

January 11, 2019

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## CMH Association and Member Activities:

### Nick Filinow Award of Excellence Awardee Named

Congratulations to the 2018 The Community Mental Health Association of Michigan’s Nick Filinow Award of Excellence award recipient, Lauren Tompkins, Genesee Health System. Below is an excerpt from Dr. Tompkins nomination for the Nick Filinow award.

Dr. Tompkins has been at the forefront of many new program developments with regards to the Flint Water Crisis. She has been in every meeting, committee and group to ensure services have been provided, treatment is delivered, and care given to the residents of Flint. If it was not for her involvement, most of these programs, would not have happened, many of the grants would not have been secured, and the attention would not have been given to this community. Dr. Tompkins led the way in responding to the behavioral health care needs for those affected by the Flint Water Crisis, including implementation of a new and unique service line for children and pregnant women and the obtainment of numerous grants to fill in the gaps to meet the needs of the community as a whole.

Dr. Tompkins designed our state-of-the-art autism center, which continues to provide effective and evidence-based programing for children diagnosed with autism. Dr. Tompkins restructured our adult programing to better meet the unique needs of the adult populations we serve, and under her direction, numerous adult and child evidence-based practices have been adopted, mitigating symptomology for at risk youth and families.

Dr. Tompkins has served Genesee County residents for over 30 years. Starting as a part time secretary at Genesee County CMH while continuing her education, she worked her way up and held such positions as evaluation assistant, rehabilitation counselor and primary therapist. She left the area to obtain a Ph.D. in clinical neuro psychology but returned to Flint to continue her mission to serve the community, and further Genesee Health System’s Mission of supporting recovery, prevention, health, and wellness of the body and the mind. Lauren was promoted to supervisor of psychological services, and then to Director of Access and Utilization Management (UM), where she was instrumental in the development and oversight of the agency’s managed care functions during the period when GHS was a high performing PIHP. Dr. Tompkins became Director of the Quality and UM where she developed a quality improvement and monitoring process for our clinical programs.

She now serves as Vice President of Clinical Operation where she oversees all clinical programing for the agency, which is comprised of over 450 staff. Dr. Tompkins is well known as a visionary for innovative programing and strategic planning; and an advocate with a heart for the consumers and families in our care. She is a much sought-after presenter having spoken at most of the major behavioral health meetings in the country.

### CMHAM Committee Schedules, Membership, Minutes, and Information

Visit our website at <https://www.macmhb.org/committees>

### News from Our Corporate Partners:

#### Phishing and Email Security

Breaches related to email phishing have been on the rise. This is a high-risk item because of how easy and accessible it is for an attacker to send a phishing email. Once in, an attacker can either gain access to ePHI that lives in that mailbox or use that mailbox to trick others within your organization. Some spam filters are not advanced enough to filter out all phishing emails. It's important to not only have a reliable spam filter, but to also frequently train staff on how to identify and handle a phishing email. This is also why it's important to have a password policy that requires a reset every certain number of days. Reach out to the CMHA to get help today!

*Abilita is the leader in telecommunications consulting and endorsed by CMHAM since 2011 to help members reduce risks, costs and prevent your staff from wasting their time. Abilita evaluates HIPAA technology risks and can insure you are in compliance without wasting your staffs' time. In addition, we reduce your telecom costs by 29% with no upfront costs or risk. Abilita is an independent consulting company with offices across Michigan and North America! As one of the largest independent Communications Technology consulting firms in America, Abilita has the experience needed to help members by not just identifying, but by managing the implementation of recommendations you approve. For additional information, contact: Dan Aylward, Senior Consultant, Abilita at 888-910-2004 x 2303 or dan.aylward@abilita.com.*

### State and National Developments and Resources:

#### NASMHPD submits sound comments to proposed federal network adequacy standards

Below is a recent letter, from the National Association of State Mental Health Program Directors (NASMHPD) regarding the proposed Medicaid rules related to network adequacy. The view of NASMHPD is a sound, rationale, and feasible approach to ensuring network adequacy.

January 9, 2019

Mr. Christopher Traylor  
Acting Director, Center for Medicaid and CHIP Services  
Centers for Medicare & Medicaid Services  
P.O. Box 8016  
Baltimore, MD 21244-8013

Christopher.Traylor@cms.hhs.gov  
Re: Proposed Medicaid Program Rule: Medicaid and Children's Health  
Insurance Plan (CHIP) Managed Care - CMS-2408-P  
Dear Acting Director Traylor:

The National Association of Mental Health Program Directors (NASMHPD)— the member organization representing the state executives responsible for the \$37 billion public mental health service delivery systems serving 7.2 million people annually in 50 states, 4 territories, and the District of Columbia—appreciates the opportunity afforded by the Center for Medicaid and Medicare Services (CMS) to offer comments on the above-referenced proposed Medicaid managed care regulations, specifically on proposed new measures to guarantee network adequacy and provider access. With regard to the proposed changes to the network adequacy standard which would give states the flexibility to adopt their own standards for network adequacy other than time and distance, we want to first say that state program administrators always

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appreciate efforts by Federal regulators to afford states greater flexibility. However, a uniform standard would permit a better measure of outcomes across states through the reporting of more consistent data.

