaid benefit

How the MONEY is spent:

- **49%** Adults with Mental Illness
- **36%** People with Intellectual/Developmental Disabilities
- **9%** Children with Serious Emotional Disturbance
- **6%** People with Substance Use Disorder

70,000 people served

155,000 people served

156,000 people served

(Well-Being Institute, University of Cambridge, 2011)
Since 1997, Michigan has remained the only state in the nation that provides publicly managed care for all four major populations; adults with mental illness, children and adolescents with emotional disturbances, persons with intellectual / developmental disabilities, and those with substance use disorders [saving the state more than $1 billion!]

24 hours a day / 7 days a week, mental health professionals provide services for people with mental illness, intellectual / developmental disabilities, and substance use disorders regardless of ability to pay. As outlined in Michigan’s Mental Health Code, Public Act 258 of 1974, Michigan’s public mental health system serves as the local public safety net for the state’s most vulnerable citizens.

91 percent of the CMH budget is from Medicaid and Healthy Mi plan. State General dollars that serve people without insurance makes up only 4% of the total budget.

Michigan’s public community mental health system is a $3 billion industry in our state employing more than 50,000 people.

Substance Use Disorders
Opioid deaths in Michigan are increasing. From 1999 to 2016, the total number of overdose deaths involving any type of opioid increased more than 17 times in Michigan, from 99 to 1,689.3 Over six people in Michigan die every day from opioid-related causes.

Every person can make a difference. Some things you can start doing today:
• Store medications safely.
• Don’t share prescription medications.
• Learn to recognize the signs and symptoms of opioid abuse.
• Keep talking about the opioid epidemic and help break the stigma.

Healthy Michigan Plan provides dedicated and reliable funding for persons with substance use disorders and who have co-occurring mild to moderate mental disorders.

Prior to HMP (Medicaid Expansion), some regions had up to six month waiting lists for Medication Assisted Treatment (MAT) or withdrawal management/residential treatment. Oftentimes these are the most important services for people with opiate use disorders to begin the road to recovery.

Over 70,000 people receive Substance Use Disorder treatment and recovery services through Michigan’s public system each year.