Rather than the approach suggested in the proposed regulations, we would instead recommend that the time and distance standard be maintained as the default measure of network adequacy, with states permitted to use the other measures listed within proposed 42 CFR 463.68 (or similar alternative measures) if they can show to the CMS Administrator's satisfaction that the default measure is not reasonably workable within their state for the statewide population or for specific populations such as enrollees needing long-term services and supports (LTSS). We believe that such an approach would ensure a more uniform base of outcomes data regarding enrollees' access to providers and reduce the administrative burden on Medicaid managed care insurers operating in multiple states.

Thank you for the opportunity to offer this suggestion for your consideration. If you have additional questions regarding this suggestion, please feel free to contact me at [brian.hepburn@nasmhpd.org](mailto:brian.hepburn@nasmhpd.org) or 703-739-9333 or NASMHPD's Director of Policy and Communications, Stuart Gordon, at [stuart.gordon@nasmhpd.org](mailto:stuart.gordon@nasmhpd.org) or 703-682-7552.

Sincerely,  
Brian Hepburn, M.D.  
Executive Director  
National Association of State Mental Health Program Directors (NASMHPD)

### **CDC releases report on drug overdose deaths among women**



Centers for Disease Control and Prevention  
Your Online Source for Credible Health Information

Middle-aged women remain vulnerable to death by drug overdose, according to a Morbidity and Mortality Weekly Report (MMWR) released today. CDC examined overdose death rates among women aged 30–64 years during 1999–2017 overall and by drug subcategories (antidepressants, benzodiazepines, cocaine, heroin, prescription opioids, and synthetic opioids, excluding methadone).

#### Key Findings

Drug overdose deaths continue to rise among women.

The crude drug overdose death rate among women aged 30–64 years increased by 260% between 1999 and 2017. The rate went from 6.7 drug overdose deaths per 100,000 population (4,314 deaths) in 1999 to 24.3 (18,110 deaths) in 2017.

The age distribution of drug overdose deaths among middle-aged women changed. Among women age 30–64, the average age of death from drug overdoses increased by nearly three years.

Opioids are a significant contributor to the rise in overdose deaths among women aged 30–64. However, analyses confirm that the recent sharp increases in the drug overdose epidemic were driven by deaths involving synthetic opioids, like illicitly manufactured fentanyl (IMF).

During this time, rates of drug overdose deaths increased for those involving synthetic opioids (1,643%), heroin (915%), benzodiazepines (830%), prescription opioids (485%), cocaine (280%), and antidepressants (176%).

More Information

[MMWR: Drug Overdose Deaths among Women Aged 30–64 years — United States, 1999–2017](#)  
[CDC: Opioid Overdose Prevention](#)

## Integrated Care Resource Center: Publications for 2018

The Integrated Care Resource Center (ICRC) helps states to develop integrated programs that coordinate medical, behavioral health, and long-term services and supports for individuals who are dually eligible for Medicare and Medicaid. ICRC is coordinated by the Center for Health Care Strategies and Mathematica Policy Research for the Centers for Medicare & Medicaid Services' (CMS) Medicare-Medicaid Coordination Office.



In 2018, ICRC launched a redesigned website with new features and more user-friendly navigation. Following is a list of resources produced by ICRC in 2018.

If you are interested in receiving email updates about new ICRC publications, you can subscribe at [integratedcareresourcecenter.com](http://integratedcareresourcecenter.com).

### Technical Assistance Briefs and Tools:

- Building a Stronger Foundation for Medicare- Medicaid Integration: Opportunities in Modifying State Administrative Processes
- How States Can Better Understand their Dually Eligible Beneficiaries: A Guide to Using CMS Data Resources
- Facilitating Access to Medicaid Durable Medical Equipment for Dually Eligible Beneficiaries in the Fee-for-Service System: Three State Approaches
- Preventing Improper Billing of Medicare-Medicaid Enrollees in Managed Care: Strategies for States and Dual Eligible Special Needs Plans

### Tip Sheets/Fact Sheets:

- How States Can Use Medicare Advantage Star Ratings to Assess D-SNP Quality and Performance
- Using Default Enrollment to Align Coverage for Dually Eligible Medicare-Medicaid Beneficiaries
- Tips to Improve Medicare-Medicaid Integration Using D-SNPs: Using Medicare Program Audit Reports to Improve Managed Care Organization Oversight
- Tips to Improve Medicare-Medicaid Integration Using D-SNPs: Designing an Integrated Summary of Benefits Document
- Tips to Improve Medicare-Medicaid Integration Using D-SNPs: Promoting Aligned Enrollment

### Working with Medicare Webinars:

- Coordination of Medicare and Medicaid Behavioral Health Benefits
- Medicare and Medicaid Nursing Facility Benefits: The Basics and Opportunities for Integrated Care
- Medicare 101 and 201 – Key Issues for States

### Study Hall Call Webinars:

- Technical Operation Considerations for Implementing Enrollment Periods for States Participating in the Capitated Model Financial Alignment Initiative
- Building Relationships between Managed Care Organizations and Beneficiary Ombudsman Programs
- Aligning Coverage for Dually Eligible Beneficiaries Using Default and Passive Enrollment
- Using Value Based Purchasing (VBP) Arrangements to Improve Coordination and Quality of Medicare and Medicaid Nursing Facility Benefits

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- Enrollment Periods for Dually Eligible Beneficiaries in Capitated Model Financial Alignment Initiative (FAI) Demonstrations
- Infocrossing's Medicare Solution Web Portal
- Partnering with SHIPs to Improve Care
- Enrollment Processing and Strategies to Grow Enrollment for States Participating in the Capitated Model Financial Alignment Initiative

### **State Legislative Update:**

#### **Whitmer Names Former Obama Appointee as DHHS Director**

Robert GORDON, a former President Barack OBAMA appointee, was named Michigan Department of Health and Human Services (DHHS) director by Gov. Gretchen WHITMER today.

Gordon currently serves as senior vice president of finance and global strategy for The College Board, which is the organization behind the SAT test.

He was appointed by Obama to serve as acting deputy director at the U.S. Office of Management and Budget, and served as acting assistant secretary for Planning, Evaluation, and Policy Development at the U.S. Department of Education, according to a press release from Whitmer's office.

He was previously a law clerk for U.S. Supreme Court Justice Ruth Bader GINSBURG, as well. Gordon earned his bachelor's degree at Harvard University and his J.D. from Yale University, according to his biography on The College Board website.

"I have full confidence that Robert will work every day to improve public health and deliver essential human services for Michiganders across the state," Whitmer said in a statement. "He brings a unique set of skills and experiences that will lead the Department of Health and Human Services to drive real results that help hardworking families, and I look forward to working with him and the rest of our department leaders as we build a stronger Michigan for everyone."

Gordon, in a statement, said, "I look forward to working with Governor Whitmer and this administration as we improve public health and quality of life for Michiganders across the state. I'm ready to roll up my sleeves and get to work building a Michigan where everyone has access to the care they need and can make healthy decisions for themselves and their families. Let's go."

The new DHHS director takes over for acting director Farah HANLEY, who was deputy director for financial operations for the DHHS.

Gordon is the permanent replacement for Nick LYON, who was picked by former Gov. Rick SNYDER to lead the combined DHHS when Snyder merged the community health and human services departments in 2015. Lyon is also facing criminal charges in connection to the Flint water crisis investigation.

#### **Senate: 'Priority No. 1 is No-Fault Reform'**

Senate Majority Leader Mike Shirkey (R-Clarklake) erased any doubt, if any existed about the Senate's top priority for the 2019-20 session. The day after saying "we have the obligation to reform auto insurance," the new leader said lowering car insurance rates topped his caucus' initial to-do list.

A reporter asked Shirkey if he preferred to tackle the insurance reform issue piece by piece or from a comprehensive standpoint.

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"Auto no-fault insurance is a great example of the finicky-ness of passing laws that affect how people create business models," Shirkey explained. "If you're going to create business models based on a law, you're subjecting yourself to that law being changed. That's the biggest reason why previous attempts at reform have been met with such resistance." "I think our plan will end up being pretty comprehensive," he concluded.

### Federal Update:

#### Trump's Top Medicaid Official Resigns

After less than three months on the job, Mary Mayhew has resigned as Director of the Center for Medicaid and CHIP Services (CMCS) at CMS. Mayhew is known for her previous work in Maine to tighten the state's Medicaid eligibility standards and impose work requirements for the food stamp program. At CMS, Mayhew championed Medicaid work requirements, including approving a Medicaid work requirement waiver for Maine that she had helped to craft. Mayhew is departing to lead new Florida Governor Ron DeSantis's (R) health care agenda, a potential signal that DeSantis may pursue tighter eligibility standards for Medicaid and other social benefits.

#### What to Watch in Health Care in 2019

The 116<sup>th</sup> Congress began on Thursday amid a government funding lapse that has shut down roughly 25 percent of the federal government. Democrats are set to lead the House chamber for the first time since 2010, while Republicans remain in control in the Senate. While legislation may be move less quickly in the new divided Congress, lawmakers will still face a number of "must-pass" bills that include health care priorities. Additionally, the Trump Administration will continue to shape the health care landscape with Medicaid waivers and potential payment reforms. Here is a preview of what's ahead in health policy in 2019.

**FY 2020 Budget:** FY 2020 will see the return of scheduled funding cuts, known as "sequestration", on non-defense discretionary spending, which includes health care programs. Established by the 2011 Budget Control Act, sequestration could result in major funding cuts to discretionary spending across the board. The National Council will be urging Congress to lift the caps to avoid harmful cuts to vital health programs. If Congress does not lift the caps this Spring, [recent FY 2019 funding increases](#) for mental health and addiction programs would be in danger of being lost.

**ACA Legal Challenge:** While attempts to "repeal and replace" the Affordable Care Act are likely dead with a Democratic-controlled House, the ACA now faces a new threat in the legal system. In late December, Judge Reed O'Connor found the Affordable Care Act (ACA) to be unconstitutional following Congress' repeal of the individual mandate penalty in 2017. Legal experts are overwhelmingly skeptical that Judge O'Connor's ruling will be upheld through the appeals process and during this time the ACA remains the law of the land. Nonetheless, the ruling injects a new round of uncertainty in the health insurance marketplace, and for the health care sector more generally. This will be an issue to watch closely in 2019. [Read more about O'Connor's decision here.](#)

**Medicaid Waivers:** Since assuming office, Centers of Medicare and Medicaid Services (CMS) Administrator Seema Verma has promoted state-based control and flexibility over Medicaid programs and individual insurance marketplaces, largely through the use of waivers. Many of these new waivers, like Medicaid work requirements, are [opposed by the National Council](#) for restricting beneficiaries' access to behavioral health services. CMS has also directed states [on new pathways for bypassing the ACA](#). At the same time, CMS has released new opportunities for states to increase access to services, including their [recent announcement about mental health services](#).

With a divided Congress, expect the Trump Administration to focus more energy on shaping health policy through waivers and other executive action. House Democrats may also use their new oversight authority to investigate the Trump Administration's actions to undermine the ACA and implement work requirements.

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**More Opioid Legislation:** Following the [2018 Opioid Package](#), some Democrats expressed concern that the package “did not go far enough” to address the ongoing opioid crisis. The package included a number of important provisions for providers that were the direct result of National Council advocacy, including: a new loan repayment program for addiction treatment professionals, behavioral health IT incentivizes, and expanded access to telemedicine. However, the [National Council was disappointed](#) that the package lacked meaningful, long-term investment in our nation’s addiction treatment system by not including an expansion of the Certified Community Behavioral Health Clinics (CCBHCs) program. The National Council remains hopeful that Congress will find bipartisan compromise once again and pass legislation to address the addiction crisis early on in the new year.

**Payment Reform:** The drive toward value-based payments will continue into 2019. Expect CMS to continue pursuing the alternative payment models that started under the Affordable Care Act including bundled payments and more accountable care organizations.

## Education Opportunities:

### CMHAM & Michigan Health Endowment Fund Present New Training Series: Managed Care Contracting from a Position of Strength!

Many behavioral health agencies mistakenly believe that they lack leverage with the MCOs to negotiate fair provisions in their participation agreements, overlooking legal protections available under state and federal law. In addition, many behavioral health agencies fail to position themselves to participate under value-based payment arrangements with MCOs, foregoing potential revenue streams. This full-day training will assist behavioral health agencies negotiate favorable participation agreements with MCOs. The training will address the following topics:

- Preparing for contract negotiations by identifying and assessing potential leverage points, such as regulatory leverage, market power, and competing on value;
- Evaluating managing care contracts using a team-based approach, considering an MCO’s operational and financial stability;
- Negotiating strategies and tips to make the most persuasive case; and,
- Understanding common contract terms and what language is most advantageous.

FEATURING: ADAM J. FALCONE, JD, MPH, BA, PARTNER, FELDESMAN TUCKER LEIFER FIDELL, LLP  
Based in Pittsburgh, PA, Mr. Falcone is a partner in FTLF’s national health law practice group, where he counsels a diverse spectrum of community-based organizations that render primary and behavioral healthcare services. He counsels clients on a wide range of health law issues, with a focus on fraud and abuse, reimbursement and payment, and antitrust and competition matters.

#### WHO SHOULD ATTEND:

- Nonprofit mental health providers and those mental health providers serving within the public mental health network interested in negotiating contracts with managed care organizations
- You may send more than 2 attendees from your agency

REGISTRATION: \$100 per person. The fee includes training materials, continental breakfast and lunch.

ADDITIONAL INFO: <https://macmhb.org/education>, [cward@cmham.org](mailto:cward@cmham.org); or 517-374-6848.

TO REGISTER, CLICK ON YOUR DATE & LOCATION:

[January 15, 2019 - Detroit Marriott, Livonia](#) (full – registration closed)

[January 16, 2019 - Holiday Inn & Suites, Mt. Pleasant](#) (6 spots left)

[January 23, 2019 - Drury Inn & Suites, Grand Rapids](#) (full – registration closed)

[January 24, 2019 - West Bay Beach Holiday Inn](#) (13 spots left)

## Registration Open CMHAM Annual Winter Conference

### The CMHAM Annual Winter Conference, "Together...We All Win!"

February 4, 2019: Pre-Conference Institutes  
February 5 & 6, 2019: Full Conference  
Radisson Plaza Hotel, Kalamazoo

[CLICK HERE TO REGISTER FOR THE WINTER CONFERENCE](#)

#### **PRE-CONFERENCE INSTITUTES:**

##### **Human Trafficking**

**February 4, 2019 from 1:00pm – 4:00pm (registration at 12:30pm)**

**Member Fee: \$37**

**Non-Member Fee: \$44**

[CLICK HERE TO REGISTER FOR HUMAN TRAFFICKING](#)

This class offers a clear and comprehensive view of human trafficking in the United States. Develop a broader understanding of human trafficking as a whole; who are traffickers, victims and how are they trapped in this victimization. Understand how the culture is nurturing this crime and feeding the demand for modern day slavery. Learn how to recognize signs and symptoms of a victim, a perpetrator and how to respond. Understand a basic over view for the physical, mental and emotional outcome of a victim. Additionally, realize the complexity of resolving the human trafficking cycle including the challenges of a victim becoming a survivor by examining their mental health, the recovery process, existing recovery challenges and outcomes.

*Presenter: Jennifer Mason*

*Jennifer Mason is the Grant Administrator for The Salvation Army Anti-Human Trafficking Initiative. The Initiative offers intensive case management, education, awareness and training, and we strive to bring collaboration and overarching support to the Tri-County area anti-human trafficking realm. Jennifer is also the Founder of The Alabaster Gift and for the past 5 years was the Executive Director. Established in 2013, The Alabaster Gift is a nonprofit 501(c)3 anti-human trafficking organization providing services to victims of sexual and labor trafficking including exploitation through a Drop In Center model. She is a pastor, currently transferring her license to the Assemblies of God Church, working toward Ordination. She served previously for 9 years as a staff pastor in the Wesleyan Church within the traditional ministry realm. Jennifer is certified through FFAST (Faith Alliance Against Slavery and Trafficking) as a Train the Trainer; completed Michigan Human Trafficking Task Force as Train the Trainer; certified by The Human Trafficking Training Institute; completed Ascent 121's Build Beyond Trauma Training and What About Boys Trauma Training; completed Trauma-Informed Care by No Boundaries International/Lori Basey; certified as a Mental Health First Aid Responder; accomplished CCDA Immersion Training (Christian Community Development Association) and affiliated with the WJN (Wesleyan Justice Network).*

##### **Wearing the HIPAA Hat**

**February 4, 2019 from 1:00pm – 3:00pm (registration at 12:30pm)**

**There is no fee to attend this Pre-Conference Institution, but registration is REQUIRED.**

[CLICK HERE TO REGISTER FOR WEARING THE HIPAA HAT](#)

Have you had the HIPAA Compliance Officer role added to your duties or is your organization considering you for this role? If so, this training is for you! In this training, we'll discuss what needs to be done throughout the year and annually to maintain compliance. The training will cover ways to efficiently manage your time needed for this role by scheduling tasks and delegating duties to other departments. We'll also dive deeper into how to identify what data needs to be protected, who needs to sign a BAA, end user HIPAA training, and the breach

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notification process. By the end of this training, you'll be more competent with your HIPAA Compliance Officer role. Skill level: Beginner – Intermediate

*Presenter: Sean C. Rhudy, Abilita*

*CMHAM is pleased to offer this training partnership with Abilita to help free staff's time and reduce operating expenses for CMH, PIHP and Providers. Abilita is the leader in telecommunications consulting and endorsed by CMHAM since 2011 to help members reduce risks, costs and prevent your staff from wasting their time. Abilita evaluates HIPAA technology risks and can ensure you are in compliance without wasting your staffs' time. In addition, they reduce your telecom costs by 29% with no upfront costs or risk.*

### **TO RESERVE YOUR HOTEL ROOM:**

**Radisson Plaza Hotel & Suites, 100 W. Michigan Ave., Kalamazoo, MI 49007**  
**2019 Room Rates: \$132 plus taxes (Single/Double)**

When making your reservations, you will be charged one-night **NON-REFUNDABLE** deposit. There will be NO PHONE reservations.

**To Make Your Reservations:** Visit: [www.radissonkz.com](http://www.radissonkz.com)

**Enter:** check in and check out dates (conference dates only)

**Click:** more search options

**Select:** promotion code for rate type

**Enter:** **CMHA19** for code

**Click:** search and **Complete reservation**

**Deadline for Reduced Rate: January 13, 2019**

**Cancellation Deadline:** Guests have until 24 hours prior to arrival to cancel without penalty. If a reservation is canceled prior to the 24 hours the one-night non-refundable charge will still apply but there will not be any additional charges. If a guest cancels within 24 hours prior to arrival, in addition to the one-night non-refundable charge, a one-night stay fee will apply.

### **CMHAM Annual Spring Conference**

Save the Date: The CMHAM Annual Spring Conference will be held on:

June 10, 2019: Pre-Conference Institutes

June 11 & 12, 2019: Full Conference

Suburban Collection Showplace

Novi, Michigan

*Note: Hotel reservation and Conference registration are not available at this time.*

### **Administration for Community Living (ACL) Announces HCBS Resource**

Below is a recent announcement from the federal Administration for Community Living (ACL) regarding a set of newly developed HCBS resources.

As you may know, the Administration for Community Living (ACL) is putting on a series of webinars on topics related to the HCBS Settings Rule. The second in the three-part series took place on November 29th. If you were unable to participate, we want to make sure you have access to the slide deck used for the webinar. You will also see links to other resources, and a reminder regarding the third and final webinar, in the ACL message below.

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Dan Berland; Director of Federal Policy; NASDDDS

Recap of Webinar 2 of 3: "Promising State Strategies for Working with Providers to Meet the HCBS Settings Criteria & Promote Optimal Community Integration" (November 29, 2018)

For those that participated in the 11/29/2018 webinar, please complete the following 3-minute survey: <https://www.surveymonkey.com/r/P25Z8TR>. We value your feedback, and it helps ACL strengthen its technical assistance offerings in the future.

We have attached an accessible copy of the power-point presentation, and a recording of the webinar may be downloaded over the next two weeks through the following instructions:

Click on the link below, or if your email program does not allow linking, copy and paste the link into the address field of your Internet Browser.

<https://resnet-garm.webex.com/resnet-garm/lsr.php?RCID=b43e4856e1175bf97995a2e37d4588c8>

Once you have been redirected to the Download page, select the "Download" button. When given the option to "Open" or "Save" the file; select the arrow next to the "Save" button then select "Save As".

Once the "Save As" window appears, choose the location where you would like to save the FTP file and select the "Save" button.

Please find the link to a copy of Minnesota's "[Provider's Guide to Putting the HCBS Rule Into Practice](#)".

A written transcript is also available upon request. These materials, along with additional written technical resources, will also be shared on ACL's website by January 2019.

### **IPSSR Announces Next in Series to Focus on Opioid Abuse and Suicide**

Michigan State's University's Institute for Public Policy and Social Research (IPSSR) will host its first 2019 luncheon public policy forum on January 16, 2019 from 11:30 a.m. to 1:30 p.m. in downtown Lansing.

Two leading causes of death in Michigan, highest among males, are opioid overdose and suicide. While the conversation is a difficult one to have, professionals who are working with those who are vulnerable to these tragic endings, and their families, are eager to discuss possible policy changes that are likely to help curb, if not prevent, the trending crises.

Please join us for IPSSR's January forum, **Lending Light to Michigan's Double Crisis – Opioid Use and Suicide**, taking place in the Anderson House Office Building, 124 N. Capitol Ave., directly across from the Michigan Capitol grounds in downtown Lansing. As previously noted, the forum discussion will run from 11:30 a.m. to 1:30 p.m. and is free and open to the public. Pre-registration is strongly encouraged online at <http://bit.ly/IPSSRForum> as open seats and lunch is on a first-come, first-serve basis. January's panel includes:

Jennifer E. Johnson, PhD, C. S. Mott Endowed Professor of Public Health; Professor of OBGYN, Psychiatry and Behavioral Medicine with the College of Human Medicine at Michigan State University  
Juli Liebler, Ph.D., Assistant Professor and Director of Outreach with Michigan State University School of Criminal Justice, Former Chief of Police for the City of East Lansing, and FBI National Academy Graduate

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In addition to the January 16 forum, IPPSR also will host Public Policy Forums on February 13, March 13, April 17, and May 8. Previous forums may be viewed on the IPPSR website. We hope you will take this opportunity to learn, contribute, and network with others who have interest in forum topics.

### **Social Determinants of Health to be Focus of MSU Colleges of Medicine and Nursing Seminar**

SAVE THE DATE

Michigan State university's College of Human Medicine and College of Nursing present:  
Social Determinants of Health: A Call to Action  
Speaker: Dr. Mona Hanna-Attisha

Conrad Auditorium  
Polycom G029 DMC, UC3 208 Macomb, 120 Secchia Grand Rapids  
Wednesday, January 16, 5–7:30 p.m.  
Dinner 5-6 p.m., Program 6-7:30 p.m.  
RSVP to: <https://bit.ly/2Lc7gpQ>

### **Dialectical Behavior Therapy (DBT) Trainings for 2018/2019**

#### **2-Day Introduction to DBT Trainings**

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

#### Dates/Locations:

February 21-22, 2019 | Detroit Marriott Livonia  
March 18-19, 2019 | Great Wolf Lodge, Traverse City  
May 13-14, 2019 | Kellogg Center, East Lansing

#### Who Should Attend?

This event is sponsored by the adult mental health block grant and is only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

#### Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

[CLICK HERE](#) for full training details, CE information, overnight accommodations and registration links.

#### **5-Day Comprehensive DBT Trainings**

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.

## **CMHA WEEKLY UPDATE**

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- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of “Cognitive Behavioral Treatment of Borderline Personality Disorder” by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

### Dates/Locations:

May 20-24, 2019 | Detroit Marriott Livonia

June 3-7, 2019 | Best Western, Okemos

August 12-16, 2019 | Great Wolf Lodge, Traverse City

### Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

[CLICK HERE](#) for full training details, CE information, overnight accommodations and registration links.

## **Implementation of Integrated Dual Disorder Treatment (IDDT) and Co-Occurring Evidence-Based Practices Annual Trainings for 2018/2019**

### Course Description:

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this substantive increased risk, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments and call on providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including evidence-based practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders.

**This training fulfills the annual requirement for persons who are part of an IDDT team, as well as for persons providing COD services in Adult Mental Health outpatient services.**

### Dates/Locations:

April 26, 2019 | Hotel Indigo, Traverse City

June 19, 2019 | Okemos Conference Center

### Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

[CLICK HERE](#) for full training details, CE information, overnight accommodations and registration links.

## **Motivational Interviewing College Trainings for 2018/2019**

**4 Levels of M.I. Training offered together at 4 convenient locations!**

## **CMHA WEEKLY UPDATE**

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This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

New This Year! We are excited to add a new 2-Day TNT: Teaching Motivational Interviewing training to the lineup.

### Dates/Locations:

February – DoubleTree Bay City

Basic: Monday & Tuesday, Feb. 25-26, 2019

Advanced: Monday & Tuesday, Feb. 25-26, 2019

Supervisory: Tuesday, Feb. 26, 2019

Teaching MI: Wednesday & Thursday, Feb. 27-28, 2019

March – Weber's Ann Arbor

Basic: Monday & Tuesday, March 11-12, 2019

Advanced: Monday & Tuesday, March 11-12, 2019

Supervisory: Tuesday, March 12, 2019

Teaching MI: Wednesday & Thursday, March 13-14, 2019

April – Shoreline Inn Muskegon

Basic: Monday & Tuesday, April 8-9, 2019

Advanced: Monday & Tuesday, April 8-9, 2019

Supervisory: Tuesday, April 9, 2019

Teaching MI: Wednesday & Thursday, April 10-11, 2019

June – Holiday Inn Marquette

Basic: Monday & Tuesday, June 10-11, 2019

Advanced: Monday & Tuesday, June 10-11, 2019

Supervisory: Monday, June 10, 2019

Teaching MI: Wednesday & Thursday, June 12-13, 2019

Training Fees: (The fees include training materials, continental breakfast and lunch each day.)

\$125 per person for all 2-day trainings (Basic, Advanced

\$69 per person for the 1-day Supervisory training.

[CLICK HERE](#) for full training details, CE information, overnight accommodations and registration links.

### **Ethics for Social Work & Substance Use Disorder Professionals Trainings for 2018/2019**

Community Mental Health Association of Michigan is pleased to offer 6 Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

***This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.***

***This training fulfills the MCBAP approved treatment ethics code education – specific.***

Trainings offered on the following dates.

- *Training Full:* January 23 – Lansing [Click Here to Register for January 23](#)
- February 20 – Lansing [Click Here to Register for February 20](#)
- March 13 – Lansing [Click Here to Register for March 13](#)
- April 24 – Troy [Click Here to Register for April 24](#)

Training Fees: (fee includes training material, coffee, lunch and refreshments.

\$115 CMHAM Members

\$138 Non-Members

### **CHCS Announces Complex Care Webinar**

Below is a recent announcement from the Center for Health Care Strategies of an upcoming webinar on the recently issued blue print for complex care.

CHCS: Introducing the Blueprint for Complex Care: Opportunities to Advance the Field

Funder: The Commonwealth Fund, the Robert Wood Johnson Foundation, The SCAN Foundation

**Date and Time:** January 22, 2019, 2:00 – 3:00 PM ET



Health care innovators across the country are pioneering new approaches to provide better care at lower cost for people with complex health and social needs. Advancing the field of complex care and dramatically improving care delivery for the nation's most vulnerable patients, however, cannot be achieved by one organization alone. The recently released Blueprint for Complex Care provides a strategic plan to unite the broad set of individuals and organizations experimenting with innovative care models and outlines opportunities to further advance the field.

During this webinar, Blueprint authors from the National Center for Complex Health and Social Needs, the Center for Health Care Strategies, and the Institute for Healthcare Improvement will outline the goals of the Blueprint, discuss how it was developed, describe recommendations for building the complex care field, and share opportunities to get involved. Two experts in the field will provide ground-level perspectives on the Blueprint's recommendations.

Providers, health system and health plan leaders, community-based organizations representatives, policymakers, state officials, and other stakeholders are invited to join this 60-minute event. This webinar is made possible by The Commonwealth Fund, the Robert Wood Johnson Foundation, and The SCAN Foundation.

## **Miscellaneous News and Information:**

**Job Opportunity: Executive Director of Michigan Certification Board for Addiction Professionals**

## **CMHA WEEKLY UPDATE**

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The Executive Director has responsibility and authority for the day-to-day management of the Michigan Certification Board for Addiction Professionals (MCBAP) business except those areas specifically reserved to the MCBAP Board of Directors. The Executive Director is responsible for maintaining communication with the Board of Directors to keep the body fully informed of activities, issues and organizational goals. The Executive Director is responsible for Administering the credentialing program, long-range planning, financial, human resource management, operations, public relations and marketing. Salary range: \$57,000 to \$73,000, commensurate with experience. Email resume and cover letter to [info@mcbap.com](mailto:info@mcbap.com) by 1-31-19.

## **CMH Association's Officers and Staff Contact Information:**

### **CMHAM Officers Contact Information:**

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone [Stonejoe09@gmail.com](mailto:Stonejoe09@gmail.com); (989) 390-2284  
First Vice President: Lois Shulman; [Loisshulman@comcast.net](mailto:Loisshulman@comcast.net); (248) 361-0219  
Second Vice President: Carl Rice Jr; [cricejr@outlook.com](mailto:cricejr@outlook.com); (517) 745-2124  
Secretary: Cathy Kellerman; [balcat3@live.com](mailto:balcat3@live.com); (231) 924-3972  
Treasurer: Craig Reiter; [gullivercraig@gmail.com](mailto:gullivercraig@gmail.com); (906) 283-3451  
Immediate Past President: Bill Davie; [bill49866@gmail.com](mailto:bill49866@gmail.com); (906) 226-4063

### **CMHAM Staff Contact Information:**

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, [abolter@cmham.org](mailto:abolter@cmham.org)  
Christina Ward, Director of Education and Training, [cward@cmham.org](mailto:cward@cmham.org)  
Monique Francis, Executive Secretary/Committee Clerk, [mfrancis@cmham.org](mailto:mfrancis@cmham.org)  
Jodi Johnson, Training and Meeting Planner, [jjohnson@cmham.org](mailto:jjohnson@cmham.org)  
Nakia Payton, Data-Entry Clerk/Receptionist, [npayton@cmham.org](mailto:npayton@cmham.org)  
Dana Ferguson, Accounting Clerk, [dferguson@cmham.org](mailto:dferguson@cmham.org)  
Michelle Dee, Accounting Assistant, [acctassistant@cmham.org](mailto:acctassistant@cmham.org)  
Chris Lincoln, Training and Meeting Planner, [clincoln@cmham.org](mailto:clincoln@cmham.org)  
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Anne Wilson, Training and Meeting Planner, [awilson@cmham.org](mailto:awilson@cmham.org)  
Robert Sheehan, CEO, [rsheehan@cmham.org](mailto:rsheehan@cmham.org)